



## **DR. LAKSHMI NARASIMHAN R**

Consultant - Pulmonology

### **Qualification**

MBBS Madras Medical College, Chennai | MD (Internal Medicine) PGIMER, Chandigarh | DM (Pulmonary and Critical Medicine) | PGIMER, Chandigarh | MRCP Respiratory Medicine, Royal College of Physicians, UK

### **Overview**

Dr. R. Lakshmi Narasimhan is an experienced pulmonologist and critical care specialist in Mysuru. He is currently practicing as a Consultant - Pulmonology and Critical Care at Manipal Hospital, Mysuru. With over 16 years in the field, Dr. Narasimhan is dedicated to providing comprehensive care for patients with respiratory and critical conditions. Dr. Narasimhan specializes in managing a wide range of pulmonary and pleural diseases, including asthma, chronic obstructive pulmonary disease (COPD), and interstitial lung disease. He is skilled in advanced bronchoscopic procedures, including both flexible and rigid bronchoscopy, and has significant experience in treating central airway obstructions and complex pulmonary conditions. His expertise extends to thoracoscopy for managing pleural diseases, allowing him to perform procedures like pleurodesis for recurrent pneumothorax and talc poudrage for malignant pleural effusion. An advocate of preventive healthcare, Dr. Narasimhan emphasizes regular screenings and early intervention for respiratory conditions. He works with patients on

comprehensive asthma and COPD management plans, focusing on personalized treatment and patient education to promote better health outcomes. His experience in sleep medicine allows him to manage sleep apnea cases effectively, applying polysomnography and titration techniques to help patients achieve restful sleep and improved respiratory health. Dr. Narasimhan's training includes extensive work in intensive care settings, where he gained expertise in critical care procedures such as central venous line placements, endotracheal intubation, and emergency airway management. His knowledge of point-of-care ultrasonography and advanced ventilatory support makes him an asset in managing patients with severe respiratory distress, including those with acute respiratory distress syndrome (ARDS) and type II respiratory failure. His commitment to critical care extends to educating ICU staff on best practices ensuring high-quality care for all patients. Alongside his practice, Dr. Narasimhan is actively involved in research on lung cancer and respiratory diseases, contributing to numerous peer-reviewed journals and presenting his work at national and international conferences. His association with respected organizations, including the International Association for the Study of Lung Cancer and the Indian Chest Society, reflects his dedication to advancing pulmonology and critical care medicine. Dr. Narasimhan speaks English, Kannada, and Hindi, enabling him to effectively communicate with a broad range of patients and their families. His patient-centered approach and emphasis on preventive care make him a trusted provider for respiratory and critical care needs.

### **Field of Expertise**

- Over 11 Years. Junior Resident, PGIMER, Chandigarh, Jul 2010 - Jun 2013.
- Senior Resident, AIIMS, New Delhi, Jul 2013 - Dec 2014.
- Senior Resident, PGIMER, Chandigarh, Jan 2014 - Dec 2016.  
Manipal Hospital mysore 2017 till date

### **Languages Spoken**

- English
- Kannada
- Tamil
- Telugu
- Hindi
- Punjabi
- Urdu

### **Awards & Achievements**

- Having completed his MBBS with two gold medals from the prestigious Madras Medical College. He also obtained the prestigious MRCP degree in Respiratory Medicine from the Royal College of Physicians, UK.
- He has also given talks in various public platforms with audiences ranging from the general public to expert audiences"