

MR. KOUSIK DEY

Senior Neuro Physiotherapist - Physiotherapy

Qualification

BPT | MPT (NEUROLOGY)

Overview

Mr. Kousik Dey is a renowned senior neuro physiotherapist at the Department of Physiotherapy in Mukundapur, Kolkata. With over 22 years of expertise and experience, Mr. Dey embodies the dedication and meticulous precision expected of anyone who delves into physiotherapy. He completed his Bachelor’s of Physiotherapy (BPT) from the University of Calcutta, Kolkata, and a Masters of Physiotherapy (MPT) in Neurological Physiotherapy from the West Bengal University of Health Sciences (WBUHS). With a strong academic background and extensive clinical experience, he is committed to delivering high-quality care and advancing the therapeutic options available for his patients. He is the best Neuro Physiotherapist in Kolkata Mr. Dey offers a holistic approach to addressing movement and functional disorders arising from the body’s nervous or neuromuscular system. Some of his services include Spasticity Management, Gait Analysis and Re-education, Postural Management, and Balance Re-education. With his training in analysing normal body movements, he helps patients suffering from neurological disorders form new neural pathways through repetitive actions and exercises. Therefore, helping

patients to regain function in the hand, arm, leg, and foot, regain balance while walking, improve spasticity, and reduce pain. Mr. Dey believes in transparently educating patients for a better patient experience. Mr. Dey is aware of the importance of keeping up to date with current, evidence-based practice and continuously updates his knowledge by attending several conferences, workshops, and seminars. He has also won several awards for his papers and has participated as an academic speaker at various state conferences of the IAP. He is also an active member of the Indian Association of Physiotherapists (IAP) and the Federation of Indian Manual Therapists (FIMT), and he has also been a West Bengal state president for IAP. Mr. Dey employs a holistic, patient-centred, and goal-focused approach to working with patients with neurological illness or injury. He offers systematic, continuous, and rigorous physiotherapy sessions, helping patients recover faster. Fluent in English, Bengali, and Hindi, he seamlessly communicates with a diverse patient population. His ability to converse in multiple languages enhances the overall patient experience, promoting trust and effective communication in healthcare settings.

Fellowship & Membership

- Indian Association of Physiotherapists (IAP)
- Federation of Indian Manual Therapists (FIMT)

Field of Expertise

- Specialises in Neurological Rehabilitation, helping patients form new brain pathways through repetitive actions and exercises, and improving limb function and movement.
- Expertise in reducing pain associated with neurological and neuromuscular disorders, therefore improving patients' quality

of life.
- Expertise in Spasticity Management, Gait Analysis and Re-education, Postural Management, and Balance Re-education benefiting patients with neurological impairments.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Organizing joint secretory of national conference of The Indian Association of Physiotherapists in 2022.
- Award winner in senior paper presentations and participated as academic speaker in various state conferences of IAP.
- "Persona of the month" on June 2019 at AMRI Mukundapur.

Talks & Publications

- Attended several conferences, workshops, and seminars at National and state levels
- Presented scientific papers at State IAP conferences and chaired a paper presentation session at IAP
- State President of the Indian Association of Physiotherapists, West Bengal Branch