

DR. HRIDISH NARAYAN CHAKRAVARTI

Visiting Consultant - Diabetes and Endocrinology

Qualification

MBBS | MD | DM Endocrinology

Overview

Dr. Hridish Narayan Chakravarti is one of the Good Endocrinologist in Mukundapur, Kolkata and a visiting consultant in the Department of Diabetes and Endocrinology at Manipal Hospitals, with an overall 11 years of dedicated service, including 7 years as a specialist in the domain. Dr. Chakravarti completed his Bachelor of Medicine and Bachelor of Surgery (MBBS) at Calcutta Medical College, followed by a Doctor of Medicine (MD) in General Medicine from Patna Medical College. He later pursued a Doctorate of Medicine (DM) in Endocrinology from the Institute of Postgraduate Medical Education and Research and Seth Sukhlal Karnani Memorial Hospital. Dr. Chakravarti’s remarkable experience in the domain has encouraged him to provide care for indoor and outdoor patients in the domain of diabetes and endocrinology. His proficiency in the field has equipped him to treat patients with complex cases, ensuring success in patient outcomes and well-being. Dr. Chakravarthi also updates himself with recent discoveries being made in the management and treatment of diseases. His achievements gained during his pursuit are very evident in his extensive career as a medical professional. His academic

excellence has been honoured with a plethora of awards, felicitating the gold medal for his excellence in the subject of biochemistry, pharmacology, obstetrics and gynaecology, and MD in medicine. He was also awarded the silver medal for his achievements in the subjects of pathology, pharmacology, ear nose throat (ENT), medicine, and obstetrics and gynaecology, and honours in the subjects of biochemistry, pathology, pharmacology, eye, ENT, and medicine His proficiency in the field has propelled him to collaborate with various peers, leading him to publish many research articles in several national and international journals, notable journals being the National Journal of Medical Research, and Journal of Endocrinology & Metabolic Syndrome. Dr. Chakravarti is proficient in English, Hindi, and Bengali, enabling him to effectively communicate with a diverse patient population. His linguistic skills contribute to fostering a safe and comforting environment for patients under his care. Dr. Chakravarti's outstanding medical expertise, coupled with his unwavering commitment to patient well-being, distinguishes him as a notable and highly respected doctor in the field.

Field of Expertise

- Specialising in management of patients with diabetes, providing comprehensive and personalised treatment plans.
- Experienced in addressing thyroid disorders, employing various diagnostic and therapeutic interventions.
- Expertise lies in providing effective treatment for patients with polycystic ovarian syndrome (PCOS), offering unique care and management.
- Demonstrates proficiency in guiding patients in management of obesity, tailoring treatment plans, and promoting a healthy lifestyle.
- Specialised in employing various diagnostic and treatment interventions for disorders related to pituitary and adrenal

gland, with a focus on achieving successful results for patients.
- Possess specialised knowledge in management of childhood hormonal growth issues, providing comprehensive assistance.
- Specialised in diagnosis and therapeutic interventions for patients with male hormonal and sexual dysfunction, aiding in patient well-being and improving quality of life.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Awarded Gold Medal in the subject of Biochemistry.
- Awarded Gold Medal in the subject of Pharmacology.
- Awarded Gold Medal in the subject of Obstetrics and Gynaecology.
- Awarded Gold Medal in the subject of MD Medicine.
- Awarded Silver Medal in the subject of Pathology.
- Awarded Silver Medal in the subject of Pharmacology.
- Awarded Silver Medal in the subject of ENT.
- Awarded Silver Medal in the subject of Medicine.
- Awarded Silver Medal in the subject of Obstetrics and Gynaecology.
- Awarded Honours (>75%) in the subject of Biochemistry.
- Awarded Honours (>75%) in the subject of Pharmacology.
- Awarded Honours (>75%) in the subject of Pathology.
- Awarded Honours (>75%) in the subject of Eye.
- Awarded Honours (>75%) in the subject of ENT.
- Awarded Honours (>75%) in the subject of Medicine.

- Recipient of TIMES OF INDIA “HEALTHCARE LEADER AWARD” 2025.
- TIMES NOW/ET Health Award winner 2025.

Talks & Publications

- An Observational, Cross-Sectional Study on Hematological Abnormalities in Patients with Type 2 Diabetes Mellitus on Metformin for 5 Years or More in a Tertiary Care Center (Chattopadhyay M et al., Natl J Med Res. 2019; 9(3): 121-124)
- Efficacy of Maximum and Optimum Doses of Hydroxychloroquine Added to Patients with Poorly Controlled Type 2 Diabetes on Stable Insulin Therapy along with Glimepiride And Metformin (Baidya et al., Endocrinol Metab Syndr 2018, 7:1).
- INSULIN ASPART–Induced Lipoatrophy treated successfully with glucocorticoid injection (insulin aspart–induced lipoatrophy, aace clinical case rep. 2017;3)
- Study of Serum Uric Acid in Chronic Liver Disease and its relation with other parameters (int. res. j. pharm. 2013; 4(7): 162-165)
- E BETA Thalassemia complicated by steroid responsive auto-immune Hemolytic Anaemia due to systemic Lupus Erythematosus
- Delegate, speaker and chairperson at Research Society for the Study of Diabetes in India (RSSDI), Endocrine Society of India Conference (ESICON), Conference of The Association of Physicians of India (APICON), Integrated Diabetes & Endocrine Academy Conference (IDEACON), Society for Promotion of Education in Endocrinology & Diabetes Conference (SPEEDCON), Diabetes India Conference, Annual Conference Of Endocrine Society Of Bengal (CRESCENDO) and other regional

and national conferences.