

**DR. CHIRAG THONSE**

Consultant – Orthopaedic Surgeon, Specialist in Joint Replacement, Arthroscopy & Sports Surgery

**Qualification**

M.S (Orthopaedics) | F.SICOT (Germany)

## Overview

Dr. Chirag Thonse is an experienced orthopaedic surgeon in Bangalore with over 15 years of expertise in orthopaedics and a specialisation in joint replacement, arthroscopy, and sports medicine. He is currently practising as Consultant – Orthopaedic Surgeon, Specialist in Joint Replacement, Arthroscopy & Sports Surgery at Manipal Hospital Millers Road. Dr. Chirag has earned a reputation for delivering exceptional outcomes in complex orthopaedic surgeries. He holds an MBBS and M.S. in Orthopaedics from Father Muller Medical College, Mangalore. He has also pursued multiple Fellowships in Arthroscopy, Arthroplasty, Sports Medicine, and Shoulder Surgery from esteemed institutions across India, Germany, Japan, and Australia. His extensive international training allows him to offer globally benchmarked care to his patients. Dr. Chirag has performed over 10,000 major orthopaedic surgeries, including arthroscopy, ligament reconstructions and joint replacements. Currently he performs 90-100 major surgeries in a month (1000+ surgeries annually) and sees over 80 outpatients in OPD daily (14000+ annually). He is primarily known for his expertise in robotic and conventional joint replacements, including total and partial

knee replacements, total hip replacements, complex revision procedures, total shoulder replacements, reverse shoulder arthroplasty, and hemiarthroplasty. In the domains of arthroscopy and sports medicine, Dr. Chirag performs ligament reconstruction surgeries such as ACL, PCL, MPFL, PLC, and MCL reconstructions, meniscal repairs, and cartilage restoration surgeries. He specialises in minimally invasive arthroscopic techniques for the knee, shoulder, ankle, and elbow, allowing for precise treatment with minimal tissue damage and a faster rehabilitation process. He also brings advanced proficiency in shoulder surgery, offering solutions for conditions such as rotator cuff tears, shoulder instability, and arthritis. Dr. Chirag strongly believes in a holistic and patient-centric approach. He takes the time to educate his patients about their condition, treatment options, and post-operative care, ensuring they are active participants in their recovery journey. His empathetic consultation style, paired with surgical excellence, makes him one of the most sought-after orthopaedic surgeons in Bangalore. Dr. Chirag speaks English, Hindi, and Kannada, enabling seamless interaction with a diverse patient population. He is one of the best orthopedic surgeons in Millers Road, Bangalore.

### Field of Expertise

- Robotic Joint Replacement
- Total knee replacement
- Revision knee replacement
- Partial knee replacement
- Total hip replacement
- Revision hip replacement
- Shoulder Replacement Surgery (Hemi, total and reverse).
- Arthroscopy (Knee, Shoulder, Ankle, Elbow)
- Arthroscopic Ligament Reconstruction Surgery (ACL, PCL, MPFL, PLC, MCL)
- Arthroscopic Meniscal repair

- Cartilage surgeries

### Languages Spoken

- English
- Hindi
- Kannada

### Awards & Achievements

- Over 5000 Orthopaedic Surgical procedures done.
- Faculty for over 125 conferences.
- Delivered over 200 Guest lectures at national and international conferences.
- Cadaveric course instructor for over 40 courses.
- Performed 7 surgical live demonstration surgeries in national conferences.
- Successfully runs a fellowship programme under his guidance in Arthroscopy and Sports medicine (with 2 fellows).
- Editorial board member in 2 Orthopaedic journals.
- Authored chapters in 3 Orthopaedic textbooks.
- Reviewer in 3 Orthopaedic Journals.
- Core committee member of the Indian Orthopaedic Research Group.
- Governing Council Member of Indian Arthroscopy Society.

### Talks & Publications

- Has 12 publications in indexed journals.
- Dr. Chirag Thonse on Lose weight and stay physically active: Say goodbye to knee pain | The Times of India.Click Here

- What’s ‘green whistle’ in World Cup that’s making viewers curious?Click Here