

DR. HAROON H

Consultant - Internal Medicine

Qualification

MBBS | MD Internal Medicine | FICP | FGSI

Overview

Dr. Haroon Hussain is an experienced consultant physician and faculty member currently practising at KMC Hospital, Mangaluru, as Consultant - Internal Medicine. With over 18 years of clinical and academic experience, he brings extensive expertise to the field. He completed his medical degree and a Doctor of Medicine (MD) in Internal Medicine at Kasturba Medical College, Mangaluru, after which he was conferred the prestigious Fellowship of the Indian College of Physicians and a Fellowship of the Geriatric Society of India. To further strengthen his knowledge, he has also completed certifications in Critical Care and Infectious Diseases from the Indian Society of Critical Care Medicine, the Medicolegal Consultant Program from the Global Institute of Value Education Society, Geriatric Medicine & Gerontology from the Geriatric Society of India, and Essentials of Palliative Care from the Indian Academy of Palliative Care. He also completed an Antimicrobial Stewardship Certification from the Infectious Diseases Society of America. He is dedicated to bridging the gap between clinical excellence, medical ethics, and technological innovation. As an active researcher and innovator, Dr. Haroon Hussain holds five published

patent applications for non-invasive diagnostic tools and real-time monitoring systems, such as a urine-based immunofluorescence method and a saliva-based electrochemical sensing device. Dr. Haroon Hussain currently serves as a National Executive Member of the Geriatric Society of India and an Editorial Board Member for the Indian Journal of Geriatric Care. His expertise includes lifestyle metabolic disease, diabetes and hypertension management, geriatric medicine, infectious disease, and antimicrobial stewardship.

Fellowship & Membership

- Did a Fellowship of Indian College of Physicians (FICP)
- Did a Fellowship of the Geriatric Society of India (FGSI)
- Did an Antimicrobial Stewardship Certification from IDSA (Infectious Disease Society of America) & CIDS
- Did a Critical Care Infectious Disease (CCIDC) Course from the Indian Society of Critical Care Medicine (Jun 2022)
- Did the Medicolegal Consultant Program from the Global Institute of Value Education Society
- Did the Geriatric Medicine & Gerontology Certificate Course from the Geriatric Society of India (May 2022)
- Did the Essentials of Palliative Care Course from the Indian Academy of Palliative Care (2009)
- National Executive Member of the Geriatric Society of India
- Editorial Board Member of the Indian Journal of Geriatric Care

Field of Expertise

- Lifestyle metabolic diseases
- Diabetes management
- Hypertension management
- Infectious Diseases

- Medical Emergencies
- Healthy Aging
- Care of Older Adults
- Care of Senior Citizens
- General Physician
- Preventive Healthcare and Chronic Disease Management

Languages Spoken

- English
- Hindi
- Tulu
- Kannada
- Urdu
- Malayalam

Awards & Achievements

- Received a patent in Real-Time Inpatient Management System: Method for multispecialty hospitals (Published Jan 2026).
- Received a patent in Non-Invasive Diabetic Nephropathy Detection: Urine-based immunofluorescence method (Published Jul 2025).
- Received a patent in Non-Invasive Neonatal Jaundice Detection: Saliva-based electrochemical sensing device (Published Jul 2025).
- Received a patent in Pre-Hospital Emergency Monitoring: Real-time system and method (Published Jul 2025).
- Received a patent in Gynaecological Disorder Monitoring: Specialised device innovation (Published Mar 2025).

Talks & Publications

- Was an invited speaker at the prestigious Annual Conference of the Association of Physicians of India, Patna (Jan 2026) - National Faculty (APICON 2026)
- Was a speaker at the Annual National Conference of the Geriatric Society of India, Agra (Dec 2025) - National Faculty (GSICON 2025)
- Was a Speaker at the World Congress of Emergency Medicine Educators, Puducherry (Sep 2025).
- Was a speaker at the National Midterm Conference of Geriatrics, Bhubaneshwar (Jun 2025).
- Was a speaker at the First Annual State Conference of the Geriatric Society of India, Kerala (Oct 2025).
- Authored "Geriatric Giants in Indian Practice" in Progress in Medicine 2026 (Vol 36).
- Authored "Cardiac Failure in the Elderly" in Geriatric Medicine Update.
- Authored two chapters in "The Principles and Practice of Geriatric Medicine".
- Predictive accuracy of Neutrophil to Lymphocyte ratio (NLR) on the severity and outcome of COVID-19 patients. Journal of Datta Meghe Institute of Medical Sciences University
- Atypical presentation of post-infectious glomerulonephritis. Indian Journal of Nephrology
- Dr Haroon on Heatwave survival guide straight from an expert in an exclusive in healthshots.Click Here
- Dr Haroon on Monsoon season: How to boost your immunity to deal with diseases that spread during rains in Asianet Newsable.Click Here
- Dr. Haroon H on Hypertension and ways to tackle it in HT Healthshots. Click Here