



DR. AMRITHLAL A MASCARENHAS

Consultant - Spine Surgery

Qualification

MBBS, MS Ortho, FNB (Spine Surgery) | Fellowship in Minimally Invasive Spine Surgery

Overview

Dr. Amrithlal A. Mascarenhas is a fairly professional and skilled spine health care provider currently associated with Manipal Hospitals, Millers Road in Bengaluru, India. With an impressive listing of qualifications and memberships, he is an expert in his subject. Dr. Mascarenhas holds an MBBS degree and MS in Orthopedics. He also specialised in Spine Surgery, finishing his FNB (Fellowship in Spine Surgery) and a Fellowship in Minimally Invasive Spine Surgery. His commitment to continuous learning and professional improvement is obvious through his diverse fellowship and club affiliations. He is a member of several esteemed businesses, like the Medical Council of India, the Association of Spine Surgeons of India, the Karnataka State Orthopaedic Association, the Spinal Cord Society of India, the International Spinal Cord Society, AO Spine International, the Indian Orthopaedic Association, and the Bangalore Orthopedic Society. Dr. Amrithlal is one of the best spine surgeons in Millers Road. Dr. Mascarenhas is proficient in multiple languages, permitting him to talk efficaciously with patients. He is fluent in English, Kannada, Konkani, Tulu, and Hindi, which allows him to offer personalised care and clear reasons to individuals from various backgrounds. Dr. Mascarenhas has been recognised for his contributions and achievements throughout his profession. In 2008, he was awarded the KOA Travelling Fellowship, and he has acquired more than one satisfactory poster award for his shows on the lumbar intervertebral disc, vertebral fractures, and backbone surgical operation-associated headaches. His research and courses have been featured in prestigious journals like the Indian Spine Journal, Asian Spine Journal, and European Spine Journal. Dr. Mascarenhas actively shares his know-how and expertise with fellow medical specialists. He has delivered talks and displays at several meetings, seminars, and workshops across India, overlaying various subjects related to spine surgical procedures, including spinal tuberculosis, degenerative scoliosis, spine trauma management, and osteoporotic backbone surgical procedures. With his widespread experience and information, Dr. Mascarenhas specialises in spine surgical operations, focusing on the prognosis and treatment of numerous spinal situations. He is well versed in traditional and minimally invasive strategies, ensuring that his patients get hold of the most appropriate and superior care. Patients under the treatment of Dr. Mascarenhas can count on a compassionate and personalised method. He combines his technical competencies with a humble mindset, to ensure that everyone receives the highest well-known care during their remedy journey. Dr. Amrithlal A. Mascarenhas is a reputable spine surgeon who continues to make significant contributions to the sector. His willpower to improve affected person consequences and his dedication to advancing spine surgery techniques have earned him the agreement and recognition of each of his patients and co-workers.

Fellowship & Membership

- Medical Council of India
- Association of Spine Surgeons of India

- Karnataka State Orthopaedic Association
- Spinal cord society, India
- International Spinal Cord Society
- AO Spine International
- Indian Orthopaedic Association
- Bangalore Orthopedic Society

Field of Expertise

- Spine Surgery

Languages Spoken

- English
- Kannada
- Konkani
- Tulu
- Hindi

Awards & Achievements

- KOA Traveling Fellowship for the year 2008
- Best poster award-Conference on Lumbar Intervertebral disc.
- 'Intracranial bleed following spine surgery - A report of two cases'.
- Best poster award- An epidemiological study on vertebral fractures
- Following fall from electric pole After electric shock:is it same as fall
- From height? ISSICoN 2009

