

DR. ANUSHA A RAO

Consultant - Cardiology

Qualification

MBBS | M.D. - General Medicine | DNB - Cardiology

Overview

Dr. Anusha A Rao is an expert cardiologist in Bangalore and currently practicing as a Consultant - Cardiology at Manipal Hospitals, Millers Road. Dedicated to advancing patient care through evidence-based medicine, Dr. Anusha specialises in complex percutaneous coronary interventions, primary angioplasty, pacemakers, and structural interventions, ensuring that patients receive innovative and timely treatment for a wide range of cardiac conditions. She is a top cardiologist in Millers Road, Bangalore. Dr. Anusha completed her MBBS from A.J. Institute of Medical Sciences, Mangalore (RGUHS) in 2012. She further pursued an MD in General Medicine from K.S. Hegde Medical Academy, Mangalore (Nitte University), graduating in 2017 with a thesis titled “Correlation of Body Mass Index with Severity of Obstructive Sleep Apnoea." Driven by her passion for cardiology, she completed her DNB in Cardiology from Narayana Hrudayalaya in December 2020, with her research focusing on the “Clinical Profile Of Dilated Cardiomyopathy and Its Correlation with Diabetes Mellitus." She also completed virtual training in optical core tomography (OCT imaging). With a career marked by her commitment to clinical

excellence and advanced training in general medicine and cardiology, Dr. Anusha emphasises advanced cardiac interventions, where she employs state-of-the-art techniques to manage acute coronary syndromes and structural heart diseases. She employs cutting-edge techniques to provide personalised and effective cardiac care. In addition to her clinical work, she is actively engaged in academic pursuits, sharing her expertise through a series of well-received presentations. Her scholarly contributions include discussions on unusual cases of infective endocarditis and aortic dissection. She has also addressed topics like OCT-guided management in acute coronary syndromes, neuroprotection in transcatheter aortic valve replacement, and innovative techniques in Impella-assisted PCI. Her participation in national and international conferences has not only broadened her knowledge but also positioned her as a thought leader in complex cardiac interventions. Fluent in Kannada, English, Hindi, Tamil, and Telugu, Dr. Anusha communicates effectively with a diverse patient population, ensuring clarity in patient education and collaborative decision-making. Her passion for learning and dedication to refining her expertise make her a trusted expert in the field of cardiology.

Fellowship & Membership

- Life member of cardiology society of India
- Life member of Indian medical association

Field of Expertise

- Preventive Cardiology
- Primary Coronary Angioplasty
- Complex Coronary Interventions
- Coronary Imaging and Physiology
- Pacemakers and ICD Implantations

- Structural Interventions

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Impella assisted PCI" at ICCCON 23, Bangalore, received the best case award.
- Received "golden hands award "for best clinical case at Fortis 2023.

Talks & Publications

- An Unusual Case of Right-Sided Infective Endocarditis in a Non-IV Drug Abuser." at CSICON 2016, Mangalore
- "An Unusual Case of Aortic Dissection" at Echo India Conference 2019.
- "OCT and FFR-guided Multivessel PCI" at IPCI, Kochi 2022
- "OCT in ACS" at SCIP, Trivandrum 2022
- "Neuroprotection in TAVR" at CSI Karnataka chapter, Bangalore 2022
- "Impella guided PCI" at CHIP-CTO, New delhi 2023
- "Stuck Burr" at India Live, Chennai 2023
- "All's well that ends well" at EUROPCR, Paris, 2023
- "PulseCATH" at BEAT cardiology Meet, Bangalore, 2023
- "The Giant Aneurysm" at CSI NIC Mid-term meet, Hyderabad 2023

- “Impella assisted PCI” at ICCCON 23, Bangalore, received the best case award.
- “When one thing leads to another”- case of DES aneurysm at SCIP 2023, Bangalore.
- A Case of Complex Bifurcation—DK Crush, “Crushed It Well” at BiCI—Bifurcation Club of India, July 2024.