

DR. VRINDA SHETTY

Consultant - OBG

Qualification

MBBS | DGO | DNB

Overview

Dr. Vrinda Shetty is an esteemed Obstetrician and Gynaecologist, currently working in KMC, Mangalore, dedicated to providing comprehensive care to women at every stage of their reproductive health journey. With a rich educational background and over two decades of professional experience, Dr Vrinda Shetty has solidified her reputation as a trusted expert in her field. She is the best gynecologist in Mangalore. Dr. Vrinda Shetty earned her MBBS from the prestigious Mysore JSS Medical College in 1994, followed by an MD in Obstetrics and Gynaecology from Father Muller Medical College, Mangalore, in 1996. This rigorous academic foundation equipped her with a profound understanding of women's health, enabling her to navigate complexities in patient care with expertise and empathy. She is the best Obstetrician and Gynecologist in Mangalore. Dr. Vrinda Shetty's areas of expertise encompass a broad spectrum of women's health, including prenatal care, intricate pregnancy management, and proficient treatment of various reproductive disorders. Dr. Vrinda Shetty's commitment extends beyond treatment; she actively engages in preventive care, conducting Pap test screenings and adeptly

detecting and managing sexually transmitted diseases. With an illustrious career spanning over 23 years as a consultant Obstetrician and Gynaecologist at top hospitals in Mangalore, Dr. Vrinda Shetty has demonstrated her unwavering dedication to patient well-being. Her tenure at this esteemed institution has honed her skills, allowing her to handle diverse cases with precision and compassion. She is the best Obstetrician Gynecologist in Mangalore. Dr. Vrinda Shetty's commitment to staying at the forefront of her field is evident through her active participation in various conferences and workshops across different cities. She views these platforms as invaluable opportunities to share her wealth of knowledge while continually enriching her understanding of patients' needs and perspectives. This commitment, coupled with her fluency in English, Kannada, and Hindi, facilitates seamless communication and fosters a deeper connection with her patients. Dr. Vrinda Shetty stands out for her patient-centric philosophy, where her primary focus is on providing holistic care tailored to each individual. Her empathetic approach, coupled with her extensive experience and continuous learning, ensures that her patients receive the highest standard of medical care while feeling heard, respected, and supported throughout their healthcare journey.

Field of Expertise

- High Risk Pregnancy
- Complex Gynaecological Procedures
- Management of Medical Disorders in Pregnancy
- Hysteroscopy
- Menstrual Disorders Management
- Diabetes in Pregnancy
- Contraception & Family Planning
- Menopausal Disorders Management

Languages Spoken

- English
- Hindi
- Kannada
- Tulu