



## **DR. AVINASH G KAMATH**

Consultant - Child & Adolescent Psychiatrist

### **Qualification**

MD Psy (NIMHANS) | PDF - Child & Adolescent Psychiatry (St. Johns)

### **Overview**

One of the best child and adolescent psychiatrists and therapists in Mangalore, Dr. Avinash Kamath is working in close liaison with paediatrics. Dr. Kamath has an experience of almost a decade working in general hospitals and also in a multidisciplinary team where collaboration with other specialists is needed to treat various disorders that usually affect children and adolescents. He provides scientific, evidence-based mental health interventions with a strong focus on individual and family-based interventions and treatments for helping young individuals recover from various mental health disorders as well as maintain overall mental well-being. His dedication and patient care brought him the reputation of one of the best child psychiatrists In Mangalore.

### **Field of Expertise**

- Neurodevelopmental disorders: Autism spectrum disorders, IDD, SLD, ADHD Tics and Tourette's.
- Behavioural Disorders in Children.
- Eating Disorders.

- School Refusal.
- Parent-mediated Interventions.

### **Languages Spoken**

- English
- Hindi
- Kannada
- Malayalam
- Konkani
- Tulu

### **Awards & Achievements**

- Dr. Kamath was honoured with the Excellence in Teaching 2015-16 award by Kasturba Medical College, Manipal on 19th March 2016.
- He was also bestowed with the David Sacket Memorial Award 2020 for his work on the 12th Annual International Course on Health Research Methodology and Evidence-based Medicine by St. John's Medical College and McMaster's University.
- Dr. Kamath has conducted several national and international workshops on various child and adolescent psychiatry subjects.
- He has been a part of more than 20 television, radio and online awareness programs.

### **Talks & Publications**

- Vishwanath, R., Kamath, A. G., Thomas, N., Guddattu, V., & Praharaj, S. K. (2023). The pattern of acquisition of theory of mind in pre-schoolers: A cross-sectional study from South India.

Asian Journal of Psychiatry, 81, 103443.

- Thomas, N., & Kamath, A. G. (2022). Medical and Psychological Management of Victimization. In *Victimology: A Comprehensive Approach to Forensic, Psychosocial and Legal Perspectives* (pp. 453-468). Cham: Springer International Publishing.
- Bhuyan, K., Kalyanpur, B., Phukan, D., Kv, S., T UDUPA, S. U. M. A., Kamath, A. G., & Prabhu, G. (2020). Ethical dilemmas in mental health resources for college students: A reflective case study. *Indian Journal of medical ethics*, VI, 1, 1-10.
- Dr. Avinash G Kamath on Anxiety in children and teens: A parental guide to understanding and recognizing their problem. [Click Here](#)