

DR. CHETHAN SHETTY

Consultant - Orthopedics, Foot and Ankle Surgeon

Qualification

MS (Ortho), D Ortho, DNB (Ortho), Dip in Football Medicine | Fellowship in Foot and Ankle Surgery (FFAS, Glasgow, UK) | MIPDEd (Edinburgh, UK)

Overview

Dr Chethan B Shetty is a highly skilled and dedicated Consultant Orthopaedic Surgeon specialising in Foot and Ankle Surgery. With an impressive academic background and extensive clinical experience, he has established himself as a leading expert in orthopaedics. He is currently associated with KMC Hospitals, Mangalore. Dr Chethan Shetty completed his MBBS from Father Muller Medical College, Mangalore, followed by a Diploma in Orthopaedics (D Ortho) from Kasturba Medical College, Mangalore. He further pursued his MS in Orthopaedics at Kasturba Medical College, Manipal, and attained a DNB (Ortho) from the National Board of Examinations, New Delhi. He also holds a diploma in football medicine and has completed fellowships in foot and ankle surgery in Glasgow, UK, and has received advanced medical education from the Royal College of Surgeons, Edinburgh. With over a decade of experience in orthopaedics, Dr Chethan Shetty has served in various capacities, including as a Senior Resident and Assistant Professor at Kasturba Medical College, Mangalore. His passion for foot and ankle surgery led him to advanced training, including clinical

fellowships at Golden Jubilee National Hospital, Scotland, and observerships in diabetic foot management at Queen's Hospital, Glasgow. He has authored several publications in prestigious medical journals and contributed book chapters on musculoskeletal disorders. His work has been recognised at national and international conferences, where he has presented numerous research papers and clinical case studies. Beyond his clinical and research contributions, Dr Chethan Shetty is committed to medical education. He has attended and conducted workshops on Ponseti clubfoot management, foot and ankle deformities, trauma care, and advanced orthopaedic techniques. His expertise extends to arthroscopy, sports injuries, and complex fracture management. Dr Chethan Shetty, the best Orthopedic Doctor in Mangalore, is a lifetime member of multiple prestigious orthopaedic associations, including the Indian Orthopaedic Association, Karnataka Orthopaedic Association, and Indian Foot and Ankle Society. Fluent in multiple languages, including English, Kannada, Hindi, Tulu, and Malayalam, he ensures effective communication with his diverse patient base. With a commitment to excellence and patient care, Dr Chethan B Shetty continues to advance the field of orthopaedics, particularly in foot and ankle surgery, by integrating the latest techniques, research, and innovative treatment approaches.

Fellowship & Membership

- Fellowship in Foot and Ankle Surgery (FFAS, Glasgow, UK)
- Member of SICOT (International Society of Orthopaedic Surgery and Traumatology)
- Lifetime Member of the Indian Orthopaedic Association (LM-11620)
- Lifetime Member of the Karnataka Orthopaedic Association (C-45)
- Lifetime Member of the Indian Foot and Ankle Society
- Lifetime Member of the Canara Orthopaedic Society

Field of Expertise

- Foot and ankle sports injury
- Ankle Arthroscopy/keyhole surgery
- Ankle Replacement
- Ankle Ligament Reconstruction
- Osteotomies of Foot
- Flat foot Reconstruction
- Paediatric foot Issues
- Charcot Foot Reconstruction
- Fusion of ankle and foot joints
- Toe surgery
- Hallux Valgus/ Bunion Correction
- Heel Pain
- Long-standing Pains in the foot
- Consultation on footwear modifications
- Foot and ankle Trauma Surgeries

Languages Spoken

- English
- Hindi
- Kannada
- Tulu
- Malayalam

Awards & Achievements

- Best Paper Award for research on osteosynthesis of peritrochanteric fractures at KOA-ICL 2017Finalist for Gold Medal Paper at KOACON 2018 for research on proximal femoral

anatomical variations
- Recognised faculty at multiple national and international orthopaedic workshops and courses
- Certified Microsoft Innovative Educator

Talks & Publications

- Comparison of Posterior and Lateral Surface Plating for Type B Weber Lateral Malleoli Fractures – Foot & Ankle Specialist, 2024
- Preoperative Estimation of Humerus Intramedullary Nail Length using Clinical Landmarks – Chinese Journal of Traumatology, 2023
- Peroneus Longus Tendon Autograft for ACL Reconstruction – Muscles, Ligaments and Tendons Journal, 2023
- A Comparative Analysis of Distal Locked vs Unlocked Long Proximal Femoral Nail Anti-Rotation (PFNA-II) for Stable Intertrochanteric Fractures – Chinese Journal of Traumatology, 2023
- Antiarthritic Effects of Turmeric and Curcumin – Chapter in Polyphenols: Prevention and Treatment of Human Disease
- Resveratrol in Osteoarthritis: A Memoir – The Chemistry Inside Spices and Herbs (In Publication)
- Turmeric and Curcumin for Arthritis: Evidence for its Therapeutic Use – The Chemistry Inside Spices and Herbs (In Publication)