

DR. DARSHAN G R

Associate Consultant – Pulmonology

Qualification

MBBS | MD (Respiratory Medicine)

Overview

Dr. Darshan G R is an experienced pulmonologist in Millers Road, Bangalore, with a focused clinical practice in respiratory medicine and sleep-related breathing disorders. He is currently practising as an Associate Consultant – Pulmonology at Manipal Hospital Millers Road. With more than 3 years of experience, his work spans outpatient care, inpatient respiratory management, interventional pulmonology, and critical respiratory support. Dr. Darshan manages a wide range of pulmonary conditions, including COPD, bronchial asthma, tuberculosis, interstitial lung diseases, pulmonary embolism, pleural diseases, pulmonary hypertension, pneumothorax, lung malignancies, and obstructive sleep apnoea. His clinical scope also includes ventilatory management of acute and chronic respiratory failure. This breadth of practice, combined with structured procedural training, positions him as one of the best pulmonologists in Millers Road, Bangalore, for comprehensive respiratory and sleep medicine care. He completed his MBBS from Kempegowda Institute of Medical Sciences, followed by an MD in Respiratory Medicine from Bangalore Medical College and Research Institute under RGUHS. His postgraduate training involved

extensive exposure to pulmonary diagnostics, bronchoscopy, thoracoscopy, sleep studies, and mechanical ventilation, forming a strong academic and clinical foundation. Dr. Darshan is proficient in advanced pulmonary function testing, including spirometry, FENO, DLCO, and forced oscillation techniques. His procedural expertise includes diagnostic bronchoscopy using flexible bronchoscopes, transbronchial needle aspiration, endobronchial and transbronchial lung biopsies, and C-arm-guided interventions. He performs endobronchial ultrasound-guided TBNA and TBNB, medical thoracoscopy using rigid and semi-rigid thoracoscopes, and chest ultrasonography. His clinical practice also includes pleural fluid aspiration, intercostal tube drainage, polysomnography, CPAP titration, and both non-invasive and invasive mechanical ventilation. In addition to routine pulmonary care, Dr. Darshan is involved in lung transplantation services, particularly recipient selection and donor evaluation. He is known for his calm, structured approach to patient care. He takes time to explain respiratory conditions in clear terms. Academically, he remains actively engaged in teaching and research. He conducts bedside and classroom teaching for undergraduate students, postgraduate trainees, and nursing staff. His academic contributions include oral and poster presentations at national conferences such as SLEEP RESPICON and CRITICON. His research work has been published in peer-reviewed journals, including the International Journal of Medicine and Public Health and the International Journal of Scientific Research, with studies focusing on obstructive sleep apnoea, interstitial lung disease, and COPD physiology. Dr. Darshan communicates effectively with patients and caregivers in Kannada, English, and Hindi, allowing clear clinical discussions across diverse patient populations. At Manipal Hospital, Millers Road, he contributes beyond consultations through inpatient respiratory care, procedural services, sleep laboratory support, academic activities, and protocol-driven pulmonary management. His structured clinical approach, procedural depth, and academic

involvement make him one of the best pulmonologists in Millers Road, Bangalore.

Field of Expertise

- Pulmonology
- Sleep Medicine
- COPD
- Asthma
- Tuberculosis
- ILD
- Pulmonary Embolism
- Pleural Diseases
- Lung Cancer
- Mechanical Ventilation

Languages Spoken

- Kannada
- English
- Hindi

Talks & Publications

- Paper presentation: “Prognostic Value of CRP in COVID-19” – SLEEP RESPICON 2020
- Poster: CRITICON 2021- Publications in International Journal of Medicine
- Public Health (2025) and International Journal of Scientific Research (2024)