



## **DR. PRATHYUSHA PADIYAR**

Consultant - Rheumatology

### **Qualification**

MBBS | MD (Internal Medicine) | DM (Clinical Immunology and Rheumatology)

### **Overview**

Dr. Prathyusha Padiyar is a dedicated and experienced Rheumatologist, currently working at KMC Hospital, Mangalore as a consultant in the Department of Medicine. A profound commitment to the medical profession and a strong educational background have positioned Dr. Prathyusha as a trusted healthcare provider. She is the foremost Rheumatology Doctor in Mangalore. Dr. Prathyusha's academic journey began with an MBBS from Gandhi Medical College in Hyderabad, Telangana, followed by an MD in Internal Medicine from Osmania Medical College in Hyderabad. Driven by a passion for specialization, she worked as an Internal Medicine Consultant at a top hospital in Madhya Pradesh. Her pursuit of excellence further led her to Christian Medical College, Vellore, where she completed her DM in Clinical Immunology and Rheumatology. Subsequently, she has been serving as an Assistant Professor in the same department at Christian Medical College. In the year 2021, Dr Prathyusha was recognised with the Tamil Nadu Dr MGR University Gold Medal for the Best Outgoing Student in DM Rheumatology for her dedication and academic excellence. She has a great involvement in ground-breaking research

that focuses on studies such as Interstitial Lung Disease in Primary Sjogren's Syndrome, Neuropsychiatric Lupus and the critical characteristics of IPAF. Dr. Prathyusha remains committed to staying at the forefront of medical advancements by attending conferences and workshops. Some of the notable events include Clinical Rheumatology Conference 2019, IRACON 2019, South Zone IRACON 2022 and IRACON 2022 in Indore. All these participations reflect her commitment to continuous learning and the upgradation of her medical expertise. Dr. Prathyusha's academic excellence was further recognized with a first-place award in the APS section of CRC 2019 for an oral case presentation. Dr. Prathyusha Padiyar's profile underscores her commitment to advancing medical knowledge and providing exemplary care in Clinical Immunology and Rheumatology. Her academic achievements, research contributions, and active engagement in professional development make her a distinguished figure in the medical community.

### **Field of Expertise**

- Autoimmune diseases in pregnancy
- Interstitial lung disease due to autoimmune diseases
- Arthritis (Rheumatoid arthritis, Psoriatic arthritis, Ankylosing spondylitis)
- Lupus (SLE), Mixed connective tissue diseases, Sjogren syndrome
- Psychiatric problems due to Lupus (SLE)
- Inflammatory myositis and Scleroderma, Morphea
- Vasculitis (ANCA ass. vasculitis, Takayasu arteritis, Giant cell arteritis, Polyarteritis nodosa)
- Gout and related crystal arthropathies
- IgG4-related disease, and sarcoidosis.
- Degenerative conditions: Osteoarthritis, Fibromyalgia

### **Languages Spoken**

- English
- Hindi
- Kannada
- Telugu

### **Awards & Achievements**

- Tamil Nadu Dr. M.G.R. University Gold Medal (2021)
- First Place in Oral Case Presentation (APS section of CRC 2019, Hyderabad Conference)

### **Talks & Publications**

- Advances in Takayasu arteritis: An Asia Pacific perspective. Front Med (Lausanne). 2022 Aug 15;9:952972.
- Pregnancy in Takayasu arteritis narrative review. Int J Rheum Dis. 2021 Jun;24(6):758765.