

**DR. NAVEEN M NAYAK**

Consultant - Nephrologist

**Qualification**

MBBS | MD (Internal Medicine) | DNB (Nephrology)

## Overview

Dr. Naveen M Nayak is a highly skilled nephrologist in Millers Road, Bangalore. He's currently practising as a Consultant – Nephrologist at Manipal Hospital Millers Road, Bangalore, bringing over two decades of rich clinical experience in managing kidney diseases, dialysis therapies, and renal transplantation. Known for his diagnostic precision, compassionate care, and exceptional outcomes in nephrology, Dr. Nayak is widely regarded as one of the best nephrologists in Bangalore, offering comprehensive care for patients with acute and chronic kidney disorders. His work encompasses the full spectrum of nephrology—from preventive care and dialysis management to advanced transplant medicine—making him a trusted name among patients and peers alike. Dr. Nayak completed his MBBS and MD (Internal Medicine) from J.N. Medical College, Belgaum, affiliated with Rajiv Gandhi University of Health Sciences, Bangalore. He later pursued his DNB in Nephrology from Apollo Hospitals, Chennai, under the mentorship of Padma Bhushan Dr. M. K. Mani, one of India's pioneers in nephrology. This rigorous academic and clinical training provided him with a solid foundation in renal medicine and

equipped him to handle complex nephrological conditions with clinical excellence and ethical precision. Throughout his illustrious career, Dr. Nayak has contributed extensively to the advancement of nephrology practice in India. He has independently managed patients with chronic kidney disease (CKD), acute kidney injury (AKI), glomerulonephritis, and renal vascular diseases, with a special focus on slowing CKD progression through early intervention and lifestyle management. His expertise also extends to renal transplantation, where he has successfully overseen both living donor and cadaveric renal transplants, including ABO-incompatible transplants, and post-transplant management of rejection and infection. His precision in kidney biopsies, permacath insertions, and continuous renal replacement therapy (CRRT) has made him a sought-after specialist in critical care nephrology. At Manipal Hospital Millers Road, Bangalore, Dr. Nayak is dedicated to delivering holistic renal care by integrating advanced diagnostic tools, evidence-based treatment, and personalised patient counselling. He has been instrumental in optimising dialysis programmes, ensuring high standards of safety, efficiency, and patient comfort. His experience in hemodialysis, peritoneal dialysis, and plasma exchange therapy enables him to tailor treatment to the unique needs of each patient. For those in critical care, he brings advanced expertise in intensive care nephrology, managing multi-organ dysfunction and renal complications with clinical precision. A respected academician and speaker, Dr. Nayak has delivered several Continuing Medical Education (CME) sessions for physicians, focusing on chronic kidney disease prevention and transplantation strategies. His research has been published in leading medical journals, including his study on “Clinical utility of urine neutrophil gelatinase-associated lipocalin measured at admission to predict outcomes in critically ill patients” (Indian Journal of Nephrology, 2016), and “Spontaneous anterior mediastinal hematoma in patients on hemodialysis” (IJACR, 2017). His clinical work and academic contributions reflect his dedication to advancing renal medicine in

India. Dr. Nayak is an active member of several prestigious professional organisations, including the Indian Society of Nephrology, International Society of Nephrology, National Academy of Medical Sciences, Indian Medical Association, and the American Society of Nephrology. These affiliations keep him abreast of global medical developments, enabling him to adopt the latest, evidence-backed treatment approaches for his patients. With his patient-first approach, Dr. Nayak combines advanced medical technology with empathy and clinical excellence. His ability to diagnose and manage intricate renal conditions, along with his strong academic grounding, make him one of the best nephrologists in Bangalore. Fluent in Kannada, Tamil, Marathi, Konkani, Hindi, and English, he ensures that patients and their families are well-informed and comfortable throughout their treatment journey. Dr. Naveen M Nayak continues to uphold the institution’s legacy of world-class healthcare. His unwavering dedication to patient welfare, his exceptional skill in transplant and dialysis care, and his evidence-driven medical practice make him a trusted choice for individuals seeking expert kidney care from the best nephrologist in Bangalore.

## Fellowship & Membership

- Indian Society of Nephrology
- International Society of Nephrology
- National Academy of Medical Sciences
- Indian Medical Association
- American Society of Nephrology

## Field of Expertise

- Acute & Chronic Kidney Disease Management
- Hemodialysis
- Peritoneal Dialysis

- CRRT
- Renal Transplantation, including ABO Incompatible
- Kidney Biopsy
- Critical Care Nephrology

## Languages Spoken

- Kannada
- Tamil
- Marathi
- Konkani
- Hindi
- English

## Talks & Publications

- “Clinical utility of urine neutrophil gelatinase-associated lipocalin…” – Indian J Nephrol, 2016.
- “Spontaneous anterior mediastinal hematoma in patients on hemodialysis” – IJACR, 2017.
- Faculty in multiple CMEs, including CKD prevention and transplant management.