

DR. SHARDA A

Consultant - Endocrinology

Qualification

MD | DNB | MRCP (UK) | FRCP London | FACE

Overview

Having a career extending over a decade, Dr. Sharda A is an established doctor in the discipline of Endocrinology. Dr. Sharda is an esteemed Endocrinologist with 30+ years of experience in the field and information in her subject. She is currently serving as an endocrinology specialist in Bangalore at the Manipal Hospitals, Millers Road, wherein she's known for her great technical understanding and capabilities. As well as her compassionate care toward her patients. She completed MBBS from The Maharaja Sayajirao University of Baroda in 1990, MD - in Medicine from The Maharaja Sayajirao University of Baroda in 1993 and DNB - General Medicine from The Maharaja Sayajirao University of Baroda in 1994. The medical doctor has successfully and correctly treated several intense instances in her professional career. Dr. Sharda's area of expertise includes treating 'PCOS, Thyroid disorders, Endocrinology and Metabolism, Obesity, metabolic syndrome and preventive care, insulin pump therapy, Diabetes, Adrenal disorders, continuous glucose monitoring system, Disorders of bone metabolism such as osteoporosis, osteomalacia, hypocalcemia, hypercalcemia and hypophosphatemia, Pituitary disorders, and Hypertension in young'.

She has constantly pledged to provide her patients with satisfactory viable treatment as a passionate doctor. She adopts a patient-centric philosophy and spends time studying every affected person's specific clinical heritage, problems, and objectives. The doctor’s successful career is similarly glaring using her memberships in several respected scientific bodies in India. She has a fellowship at the Royal College of Physicians in London and the American College of Endocrinology. She is a member of the Endocrine Society of India. She is praised for her potential to empathise with and take care of her patients. Throughout their clinical adventure, she attempts to ensure that her patients are comfortable, secure, and informed. She often goes to conferences and seminars to keep up with the most recent developments in the field of endocrinology. Dr. Sharda's talks and publications list includes, ' Perimenopause: Signs, Symptoms & Treatments, DT Health: Diabetes & Sleep Deeply Interrelated, Diabetes and Thyroid Disease: Are They Related, Is it Possible to get diabetes by Not Consuming Sugar? in Hindustan Times, Hypothyroidism During Pregnancy? in News 18, and talked about The link between diabetes and insomnia. In addition to her technical skills and compassionate care, Dr. Sharda is likewise fluent in more than one language, including English, Hindi, Gujarati, Telugu, Tamil, and Kannada. This linguistic capability enables her to communicate with a diverse patient populace from distinctive backgrounds and cultures efficiently. Being in a position to speak the language that patients are fluent in allows for building a great connection between the doctor and the patient, which in the end boosts the chances of better outcomes and patient satisfaction.

Fellowship & Membership

- Fellow of American college of endocrinology
- Fellow of the Royal College of physicians (London)
- Member of endocrine society of India

Field of Expertise

- Diabetes, Endocrinology and metabolism
- Interest in type 1 diabetes, insulin pump therapy, continuous glucose monitoring system
- PCOS, Thyroid disorders, Obesity, metabolic syndrome and preventive care
- Disorders of bone metabolism – osteoporosis, osteomalacia, hypocalcemia, hypercalcemia and hypophosphatemia
- Adrenal disorders
- Hypertension in young
- Pituitary disorders

Languages Spoken

- English
- Hindi
- Kannada
- Telugu
- Tamil
- Gujarati

Talks & Publications

- Dr. A Sharda on Perimenopause: Signs, Symptoms & Treatments | Mompreneur Circle.Click Here
- Dr. A Sharda on DT Health: Diabetes & sleep deeply interrelated | DT Next.Click Here
- Dr. A Sharda on Is it possible to get diabetes by not consuming sugar? | Hindustan Times | MSN | Samachar News.Click Here
- Dr A Sharda on The link between diabetes and insomnia I

Happiest Health Click Here

- Dr. A Sharda on Hypothyroidism During Pregnancy? Find Out How Essential It Is to Diagnose It Early? | News 18 Click Here
- Dr. A Sharda on Diabetes and thyroid disease: are they related | Happiest Health. Click Here
- Dr. A. Sharda on Shenaz Treasury diagnosed with hypothyroidism; know about the condition and how it can be managed | The Indian Express. Click Here
- Manipal Hospitals Millers Road: Dr. A Sharda on Operation Dessert Storm: Sweets not off-limits for people with Diabetes | Happiest Health. Click Here
- Manipal Hospitals Millers Road: Dr. A Sharda on Fuel your health: Six foods for diabetes management and improved immunity | Happiest Health. Click Here
- Manipal Hospitals Millers Road: Dr. A. Sharda on Hypothyroidism: Why Thyroid Levels Rise During Winter Season? Expert Speaks | India.com | Daily Hunt | Swift Telecast. Click Here