



## **DR. SATISH RAO KALANJE**

Consultant - Rheumatology

### **Qualification**

MD, DABIM | Post-residency Fellowship in Immunology & Rheumatology (USA)

### **Overview**

Dr. Satish Rao Kalanje is a highly experienced rheumatologist in Bangalore. He is currently practising as a Consultant - Rheumatology at Manipal Hospital Millers Road. With over 25+ years of experience, Dr. Kalanje is known for his expertise in managing complex autoimmune and inflammatory conditions. He specializes in diagnosing and treating Arthritis, Ankylosing Spondylitis, Lupus, and Vasculitis. His approach combines immunomodulation therapies and biological treatments, targeting the root causes of these conditions and aiming for sustained symptom relief. Dr. Satish Rao Kalanje began his journey to medicine with an MBBS at Bangalore Medical College, Bangalore (1991), and pursued his MD - Postgraduate Residency in Internal Medicine at the University of Missouri, Columbia, USA (1997). Dr. Kalanje's extensive training includes a Fellowship in Immunology and Rheumatology from the University of Missouri, USA. He is also board-certified by the American Board of Internal Medicine (DABIM). His post-graduate residency in internal medicine solidified his foundation in advanced rheumatology and internal medicine practices. Dr. Satish provides comprehensive care to both inpatients and outpatients, offering

customized treatment plans based on the latest advancements in rheumatology. His management plans focus not only on immediate symptom control but also on long-term quality-of-life improvements for patients. Dr. Kalanje's expertise also extends to patient counseling and education, helping patients understand autoimmune disorders' complexities and the importance of ongoing management. He strongly emphasizes preventive care measures, especially for chronic conditions like rheumatoid arthritis and connective tissue diseases. He ensures patients achieve the best possible outcomes by guiding them on lifestyle adaptations, medication adherence, and regular follow-ups. He also counsels patients on biologic therapy options, immunosuppressive medications, and other cutting-edge treatments for severe rheumatic conditions. Over the years, Dr. Kalanje has actively contributed to rheumatology and immunology research. He is a member of the Indian Rheumatology Association and the Indian Medical Association, reflecting his dedication to maintaining high standards of professional expertise. His association with these professional societies enhances his knowledge of evolving trends and best practices in rheumatology.

### **Fellowship & Membership**

- Member, Indian Medical Association
- Member, Indian Rheumatology Association

### **Field of Expertise**

- Arthritis & Ankylosing Spondylitis
- Systemic Lupus & Connective Tissue Disease
- Systemic Autoimmune Disorders & Vasculitis

### **Languages Spoken**

- English
- Kannada
- Hindi
- Tamil