

DR. SHASHIKALA KSHEERASAGAR

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | DGO | MRCOG | FRCOG | FRM

Fellowship & Membership

- FRCOG, MRCOG, Fellowship Reproductive Medicine

Field of Expertise

- High risk pregnancy
- Adolescent Gynaecology
- Reproductive Endocrinology & Subfertility treatment
- Contraception Counselling
- Hormone Replacement Therapy

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Marathi
- Arabic

Awards & Achievements

- Awarded certificate of merit for excellent performance in Forensic medicine (July 1996, MBBS PHASE II)
- Certificate of appreciation from King Fahad Hospital, Kingdom of Saudi Arabia, as Best employee of month from OBG Department.
- Certificate of appreciation for excellence in the field of Reproductive Medicine by Dr. Kamini A Rao, Medical director BACC Healthcare Pvt.Ltd and Chairperson IIRRH

Talks & Publications

1. Ksheerasagar, Shashikala et al. "Breast Cancer in Pregnancy." Journal of obstetrics and gynaecology of India vol. 67,6 (2017): 442-444. doi:10.1007/s13224-017-0973-8
 2. Ksheerasagar, Shashikala et al. "Pregnancy in Budd Chiari Syndrome-A Case Report." Journal of obstetrics and gynaecology of India vol. 69, Suppl 1 (2019): 17-19. doi:10.1007/s13224-018-1138-0
 3. Ksheerasagar, Shashikala et al. "Pregnancy in a Rare Case of Intracranial Rosai Dorfman Disease (RDD)". J Obstet Gynaecol India. 2020 Feb;70(1):78-80. doi: 10.1007/s13224-019-01254-y. Epub 2019 Aug 2. PMID: 32030010; PMCID: PMC6982614
 4. Authored chapter on Breastfeeding in Women with Diabetes in the book titled Diabetes and Women The Untold Story edited by Ashok Kumar Das published by MICRO labs limited, 27 Race course road, Bangalore 560001.
- Paper and Poster Presentations
- 1) Presented paper on "uterine adnexal torsion : pathologic & ultrasonographic correlation " @ 19th KSCOGA conference 2007 on 30.12.2007 @ Hubli Karnataka India
 - 2) E-POSTER presentation @cutting edge 2010 Bangalore on "use of veress needle in creation of neovagina"
 - 3) Free paper presentation on 08/01/2011@ 54th All India Congress of Obstetrics and Gynaecology, Hyderabad, India on "vaginocutaneous fistula in association with vaginal atresia"

- 4) Presented paper titled 'Dengue fever in pregnancy' at Gnanavarsha conducted by BSOG on 26,27 Feb 2011 in young talent promotion programme.
- 5) Poster titled 'Caesarean myomectomy' in International congress on emergencies in obstetrics July 29-31 2011, Bangalore.
- 6) Presented a paper at 22nd KSOGA conference at Manipal Karnataka India on November 5th 2011 titled "A rare case of isolated extraneural cysticercosis in pregnancy"
- 7) Poster presented on 'Reproductive outcome after uterine septoplasty with the comparison between mechanical and electrical methods' at Life conference, at Bangalore, November 1st 2015.
- Teaching programmes
- 1. Participated as faculty in RCOG programme- Basic Practical Skills in Obstetrics and Gynaecology at Bharatabhoomi Medical Academy, India twice, i.e, 4-6 January 2013 and 27-28 December 2014.
- 2. Was a teaching Faculty at CREST (Centre for Reproductive Education and Specialist Training) Clinical & Embryology Courses at IRRH and coordinated One Clinical Training Programme in May 2016 as part of training in Fellowship in Reproductive Medicine, BACC HEALTHCARE PVT.LTD.
- 3. Delivered lecture on Women Wellness for Degree students on 9th March 2017 at St.Anne's First Grade College For Women, Bengaluru.
- 4. Participated as teaching faculty in High Risk Pregnancy workshop during the 62nd All India Congress Of Obstetrics and Gynaecology, held on 8th January 2019 in Bengaluru.
- Articles in Newspapers and Magazines
- 1. Article on Preeclampsia in Prajavani Kannada Newspaper on Saturday 25/05/2019 edition.
- 2. Coverage of Management of Intracranial Rosai Dorfman Disease in Pregnancy in Telugu Newspaper E-Nadu Newspaper on Wednesday 30/01/2020.
- 3. Article on Delayed Puberty in Prajavani Kannada Newspaper on Wednesday 26/02/2020 edition.
- 4. Article on Prepregnancy Counselling in Stayfit Magazine March 2020 edition.
- 5. Online article on Nutrition During Pregnancy in Doctor NDTV 02/09/2020.
- <https://doctor.ndtv.com/pregnancy/national-nutrition-week-2020-10-diet-tips-to-eat-healthy-during-pregnancy-2288924>
- 6. Article on PCOS in Kannada Prabha Newspaper on 10/09/2020 edition.
- 7. Article on Cervical cancer in Prajavani Kannada Newspaper on 30/01/2021 edition