

DR. VASUNETHRA KASARGOD

Consultant - Pulmonology

Qualification

MBBS, MD (Pulmonary Medicine), European Diploma in Adult Respiratory Medicine (France)

Overview

Dr. Vasunethra Kasargod is an experienced pulmonologist in Bangalore, practising at Manipal Hospital Millers Road as a Consultant - Pulmonology & Respiratory Medicine. Dr. Vasunethra brings with him deep clinical insight and over a decade of dedicated experience in the field of respiratory medicine. With a robust academic background, including an MBBS and an MD in Pulmonary Medicine, as well as the prestigious European Diploma in Adult Respiratory Medicine from France, he is equipped to handle a broad spectrum of pulmonary conditions with precision, empathy, and a commitment to evidence-based care. At Manipal Hospital Millers Road, Dr. Vasunethra offers expert management of chronic respiratory disorders, including asthma, chronic obstructive pulmonary disease (COPD), interstitial lung diseases (ILDs), occupational lung conditions, and allergic airway diseases, such as allergic bronchopulmonary aspergillosis (ABPA). He is highly skilled in interpreting advanced pulmonary function tests, including spirometry, DLCO (Diffusing Capacity of the Lung for Carbon Monoxide), and FeNO assessments, ensuring accurate diagnosis and personalised treatment planning. His expertise in interventional

pulmonology enables him to perform advanced diagnostic and therapeutic procedures, including bronchoscopy, thoracoscopy, endobronchial ultrasound-guided transbronchial needle aspiration (EBUS-TBNA), and ultrasound-guided pleural interventions. He is proficient in managing pleural effusions and post-obstructive lung diseases and guiding intercostal drainage when necessary. These interventions are crucial in the diagnosis and staging of complex respiratory disorders such as lung cancer and ILDs. In respiratory critical care, Dr. Vasunethra has significant experience in managing acute respiratory failure, advanced ventilatory strategies, and complications of care. He is skilled in life-saving procedures, including endotracheal intubation, central venous catheterisation, and managing acid-base and electrolyte imbalances, often encountered in the intensive care setting. He has substantial experience in the management of tuberculosis, including multidrug-resistant TB, under structured programmes. His deep understanding of RNTCP protocols and DOTS-PLUS strategy ensures comprehensive TB care. In the field of sleep medicine, Dr. Vasunethra is trained in performing and interpreting level 1 and 2 polysomnography and is skilled in treating sleep-related breathing disorders, such as obstructive sleep apnoea (OSA). With a special interest in asthma and allergy care, Dr. Vasunethra offers skin prick testing, personalised immunotherapy, and long-term management of severe and difficult-to-control asthma cases. His holistic approach integrates pharmacological treatment with pulmonary rehabilitation, lifestyle counselling, and long-term monitoring. At Manipal Hospital Millers Road, Dr. Vasunethra Kasargod is recognised for his calm, patient-centric communication style and his dedication to comprehensive care that empowers patients with knowledge and clarity. He remains actively engaged with professional bodies such as the American Thoracic Society, the European Respiratory Society, and the Indian Chest Society, reflecting his commitment to global best practices. He speaks Kannada, Hindi, English, Telugu, and Marathi, enabling seamless interaction with a

diverse patient population.

Fellowship & Membership

- American Thoracic Society
- European Respiratory Society
- Indian Chest Society
- World Sleep Federation
- Karnataka Pulmonologist Association

Field of Expertise

- Interventional Pulmonology- Thoracoscopy, Endo Bronchial Ultrasound TBNA and Bronchoscopy . Ultra sound guided pleural fluid aspiration and intercostal drainage tube insertion.
- Asthma and allergy- Expertise is management of severe uncontrolled asthma, Immunotherapy, Skin prick allergy testing, interpretation of pulmonary function tests.
- Sleep Medicine- Level 1 and 2 polysomnography and management of sleep related breathing disorders.
- Interstitial Lung Diseases and Pulmonary hypertension management.

Languages Spoken

- Kannada
- English
- Hindi
- Telugu
- Marathi

Awards & Achievements

- Performed more than 1000 Bronchoscopy procedure. More than 500 EBUS and Thoracoscopy procedures.
- Faculty for Pulmonology in prestigious allergy orientation program “Advanced course for allergy and immunotherapy” conducted for International delegates for 5 consecutive years.
- Associated with National Tuberculosis Control Programme as a Consultant for 5years.

Talks & Publications

- Authored 11 publications in International and National Indexed Journals. Presented more than 20 papers/posters at International and National Conferences.
- RT-PCR false negatives: Doctors say syndromic approach needed- Dr Vasunethra Kasargod link— https://m.timesofindia.com/city/bengaluru/rt-pcr-false-negatives-doctors-say-syndromic- approach-needed/amp_articleshow/81751950.cms
- Nearly 80% increase in COVID-19 pneumonia cases, say doctors— Dr Vasunethra Kasargod—link — https://www.thehindu.com/news/national/karnataka/nearly-80-increase-in-covid-19-pneumonia- cases-say-doctors/article33135824.ece/amp/
- Construction dust: A major contributor to air pollution— Dr Vasunethra Kasargod— https://www.deccanherald.com/amp/city/construction-dust-a-major-contributor-to-air-pollution-771863.html
- 9 in 10 smokers find it hard to quit despite being aware of serious health risks— Dr Vasunethra Kasargod link—-https://m.economictimes.com/magazines/panache/9-in-10-smokers-find-it-hard- to-quit-despite-being-aware-of-serious-health-

risks/amp_articleshow/60055678.cms

- Stocking up on home-testing kits? Doctors believe the pricier RT-PCR test is a better option - Dr. Vasunethra Kasargod, Consultant Pulmonologist and Chest Physician, Manipal Hospital Millers Road. Click Here
- Dr. Vasunethra Kasargod on the New Omicron variant? No need to panic | Bangalore Mirror Click Here
- Dr. Vasunethra Kasaragod on Gasping for air post covid? Could be asthma | Bangalore Mirror. Click Here
- Dr. Vasunethra Kasaragod on World Asthma Day: Asthma disease makes children cry, understanding of parents can be useful | Navbharat Times. Click Here
- Manipal Hospital Millers Road: Dr. Vasunethra Kasargod on Needle in Lungs: Doc Pulls off Miracle | Bangalore Mirror. Click Here
- Manipal Hospitals Miller's Road: Dr Vasunethra on Sleep anxiety: Tips to Calm your Mind and Body before Sleeping Health | Hindustan Times. Click Here
- Manipal Hospitals Millers Road: Dr. Vasunethra Kasargod on Increase In Respiratory Illness In Younger Population: Precautionary Measures During Winter Season | India Times. Click Here
- Manipal Hospitals Millers Road: Dr. Vasunethra Kasargod on Chronic Obstructive Pulmonary Disease And Lung Cancer: Expert Explains The Connection Between The Two | Only My Health. Click Here