



DR. ARPITA G. GUJARATHI

Consultant - Emergency Medicine

Qualification

MBBS | MEM

Overview

Dr. Arpita G. Gujarathi is a dedicated Consultant in Emergency Medicine at KMC Hospital, Mangalore, with extensive experience in managing acute and life-threatening medical conditions. With a strong clinical foundation and hands-on expertise in emergency care, she is known for delivering timely, efficient, and patient-centric treatment in high-pressure situations. Dr. Arpita G. Gujarathi completed her MBBS from Smolensk State Medical Academy, Russia, followed by a Master's degree in Emergency Medicine (MEM) from Indiana Hospital and Heart Institute, Mangalore. Her specialised training has equipped her with advanced knowledge in emergency diagnostics, critical care, and rapid patient stabilisation. She began her medical career as a Resident Medical Officer (RMO) at Medipoint Hospital, Pune, and later worked at Magnum Heart Institute, Nashik, where she gained valuable exposure to cardiac and emergency cases. She further strengthened her expertise as a Duty Medical Officer in the Casualty Department at Indiana Hospital, Mangalore, managing a wide range of emergency cases before taking on her current role as Consultant in Emergency Medicine at KMC Hospital since February 2020. Dr. Arpita Gujarathi

specialises in handling trauma cases, acute stroke management, and critical emergencies requiring rapid assessment and intervention. Her professional interests lie in emergency medicine, where she focuses on improving patient outcomes through quick decision-making and evidence-based care. Known for her excellent diagnostic skills, strong medical acumen, and empathetic patient care, Dr. Arpita G. Gujarathi combines clinical expertise with effective communication and teamwork. She has experience in managing diverse emergency cases and stabilising patients efficiently, ensuring seamless coordination across departments. She has also contributed to academic work, including presentations on trauma and research on factors affecting delayed hospital arrival in stroke patients. Additionally, she is a member of the Society of Emergency Medicine of India (SEMI) and holds a valid Medical Council of India (MCI) registration. Dr. Arpita G. Gujarathi continues to play a crucial role in delivering advanced emergency medical care at KMC Hospital, Mangalore, making her a trusted name in emergency and critical care services.

Field of Expertise

- Emergency Medicine
- Trauma Management
- Acute Stroke Management
- Critical Care & Patient Stabilisation
- Emergency Diagnostics & Rapid Assessment
- Management of Life-Threatening Conditions
- Casualty & Emergency Department Care
- Cardiac Emergency Handling
- Patient Triage & Immediate Intervention
- Multidisciplinary Emergency Coordination

Languages Spoken

- English
- Hindi
- Kannada

Talks & Publications

- Presentation: Topics related to Trauma
- Research/Thesis: “Factors delaying hospital arrival of patients with acute stroke”