



## DR. THOMAS JOSEPH KISHEN

Consultant - Spine and Scoliosis Surgery

### Qualification

MBBS | DORTHO | DNB (Ortho) | FRCS (Edinburgh, UK)

### Overview

Dr. Thomas Joseph Kishen is the best spine and scoliosis surgeon at Manipal Hospitals in Malleshwaram, Bengaluru. With diverse qualifications and extensive experience, Dr. Kishen is renowned for his expertise in treating spinal disorders and providing comprehensive care to his patients. Dr. Kishen's educational background is impressive, having obtained his MBBS degree followed by DORTHO and DNB (Ortho) qualifications. He further honed his skills by earning the prestigious FRCS (Edinburgh, UK) certification. His thirst for knowledge and commitment to excellence led him to pursue various fellowships in spine surgery and spinal deformity surgery in Australia, where he gained invaluable experience and exposure to advanced techniques. In addition to his international fellowships, Dr. Kishen has also completed visiting fellowships in renowned institutions worldwide. He spent time at the Seoul Spine Institute in South Korea, studying under the guidance of Professor Se Il Suk. He also had the opportunity to visit Barnes Jewish Hospital, St. Louis Children's Hospital, and Shriners Hospital in the United States, where he trained with Dr. Lawrence Lenke at the Washington University School of Medicine in St. Louis, Missouri. Dr. Kishen is an esteemed member of several expert groups, which include the Association of Spine Surgeons of India, the Indian Orthopaedic Association in Bangalore, and the Bangalore Orthopaedic Society. These affiliations highlight his dedication to staying updated with the modern-day improvements in his area and be in contact with fellow specialists to exchange understanding and nice practices. With his good-sized training and understanding, Dr. Kishen focuses on each surgical and non-surgical treatment for spinal disorders. He is skilled in numerous procedures, including disc surgical treatment and spinal fusions at all spine levels, from the neck to the lower lower back. Additionally, he is talented in spinal injections, spinal tumour surgery, scoliosis, and kyphosis surgery. Dr. Kishen's complete method guarantees that his patients get personalised care as per their needs. Besides his scientific work, Dr. Kishen has contributed drastically to the clinical community through his research and publications. He has introduced talks on various subjects related to backbone surgical procedures and has been recognised for his splendid contributions. Dr. Kishen has received numerous awards and accolades at some stage in his career, together with the Dr. Balu Sankaran Gold Medal for attaining the first rank in the Diplomate of the National Board Exam in Orthopaedics in 2001. He was also honoured with the Professor M.V. Daniel Gold Medal for his exemplary commitment to patient care in 2000. Dr. Kishen is multilingual and quickly speaks English, Malayalam, Kannada, Tamil, and Hindi. Thanks to his multilingualism, he can successfully interact with patients from various backgrounds, ensuring that they are aware of their diagnosis and available treatments. Dr. Thomas Joseph Kishen has made and will continue to make major contributions to spine and scoliosis surgery because of his superb credentials, wealth of experience, and commitment to his patients. He has gained his patients' and peers' confidence and respect thanks to his dedication to excellence and sympathetic demeanour.

### Fellowship & Membership

- Fellowship in Spinal Deformity Surgery (Australia)
- Fellowship in Spine Surgery (Australia)
- Visiting Fellowship in Seoul Spine Institute with Prof Se Il Suk. South Korea. January 2008
- Visiting Fellowship in Barnes Jewish Hospital, St Louis Children's Hospital and Shriners Hospital with Dr. Lawrence Lenke, Washington University School of Medicine, St. Louis, Missouri, USA. September 2008
- Association of Spine Surgeons of India
- Indian Orthopaedic Association, Bangalore
- Bangalore Orthopaedic Society

## Field of Expertise

- Surgical and Non-Surgical treatment of Spinal Disorders including Disc Surgery and Spinal Fusions at all levels of the spine from the neck to the lower back
- Spinal Injections
- Spinal Tumour Surgery
- Scoliosis and Kyphosis Surgery

## Languages Spoken

- English
- Malayalam
- Kannada
- Tamil
- Hindi

## Awards & Achievements

- Dr. Balusankaran Gold Medal for `standing first in India in the Diplomate of the National Board Exam` in Orthopaedics for the year 2001.
- Professor M.V. Daniel Gold Medal for `Exemplary Commitment to Patient Care` for the year 2000 from PSG Institute of Medical Sciences, Coimbatore.
- Dr. Premananda Nayak Award for the `Best Outgoing D`Ortho Student` from MAHE University, Manipal for the year 1998
- ASSI-Depuy Best Spine Research Award at the ASI conference at Bangalore in January 2005 for the paper titled `Is single-stage posterior column shortening a safe and reliable procedure in active spinal tuberculosis.

## Talks & Publications

- Osteoporosis and kyphotic deformity: A very real risk for post-menopausal women - Dr. Thomas Joseph Kishen, Consultant - Spine Surgery, Spine Care, Manipal Hospitals, Old Airport Road. [Click Here](#)
- Manipal Hospital Old Airport Road: Dr. Thomas Joseph Kishen on It's all in the back: Managing lower back pain for better sleep | Happiest Health. [Click Here](#)