



## **DR. SUGATO PAUL**

Consultant - Ophthalmology

### **Qualification**

MBBS (Cal) | DO(Cal) | MS (Ana Cal) | FRCS (UK)

### **Overview**

Dr. Sugato Paul is a reputed Ophthalmology Consultant with an impressive 14-year career dedicated to advancing eye care, serving at Manipal Hospitals in Mukundapur, Kolkata. He holds an MBBS, DO, and MS degree in Ophthalmology from Calcutta and is a Fellow of the Royal College of Surgeons (UK). Dr. Paul's expertise spans comprehensive Ophthalmology, with a special focus on Medical Retina and Phaco Cataract Surgery. He is the best Ophthalmology Doctor in Kolkata. Dr. Paul has been honoured with several prestigious awards throughout his career, including the Shobhabati Das Ghosh Award from the Ophthalmological Society of West Bengal (OSWB), the Muralidhar Sengupta Award from the Kolkata Academy of Ophthalmology (KAO), and the Gold Medal Award from the Bihar Ophthalmological Association (BOA). These accolades highlight his commitment to excellence in ophthalmology and his contributions to the field. He is also an active member of numerous professional organisations and currently serves as joint secretary and a managing committee member in one of the organisations. Fluent in English, Bengali, and Hindi, Dr. Paul ensures effective communication with his diverse patient base. His clinical skills

are complemented by extensive experience in the United Kingdom, where he worked for over a decade. During his tenure there, he served as the Director of Diabetic Retinopathy Screening and Management Services at the Wrightington, Wigan, and Leigh NHS Foundation Trust. Known for his exceptional surgical skills, Dr. Paul has performed thousands of injectionless Phaco Cataract Surgeries. He is regularly invited to conduct live surgery sessions at various ophthalmology conferences, sharing his expertise with fellow professionals. His dedication to continuous learning and teaching is evident through his frequent participation as an academic faculty member at national and international ophthalmology meetings. Dr. Paul has contributed to the body of ophthalmic knowledge through numerous publications in international journals. His commitment to staying abreast of the latest innovations in ophthalmology ensures that his patients receive the most advanced and effective treatments. In addition to his clinical and academic pursuits, Dr. Paul is deeply committed to patient care. He is known for providing ample time to his patients, thoroughly examining them, and discussing their treatment plans in detail. This personalised approach ensures that his patients feel valued and well-informed about their eye health. Dr. Sugato Paul's remarkable career and dedication to Ophthalmology have made him a respected and trusted consultant in the field of eye care.

### **Fellowship & Membership**

- Fellow of the Royal College of Surgeons (FRCS), UK
- Member of the All India Ophthalmological Society (AIOS)
- Formerly, Chairman Scientific Committee, and Joint Secretary, Ophthalmological Society of West Bengal (OSWB)
- Chairman, Academic and Research Committee, Eastern India Zonal Ophthalmological Congress (EIZOC)
- Member of the Indian Medical Association (IMA)

### Field of Expertise

- Expertise in comprehensive Ophthalmology, offering a full spectrum of eye care services with a focus on holistic treatment approaches.
- Specialises in the diagnosis and treatment of retinal diseases, including Intravitreal injections and Lasers, utilising advanced techniques to ensure optimal retinal care.
- Proficient in Phaco Cataract Surgery, using injectionless techniques to ensure precise, gentle, and minimally invasive treatment for restoring clear vision.
- Offers medical and Surgical treatment, including LASIK and Phakic IOL implant, for Myopia.

### Languages Spoken

- English
- Bengali
- Hindi

### Awards & Achievements

- Shobhabati Das Ghosh Award from the Ophthalmological Society of West Bengal (OSWB)
- Muralidhar Sengupta Award from the Kolkata Academy of Ophthalmology (KAO)
- Dr. G S Das Best Innovation Award from the Eastern India Zonal Ophthalmology Congress (EIZOC).
- Dr. BNR Subuddhi Award also from the Eastern India Zonal Ophthalmology Congress (EIZOC).
- Runner Up award for the prestigious "2 Min to Win Video

Session” at the Joint Asia Pacific Academy of Ophthalmology Congress and All India Ophthalmological Society Annual Conference.

- Gold Medal Award from the Bombay Ophthalmological Association (BOA)

### **Talks & Publications**

- Authored multiple publications in peer-reviewed international journals