

DR. ABHISHEK NK SAHA

Consultant - Paediatric Orthopaedic Specialist

Qualification

MBBS | DNB (Orthopaedics) | Diploma in Orthopaedics | MS (Orthopaedics)

Overview

Dr. Abhishek NK Saha is an esteemed paediatric orthopaedic specialist with over 14 years of experience in the field. He currently practises at Manipal Hospitals, Mukundapur, Kolkata. Dr. Saha's academic pursuit began with an MBBS degree, securing a gold medal in his first year, followed by a DNB in Orthopaedics and a Diploma in Orthopaedics from the College Of Physicians and Surgeons of Mumbai (CPS). He also pursued an MS in Orthopaedics from Seychelles. He further specialised with a Paediatric Orthopaedic Fellowship from JMRF-IOA. He is the foremost Paediatric Orthopaedics Doctor in Kolkata. Dr. Saha primarily deals with complex and paediatric orthopaedic cases. His expertise includes the treatment of cerebral palsy, Revision Joint Replacements, Revision of infected cases, Limb Lengthening, and complex Orthopaedic Surgeries. A pioneer of Arthroscopy in the paediatric hip and knee, Dr. Saha has treated rare disorders like discoid meniscus and avascular necrosis of hip and femoral head deformity. He also has expertise in Joint Replacements, Arthroscopy/ ACL Surgery, sports injuries and complex hand and foot/ankle problems. He firmly believes that every orthopaedic problem, however complex it might look,

always has a solution. Dr. Saha has made notable contributions to the field of Paediatric Orthopaedics, with multiple research papers to his credit. Recognised as one of the youngest faculty in the field, he has received several accolades and has attended national and international conferences with multiple papers. Frequently invited as a guest speaker, he shares his insights on complex orthopaedic cases at several conferences. His expertise in the field was showcased when he became the first surgeon to conduct live surgery for developmental dysplasia of the hip (DDH) in Eastern India. Dr. Abhishek NK Saha's fluency in Malayalam, English, Hindi, Bengali, and Marathi allows him to seamlessly communicate with a diverse patient population. This linguistic versatility not only facilitates clear understanding during medical consultations but also enables Dr. Saha to provide empathetic and tailored care that respects cultural nuances. His ability to converse in multiple languages enhances the overall patient experience, promoting trust and effective communication in healthcare settings. Dedicated to offering treatment for complex or neglected cases, both in children and adults, Dr. Saha is known for his compassion, empathy, and care for his patient’s well-being. With his extensive training and advanced skills, he provides optimal care for all his patients.

Fellowship & Membership

- Paediatric Orthopaedic Fellowship from JMRF-IOA
- Indian Orthopaedic Association (IOA)
- Paediatric Orthopaedic Society of India (POSI)
- Indian Arthroscopy Society (IAS)
- West Bengal Orthopaedic Association (WBOA)
- Member of the National Academy of Medical Sciences (MNAMS)
- Paediatric Ortho Society of West Bengal

Field of Expertise

- Expertise in treating congenital and developmental disorders occurring in the bones, such as clubfoot, developmental dysplasia of the hip, and congenital limb deformities, to improve function and patient's quality of life.
- Specialises in diagnosing and treating neuromuscular disorders like cerebral palsy and muscular dystrophy, focusing on improving patient's mobility.
- Proficient in addressing growth-related issues like leg length discrepancies and growth plate injuries.
- Specialises in treating fractures, dislocations, sports injuries, or soft tissue injuries specific to children and adolescents.

Languages Spoken

- Malayalam
- Hindi
- Marathi

Awards & Achievements

- Founding Secretary of the Paediatric Ortho Society of West Bengal
- Gold Medal in Anatomy in 2002
- Gold Medal in 1st Year MBBS
- Youngest Faculty at POSICON, 2017 Nagpur
- Faculty Across National and International Conferences with Multiple Papers
- First Surgeon to Conduct Live Surgery of Developmental Dysplasia of Hip (DDH) in Eastern India.
- Awarded Best Paper in Paediatric Orthopaedics Session in WBOA-MIDCON, 2022

Talks & Publications

- Bell-Tawse's Procedure (Cochin Orthopaedic Society, Ernakulum, Kerala) as Co-author
- Closed Interlocking Nailing in Wilson's Disease Paediatric Patient with Femur Shaft Fracture (pathological) as Co-author
- Paediatric ACL Reconstruction in Kolkata Lower Limb Arthroscopy Society (2017) as Faculty
- VAC Dressing in Paediatric Osteomyelitis/Surgery in West Bengal Paediatric Surgery Conference as Faculty
- Paediatric Orthopaedics Update in West Bengal as Faculty
- TEN Fixation in the Paediatric Age Group in Traumacon 2019 as Faculty
- Combined Technique for Correction of Neglected CTEV in an 11-year-old boy at MIDCON 2019 under West Bengal Orthopaedics Association as Presenter
- ‘The Neglected Neck of the Femur or Delbet Type 1 - You decide’, at MIDCON 2018 under West Bengal Orthopaedics Association as Presenter
- TEN Fixation Technique Workshop at IOACON 2019 as Faculty
- Paediatric Fractures of Upper Limb Workshop at IOACON 2019 as Faculty
- Presented JESS for CTEV Neglected Cases at WBOACON 2021 as Presenter
- Genu Valgum in a 5-year-old at PaedOrthCon 2022 as Presenter