



MAINA SHET

Certified Lactation Educator

Qualification

Certified Lactation Educator | La Leche League Accredited Leader |
Unicef IYCF Certified

Field of Expertise

- Dedicated to the promotion, protection & support of breastfeeding and human lactation.
- To Prevent & solve breastfeeding problems.
- Assisting families in the introduction to complementary feeding.

Languages Spoken

- English
- Hindi
- Kannada
- Konkani
- Tulu

Talks & Publications

- Maina Shet explains The magic of breast milk: Understand the

science behind breastfeeding on World Breastfeeding Week.
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