

DR. ASHOK BHAT

Consultant - Nephrology

Qualification

MBBS | MD (Med) | DM (Nephrology) | DNB (Nephrology)

Overview

Dr Ashok Bhat is a highly experienced Consultant Nephrologist at KMC Hospital, Mangalore, with nearly two decades of expertise in managing kidney-related conditions. He completed his MBBS from KMC Mangalore, followed by an MD in General Medicine and a DM in Nephrology from PGIMER, Chandigarh. He also holds a DNB in Nephrology, reflecting his strong academic and clinical foundation. Dr Ashok Bhat has been associated with the Department of Nephrology at KMC Mangalore since 2004, where he serves as a Consultant Nephrologist and Associate Professor. Over the years, he has gained extensive experience in diagnosing and treating a wide range of kidney disorders, focusing on both acute and chronic conditions. His key areas of expertise include clinical nephrology and kidney transplantation. He is skilled in managing adult kidney diseases, performing kidney biopsies, and providing dialysis care. He also treats childhood kidney conditions and offers medical management for kidney stones. In addition, he is actively involved in the evaluation and long-term care of kidney transplant patients, ensuring comprehensive and continuous support. Dr Ashok Bhat is a Life Member of the Indian Medical

Association and the Indian Society of Nephrology. He has contributed to several scientific publications in reputed journals, covering topics such as renal failure in the elderly, lupus nephritis, kidney biopsy safety, and outcomes in acute kidney injury. His research reflects a strong commitment to improving patient care through evidence-based practices. He has actively participated in national and international conferences and has delivered lectures as a faculty speaker in multiple continuing medical education programmes. Known for his practical approach and patient-focused care, Dr Ashok Bhat aims to provide timely diagnosis, effective treatment, and long-term kidney health management for his patients.

Fellowship & Membership

- Life member, Indian Medical Association
- Life member, Indian Society of Nephrology

Field of Expertise

- Clinical nephrology and kidney transplantation
- Management of adult acute and chronic kidney diseases
- Kidney biopsy
- Childhood kidney diseases
- Dialysis
- Medical management of kidney stones
- Work up and management of kidney transplant patients

Languages Spoken

- Kannada
- Tulu
- Malayalam

- Hindi
- English

Talks & Publications

- Publications in Scientific journals and books
- Renal Function and Drug use in elderly (Review Article). Current Medical Journal North Zone 2002; 8: 11-16.
- Management of Severe Lupus Nephritis. Postgraduate Medicine (APICON) 17th Vol. 2003 pp424-37.
- Spectrum of renal failure in elderly in elderly. Int Urol Nephrol Vol 38 (3-4) 759-765 Dec 2006
- Safety of renal biopsy in elderly. Int Urol Nephrol Vol 38 (3-4), 815-820, Dec 2006
- Predictors of mortality in elderly patients with acute renal failure in a developing country. Int Urol Nephrol Vol 39 (1); 339-344 March 2007
- Predictors of mortality in acute renal failure in a developing country: a prospective study. Renal failure Vol 29 (4); May 2007.
- Study of hypothalamic pituitary adrenal axis in patients with membranous nephropathy receiving modified ponticelli regime Nephrology 2005
- Mucormycosis of the transplanted kidney with renal papillary necrosis Experimental and clinical Transplantation 2013
- Intravenous iron sucrose and oxidative stress in chronic kidney disease stage4 and stage5 Nephrology Dialysis Transplantation 2014
- Mangalore observes World Kidney Day - ‘Take Good Care of Your God-Given KIDNEYS’ - CME ’23.