



DR. AMRITHLAL A MASCARENHAS

Consultant - Spine Surgery

Qualification

MBBS, MS Ortho, FNB (Spine Surgery) | Fellowship in Minimally Invasive Spine Surgery

Fellowship & Membership

- Medical Council of India
- Association of Spine Surgeons of India
- Karnataka State Orthopaedic Association
- Spinal cord society, India
- International Spinal Cord Society
- AO Spine International
- Indian Orthopaedic Association
- Bangalore Orthopedic Society

Field of Expertise

- Spine Surgery

Languages Spoken

- English
- Kannada
- Konkani
- Tulu
- Hindi

Awards & Achievements

- KOA Traveling Fellowship for the year 2008
- Best poster award-Conference on Lumbar Intervertebral disc.
- 'Intracranial bleed following spine surgery - A report of two cases'.
- Best poster award- An epidemiological study on vertebral fractures
- Following fall from electric pole After electric shock:is it same as fall From height? ISSICoN 2009

Talks & Publications

- March 2009 Implant related complication in spine surgery: Conference on lumbar disc; ISIC, New delhi
- January 2010 Management of Cauda Equina Syndrome.
- Young faculty forum. ASSICoN 2010, Nagpur

- Dec 2010 Spinal Tuberculosis: Surgical Management; FPI ; Bangalore
- Feb 2012 Degenerative Scoliosis; Panelist; ASSICoN 2012
- July 2012 Tuberculosis Spine; CME on Spine Surgery; Rajkot
- Oct 2012 Management of Spine Trauma; Panelist; ISSICoN 2012
- Dec 2012 Fixation Techniques in Atlanto-axial Dislocation; IOACoN 2012
- Feb 2014 Surgical Management of Osteoporotic spine, KOACoN 2014
- May 2014 Spondylolisthesis, CME, Bellary
- Mar 2014 Upper cervical Spine Fixation, CME, Tumkur
- Feb 2015 Kyphoplasty in Osteoporotic Vertebral Compression Fractures, KOACoN 2015, Mysore
- Feb 2015 Lumbar Disc herniation management, KOACoN 2015, Mysore
- Feb 2016 Technique of lumbar discectomy, KOACoN 2016, Bengaluru
- Nov 2016 Fix and treat, MISSICoN 2016, New Delhi
- Jan 2017 Osteoporosis and Fix and treat, ASSICoN 2017, Hyderabad
- Feb 2017 Cervical Myelopathy: Diagnosis and management, KOACoN 2017
- March 2017 Moderator: Spinal osteoporosis panel discussion, Spine biomechanics conference, New Delhi
- August 2017 Spinal Osteoporosis and its management, ICS 2017, Kovalam Publications
- Endovascular stents--boon or bane? A case report of spondylodiscitis following aorto-iliac stent insertion. Sushma Krishna, Sumanth Kaiwar, Amrithlal A Mascarenhas, Adarsh Raghurama; Indian Spine Journal, Year 2021, Volume 4, Issue 2
- Gururaj Sangondimath, Abhinandan Reddy Mallepally, Amrithlal Mascarenhas, Harvinder Singh Chhabra Sexual and Bladder Dysfunction in Cauda Equina Syndrome: Correlation with Clinical and Urodynamic Studies
- Asian Spine J. 2020 Dec; 14(6): 782-789. Published online 2020 May 21. doi: 10.31616/asj.2019.0305
- Amish Sanghvi, Harvinder S Chhabra, Vishal Nigam, Vikas Tandon, Amrithlal A Mascarenhas. Permanent cardiac pacemaker for cardiac arrest for cervico- dorsal spinal injury. Eur Spine J, 2009 Jul;18 Suppl 2:254-7. Epub 2009 Mar 28
- Amish V. Sanghvi, Harvinder Singh Chhabra, Amrithlal A. Mascarenhas, Vivek K. Mittal, and Gururaj M. Sangondimath. Thoracic myelopathy due to ossification of ligamentum flavum: a retrospective analysis of predictors of surgical outcome and factors affecting preoperative neurological status. Eur Spine J. 2011 February; 20(2): 205-215.
- Sanghvi AV, Chhabra HS, Mascarenhas AA, Mittal VK, Sangondimath GM. Thoraco-lumbar spinal cord injury without radiological abnormality in an adult. Orthop Surg. 2013 Feb;5(1):64-7
- Mascarenhas AA, Thomas I, Sharma G, Cherian JJ. Clinical and radiological instability following standard fenestration discectomy. Indian J Orthop. 2009 Oct;43(4):347-51
- Dr. Amrithlal A Mascarenhas on Spinal chills and fever: Don't ignore these symptoms that could be signs of spondylodiscitis infection alerts doctor | Times Now. [Click Here](#)
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- Dr. Amrithlal A Mascarenhas on Pain in the back | The New Indian Express. [Click Here](#)