



#### DR. UMESH NAREPPA

Consultant - Cardiovascular and Thoracic Surgery

## Qualification

MBBS | MS | MCh

#### **Overview**

With over 25 years of in-depth knowledge, Dr. Umesh Nareppa is a respected cardiovascular and thoracic surgery consultant. He is presently a key employee of Bangalore's renowned Manipal Hospitals, Millers Road. Dr. Nareppa's rigorous attention to detail, accurate diagnostic abilities, and considerate patient care have earned him a well-deserved reputation. His knowledge enables him to handle difficult medical situations with outstanding competence and effectiveness. Dr. Nareppa's strong educational background and ongoing quest for knowledge are evidence of his commitment to greatness. He has an MCh in cardiothoracic and vascular surgery, an MS in general surgery, and an MBBS. He has pursued specialised training and fellowships in addition to his official schooling to deepen his competence. Notably, he finished a fellowship in adult cardiac surgery at Emory University in Atlanta, Texas, and earned useful expertise at the renowned Heart Institute in Houston. His affiliations are in well-known medical organisations, such as the International Society for Minimally Invasive Cardiothoracic Surgery and the Society of Thoracic Surgeons in the United States, that indicate Dr. Nareppa's dedication to furthering medical knowledge. Dr. Umesh is the best cardiothoracic surgeon in Bangalore. The extraordinary abilities and achievements of Dr. Nareppa have marked him as a leading figure in thoracic and cardiovascular surgery. He was a team member who performed the first heart transplant at Vikram Hospital, among other notable accomplishments. He has gained respect from peers and coworkers for his knowledge and leadership skills. Dr. Nareppa is a highly sought-after consultant in medical teams, where he plays a crucial role in providing patients with the finest treatment possible. He is acknowledged for his collaborative style and thorough attention to detail. Dr. Nareppa constantly works with the community in addition to his clinical and research activities to spread awareness and offer educational tools. He has given insightful lectures on challenging medical problems, demonstrating his proficiency in explaining complicated medical ideas. His efforts also go beyond the English-speaking community because he speaks Telugu, Hindi, and Kannada fluently, ensuring that patients from all linguistic backgrounds receive thorough treatment. Dr. Nareppa has also made significant contributions by translating medical material into Hindi so that a larger audience may understand it, such as the "Cardiometabolic Syndrome" webpage.

#### Fellowship & Membership

- · Adult Cardiac Surgery Fellowship, Emory University, Atlanta, USA.
- · International Cardiovascular Surgery Fellowship, Texas Heart Institute, Houston, USA.
- Society of Thoracic Surgeons, USA.
- International Society for Minimally Invasive Cardiothoracic Surgery, USA.



## **Field of Expertise**

- Adult Cardiothoracic Surgery
- Aortic Surgery
- · Minimally Invasive Cardiac Surgery
- · Heart Valve Repair
- · Mechanical Circulatory Support
- · Ventricular Assist Devices
- ECMO
- · Heart Transplant
- · Lung Transplant

## **Languages Spoken**

- English
- Hindi
- Kannada
- Telugu

# **Awards & Achievements**

· Associated with the first heart transplant at Vikram hospital.

#### **Talks & Publications**

- Floating right ventricular thrombus with bilateral pulmonary embolism in the absence of deep vein thrombosis and structural heart disease – a case report. Indian J Thorac Cardiovasc Surg (2017).
  Doi:10.1007/s12055-017-0535-9.
- A case of intralobar pulmonary sequestration in an elderly patient. Indian J Thorac Cardiovasc Surg (2016) 32: 295.
- Transvalvular mitral regurgitation following mitral valve replacement is a diagnostic dilemma. Ann Card Anaesth 2015; 18:584-6.
- Right ventricular thrombus in case of an atrial septal defect with massive pulmonary embolism: A diagnostic dilemma. Ann Card Anaesth 2016: 19: 173-6.
- Homograft Aortic Root- Hands-on workshop, Cryolife, Atlanta, USA (2013).
- Re-evolution Summit-Hands-on workshop on minimally invasive cardiac surgery, Methodist Hospital, Houston, Texas (2013).
- Editing a website on 'Cardiometabolic Syndrome' and its translation to the Hindi language (2012).
- Neurocognitive Behaviour Changes in Patients Undergoing Off-Pump Coronary Artery Bypass Surgery- A Prospective Observational Study, J Anaesth Clin Pharmacol 2008.
- Co-authored "Infundibular pulmonic stenosis with intact ventricular septum: A 10-year experience" which was presented at the Annual Conference of the Indian Association of cardiovascular thoracic surgeons (2005).