



## **DR. ANILKUMAR Y C**

Consultant - Paediatrics

### **Qualification**

MBBS - Mysore Medical College | MD (Pediatrics) Command Hospital Air Force, Bangalore

### **Overview**

Dr. Anil Kumar Y C is a highly experienced and clinically accomplished paediatrician in Mysuru with advanced expertise in neonatal and critical care management. He is currently practising as a Consultant - Paediatrics at Manipal Hospital Mysore, bringing over 20 years of extensive experience across paediatrics, neonatology, and emergency child health services. With an MBBS from Mysore Medical College and an MD in Paediatrics from Command Hospital (Air Force), Bangalore, Dr. Anil Kumar has built a strong foundation in both clinical medicine and structured institutional care. His early years in the Armed Forces Medical Corps shaped his ability to function in high-pressure environments, manage acute medical situations, and deliver disciplined, protocol-driven care, skills that continue to define his clinical approach today. His expertise lies in neonatal intensive care and paediatric critical care, where he has extensive experience in managing high-risk newborns and critically ill children. He is proficient in advanced neonatal resuscitation, mechanical ventilation, CPAP management, and airway stabilisation in emergency settings. His procedural expertise includes central venous and arterial line

insertions, PICC line placement, umbilical cannulations, and advanced airway management, reflecting a high level of competence in intensive care environments. This depth of critical care experience contributes to his recognition as one of the best paediatricians in Mysuru, particularly for complex neonatal and emergency cases. Dr. Anil Kumar's clinical work extends beyond intensive care into comprehensive paediatric practice, including the management of infectious diseases, developmental concerns, and acute paediatric illnesses. His ability to seamlessly transition between outpatient consultations, inpatient care, and emergency interventions ensures continuity and reliability in treatment. His experience in handling paediatric emergencies, ranging from respiratory distress to severe infections, demonstrates a strong command of acute care protocols and rapid clinical decision-making. His research work includes a dissertation on universal newborn hearing screening and multiple publications in peer-reviewed journals focusing on neonatal care and paediatric infections. He has also authored several case reports, contributing to the academic understanding of paediatric conditions and clinical outcomes. His continued participation in CMEs, workshops, and specialised training programmes, such as Pediatric Advanced Life Support (PALS) and Neonatal Resuscitation Programme (NRP), reflects his commitment to staying aligned with evolving clinical practices. Dr. Anil Kumar is known for his structured and composed approach to patient care. He places strong emphasis on communication with parents and caregivers, ensuring they are informed, reassured, and actively involved in decision-making. At Manipal Hospital Mysore, he continues to deliver comprehensive paediatric care, integrating critical care expertise with routine child health services. His experience across neonatal intensive care, emergency. Dr. Anil Kumar is known for his structured and composed approach to patient care. He places strong emphasis on communication with parents and caregivers, ensuring they are informed, reassured, and actively involved in decision-making. At Manipal Hospital Mysore, he continues to deliver comprehensive

paediatric care, integrating critical care expertise with routine child health services. His experience across neonatal intensive care, emergency paediatrics, and academic medicine positions him among the best paediatricians in Mysuru for both routine and complex paediatric healthcare needs.

### **Field of Expertise**

- After graduation from Mysore Medical College Dr.(Major) Anilkumar Y C has worked in Army Medical Corp providing Medical care to the Army Troop, their family and children. He has worked across field hospital, Military Hospital and referral hospital( Command Hospitals) during his illustrious tenure in army. He has a rich career experience in Pediatrics and neonatal Medicine. Post Army Tenure, he has worked as Consultant Paediatrician and Neonatologist at MUJ Medical College and research hospital and P D Hinduja Sindhi Hospital and Columbia Asia Hospital, Mysore. In Addition to his Clinical work he has been involved in teaching of Army Troops and family/Nursing Students/ Medical Students all through his career at various Hospitals he has worked.

### **Languages Spoken**

- English
- Kannada
- Hindi

### **Talks & Publications**

- He has numerous publication and case reporting in National and International journals .

- He has delivered talks at various forum