

DR. KRISHNA K R

Consultant - Psychiatry

Qualification

MBBS Karnataka University | MD(Psychiatry) Gujarat University

Overview

Dr. Krishna R Kesave – Consultant – Psychiatry Dr. Krishna R. Kesave is a highly experienced psychiatrist in Mysuru. He has specialized in psychiatry for over 16 years and is currently practicing as a Consultant - Psychiatrist at Manipal Hospital, Mysuru. Dr. Kesave brings a wealth of experience to his role, defined by his comprehensive approach to managing mental health and neurological conditions. Dr. Kesave holds an MBBS degree from Karnatak University, India, and an M.D. in Psychiatry from Gujarat University, India. He is registered with the General Medical Council (GMC). His professional journey includes extensive exposure to various psychiatry specializations, with a particular emphasis on old-age psychiatry, general adult psychiatry, and community mental health. Throughout his career, he has developed an in-depth understanding of managing psychiatric conditions holistically, addressing both the psychological and physiological aspects of mental health. At Manipal Hospital Mysuru, Dr. Kesave specializes in managing psychiatric conditions such as depression, anxiety disorders, schizophrenia, and bipolar disorder. His extensive experience with patients from diverse backgrounds enables

him to deliver customized treatment plans tailored to individual needs. Dr Kesave takes a patient-centric approach, focusing on thorough evaluations, comprehensive assessments, and ongoing follow-ups to ensure continuous mental health support. Dr. Kesave's experience includes significant roles in both inpatient and outpatient settings, which provides him with a broad perspective on patient care. His responsibilities have involved clerking, thorough patient evaluations, and attending regular review meetings for complex cases. Additionally, Dr. Kesave has participated in several research studies and presented his findings at national and international conferences. His research work has focused on catatonia and schizophrenia, and he has contributed as a reviewer for the Asian Journal of Psychiatry, sharing his expertise in evaluating the latest advancements in psychiatric treatments. A strong advocate for mental health education, Dr. Kesave emphasizes preventive psychiatry and community-based approaches to mental health. He also mentors junior doctors and provides training in mental health programs. His professional affiliations include memberships in prominent mental health organizations, underscoring his dedication to the field of psychiatry. Dr. Kesave is fluent in English, Kannada, and Hindi, which allows him to communicate effectively with a broad range of patients. His multilingual skills ensure that he can provide a comfortable, understanding environment for patients and their families, improving patient outcomes and trust.

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- He has a keen interest in research and has participated in a number of studies during his training in psychiatry.
- He has presented some of his research works at national level academic gatherings in India.
- He has also performed drug trials and audits.