Talks & Publications

- March 2009 Implant-related complication in spine surgery: Conference on lumbar disc; ISIC, New Delhi
- January 2010 Management of Cauda Equina Syndrome.
- Young faculty forum. ASSICoN 2010, Nagpur
- Dec 2010 Spinal Tuberculosis: Surgical Management; FPI; Bangalore
- Feb 2012 Degenerative Scoliosis; Panelist; ASSICoN 2012
- July 2012 Tuberculosis Spine; CME on Spine Surgery; Rajkot
- Oct 2012 Management of Spine Trauma; Panelist; ISSICoN 2012
- Dec 2012 Fixation Techniques in Atlanto-axial Dislocation; IOACoN 2012
- Feb 2014 Surgical Management of Osteoporotic spine, KOACoN 2014
- May 2014 Spondylolisthesis, CME, Bellary
- Mar 2014 Upper cervical Spine Fixation, CME, Tumkur
- Feb 2015 Kyphoplasty in Osteoporotic Vertebral Compression Fractures, KOACoN 2015, Mysore
- Feb 2015 Lumbar Disc herniation management, KOACoN 2015, Mysore
- Feb 2016 Technique of lumbar discectomy, KOACoN 2016, Bengaluru
- Nov 2016 Fix and Treat, MISSICoN 2016, New Delhi
- Jan 2017 Osteoporosis and Fix and Treat, ASSICoN 2017, Hyderabad
- Feb 2017 Cervical Myelopathy: Diagnosis and management, KOACoN 2017
- March 2017 Moderator: Spinal osteoporosis panel discussion, Spine biomechanics conference, New Delhi
- August 2017 Spinal Osteoporosis and its management, ICS 2017, Kovalam Publications
- Endovascular stents--boon or bane? A case report of spondylodiscitis following aorta-iliac stent insertion. Sushma Krishna, Sumanth Kaiwar, Amrithlal A Mascarenhas, Adarsh Raghurama; Indian Spine Journal, Year 2021, Volume 4, Issue 2

- Gururaj Sangondimath, Abhinandan Reddy Mallepally, Amrithlal Mascarenhas, Harvinder Singh Chhabra Sexual and Bladder Dysfunction in Cauda Equina Syndrome: Correlation with Clinical and Urodynamic Studies Asian Spine J. 2020 Dec; 14(6): 782-789. Published online 2020 May 21. doi: 10.31616/asj.2019.0305
- Amish Sanghvi, Harvinder S Chhabra, Vishal Nigam, Vikas Tandon, Amrithlal A Mascarenhas. Permanent cardiac pacemaker for cardiac arrest for cervico-dorsal spinal injury. Eur Spine J, 2009 Jul;18 Suppl 2:254-7. Epub 2009 Mar 28
- Amish V. Sanghvi, Harvinder Singh Chhabra, Amrithlal A. Mascarenhas, Vivek K. Mittal, and Gururaj M. Sangondimath. Thoracic myelopathy due to ossification of ligamentum flavum: a retrospective analysis of predictors of surgical outcome and factors affecting preoperative neurological status. Eur Spine J. 2011 February; 20(2): 205-215.
- Sanghvi AV, Chhabra HS, Mascarenhas AA, Mittal VK, Sangondimath GM. Thoracolumbar spinal cord injury without radiological abnormality in an adult. Orthop Surg. 2013 Feb;5(1):64-7
- Mascarenhas AA, Thomas I, Sharma G, Cherian JJ. Clinical and radiological instability following standard fenestration discectomy. Indian J Orthop. 2009 Oct;43(4):347-51
- Dr. Amrithlal A Mascarenhas on Spinal chills and fever: Don't ignore these symptoms that could be signs of spondylodiscitis infection alerts doctor | Times Now. [Click Here](#)
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- Dr. Amrithlal A Mascarenhas on Pain in the back | The New Indian Express. [Click Here](#)
- Dr. Amrithlal A Mascarenhas on Should you be Concerned if You Notice Uneven Shoulders or Hips in your Child? Can it be a Sign of Scoliosis? | Hindustan Times | Big Yack. [Click Here](#)
- Manipal Hospitals Millers Road: Dr. Amrithlal A Mascarenhas on World Spine Day 2023: Common Spine Disorders That Affect Children, Youth and Adults | ABP Live. [Click Here](#)