

DR. KAMALESH T N

Consultant - Neurology

Qualification

M.B.B.S. | M.D. (Med) | D.N.B. (Med) | D.M (Neurology)

Overview

Dr. Kamalesh T N is an exceptionally adept neurologist in Malleshwaram. He is currently practising as a Consultant - Neurology at Manipal Hospital Malleshwaram, Bangalore. Having over 13+ years of clinical experience in internal medicine and neurology, he provides comprehensive care for a wide range of neurological disorders, combining strong clinical expertise with a patient-focused approach. Dr. Kamalesh pursued his foundational MBBS degree at JSS Medical College, Mysore. He then completed his MD in General Medicine from the Kempegowda Institute of Medical Sciences (KIMS), Bangalore, followed by an additional DNB in General Medicine from the National Board of Examinations, New Delhi. Advancing into high-acuity neurosciences, he earned his DM in Neurology with distinction from the Bangalore Medical College and Research Institute (BMCRI), where he was awarded the university Gold Medal. He also holds a certified Diploma Course in Diabetes Mellitus from Middlesex University and a certified Cardiology Qualification from the Johns Hopkins Institute, broadening his multi-system diagnostic perspectives. At Manipal Hospital Malleshwaram, Dr. Kamalesh’s clinical practice covers a

comprehensive range of acute and chronic neurological conditions. His field of expertise spans the precise management of headache disorders, sleep disorders, vertigo, acute stroke (CVA), and complex epilepsy. He specialises in mapping out long-term therapeutic and metabolic strategies for progressive neurodegenerative conditions such as Alzheimer's dementia, Parkinson's disease, demyelinating disorders (Multiple Sclerosis), and specialised spinal cord pathologies. Recognised as one of the best neurologists in Malleshwaram, Dr. Kamalesh’s dual foundation in internal medicine and advanced neurosciences allows him to manage both common and complex neurological conditions seamlessly. Dr. Kamalesh possesses deep technical and procedural expertise in evaluating complex neuromuscular disorders involving nerves, muscles, and the neuromuscular junction (NMJ). As a recognised postgraduate teacher and RGUHS guide, his practice integrates advanced electrophysiological services with contemporary evidence-based medicine. His ongoing clinical trials investigate cutting-edge areas including the predictors of antepartum and postpartum cerebral venous thrombosis (CVT), peripheral nerve hyperexcitability secondary to heavy metal toxicity, and clinical-genetic correlations in hereditary spastic paraparesis (HSP). Dr. Kamalesh is a widely recognised clinical voice, winning the Best Paper Presentation Award at KAPICON 2017 and frequently presenting breakthrough neuro-audits at esteemed platforms like NEUROID (NIMHANS) and IANCON. He is a highly published author with over 16 scientific papers in indexed national and international journals. Fluent in Kannada, English, and Hindi, he balances his highly specialised clinical acumen with empathetic, clear communication to help patients and their families confidently understand intricate neurological recovery pathways.

Fellowship & Membership

- Indian Medical Association (IMA)

- Association of Physicians of India (API) – Active in Karnataka Chapter
- Indian Academy of Neurology (IAN)
- Karnataka Medical Council (Registered) – KMC No. 90099

Field of Expertise

- Headache disorders
- Sleep disorders
- Vertigo/Dizziness
- Neck pain and back pain
- Stroke / CVA
- Epilepsy
- Dementia (Alzheimer's and others)
- Parkinson's disease
- Spinal cord disorders
- Neuro infections
- Neuromuscular disorders (Nerve, muscle and NMJ)
- Demyelinating disorders (MS)

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- BEST PAPER PRESENTATION AWARD – KAPICON 2017 (state-level conference): MYSORE
- Certified diploma course in diabetes mellitus (PGDDM)

conducted by Middlesex University in 2017.

- Certified in a cardiology course by the JOHN HOPKINS INSTITUTE in the year 2014-15.
- 2ndPrize in the state-level MEDICINE QUIZ conducted by the API Mysore Chapter in 2010.
- 1st Prize in a MEDICAL QUIZ conducted by KIMS in 2013.
- Academic excellence award in 10th std.
- Gold Medal & Highest Marks (Distinction) – DM Neurology, Rajiv Gandhi University of Health Sciences (RGUHS)
- Best Outgoing Student – Dept. of Neurology, BMCRI
- Best Paper Presentation Award – KAPICON 2017 (Mysore)

Talks & Publications

- An unusual presentation of hypokalaemic paralysis at KAPICON-2014: HUBLI.
- An interesting case of non-resolving pneumonia in KAPICON-2014: HUBLI.
- A rare case of pulmonary AV malformation with recurrent anaemia-HHT in APICON-2015: GURGOAN.
- Study of end-stage liver disease in correlation with MELD score and MELD-Na score" in APICON 2015.
- The clinical study of audiologic manifestations of type 2 diabetes mellitus in association with other diabetic microvascular complications: an observational study in ACPCON2020.
- Pheochromocytoma Manifesting As Hyperglycemia And Recurrent Uti: A Case Report, Acpcon 2020.
- Cryptococcal infection in an immunocompetent host: A case report" in NEUROID, NIMHANS 2023.
- Focal cerebral arteriopathy (FCA) presenting as stroke in the young: A case report at KNACON 2024, TUMKUR.

- Paradoxical thrombosis after thrombolysis in acute ischaemic stroke: A case report at IANCON 2024.
- Case Report: A Rare Case Of Pulmonary AV Malformation With Recurrent Anaemia: Hereditary Hemorrhagic Telangiectasia. Published in LUNG INDIA. Journal, Year 2015, Volume 32, Issue 4, Page 384-388.
- Usefulness of MELD Score In Predicting In-hospital Mortality In Patients With End-stage Liver Disease: An Observational Study; Jemds Journal, June 2015, Issue 45, Volume 4.
- Comparison Of Child-turcotte-pugh Score And Renal Dysfunction In Predicting In-hospital Mortality In Patients With Decompensated Cirrhosis: An Observational Study; Ijss Journal, May 2015, Volume 3, Issue 2.
- An Interesting Case Of Non-resolving Pneumonia; Jemds Journal, April 2015, Volume 4, Issue 27.
- Comparative Study Of Clinical Profile Of Pneumonia Among Diabetic And Non-diabetic Populations; IJBMs Journal, March 2014.
- The clinical study of audiologic manifestations of type 2 diabetes mellitus in association with other diabetic microvascular complications: an observational study. International Journal of Advances in Medicine | July 2020 | Vol 7 | Issue 7 Page 1107.
- Comparison of Model for End Stage Liver Disease-Na score and Model for End Stage Liver Disease score in predicting in-hospital mortality in patients with end-stage liver disease: an observational study; International Journal of Advances in Medicine | May - June 2019 | Vol 6 | Issue 3 Page 932.
- Heat Intolerance and Hyperhidrosis as the only Presenting Manifestations of Acromegaly: A Case Report, 14(12), OD11-OD13. JCDR: Volume 14, Issue 12, December 2020. Click Here
- Primary Cardiac Angiosarcoma: Case Report Of A Fatal Disease,

Dr Pavitra K M, Dr Kamalesh T N, Dr Gireesh, Indian Journal Of Applied Research: Volume10 | Issue 10 | October 2020.

- Rare case of Hashimoto thyroiditis associated with immune thrombocytopenic purpura (ITP): a case report. IJAR: Volume 11, Issue 02, Feb 2021.
- Study of clinical profile and prognosis of patients with paraquat poisoning at Tertiary Care Hospital, Sullia, Dakshina Kannada, Karnataka, India. IJAR: Volume 11, Issue 02, Feb 2021.
- Study of serum vitamin D levels in Covid-19 patients: A cross-sectional study. Int. J. Med. Res. VOL. 6, ISSUE 1 (2021).
- Renal impairment in stroke: a retrospective comparison between ischaemic and haemorrhagic stroke variants. Asian Journal of Medical Sciences, expected in Jul 2021, Vol 12 Issue 7.
- Taste Dysfunction in COVID-19 Patients: A Cross-Sectional Observational Study. Bengal Journal of Otolaryngology and Head Neck Surgery, 2023-12-03 | Journal article. DOI: 10.47210/bjohns.2023.v31i2.898.
- Kounis Syndrome: Is it a Herald or Just a Mimicker of Acute Coronary Syndrome? Journal of Clinical and Diagnostic Research. 2023 Jun, Vol-17(6): OD01-OD02.
- Assessment of severity of Parkinson’s disease by optical coherence tomography. Asian Journal of Medical Sciences | Oct 2022 | Vol 13 | Issue 10.
- Pulmonary arteriovenous malformation & HHT – Luna India (2015)
- Audiologic manifestations in T2DM – Int J Adv Med (2020)
- Heat intolerance & hyperhidrosis in acromegaly – J Clin Diagn Res (2020)
- Sensorineural hearing loss in poorly controlled DM
- MELD score in end-stage liver disease
- Additional case reports on thyroiditis, cardiac angiosarcoma, diabetic vascular complications.

- Presentations: Regular at state/national/international conferences; Best Paper Award at KAPICON 2017.