



DR. SAJEET NAYAR

Consultant - General Surgery

Qualification

MBBS | MS in General Surgery | Diploma in Laparoscopy | FALS (Hernia) | FALS (Robotics) | FIAGES | Fellow of International College of Robotic Surgeons (FICRS)

Overview

Dr. Sajeet Nayar is a highly experienced general and laparoscopic surgeon in Malleshwaram, with over 18+ years of diverse expertise in advanced surgical care. He is currently practising as a Consultant - General Surgery at Manipal Hospital, Malleshwaram, Bangalore. With a strong focus on minimally invasive and robotic-assisted procedures, he is regarded as one of the best general surgeons in Malleshwaram for complex laparoscopic and laser-based surgical treatments. Dr. Nayar completed his MBBS from Kasturba Medical College, Manipal, followed by an MS in General Surgery from Shree Siddhartha Medical College, Tumkur. He further enhanced his surgical expertise through advanced training, including a Diploma in Laparoscopy from IAGES, along with fellowships such as FIAGES, FALS (Hernia), and FALS (Robotics). He is also a Fellow of the International College of Robotic Surgeons (FICRS), reflecting his advanced skills in modern minimally invasive and robotic surgical techniques. Dr. Nayar clinical expertise includes advanced laparoscopic hernia repairs, including TEP, TAPP, and complex abdominal wall reconstructions. He is highly skilled in laparoscopic

gastrointestinal surgeries, appendectomy, cholecystectomy, and bariatric (weight loss) surgery. He also specialises in laser and stapler procedures for haemorrhoids, fistula, fissure, and pilonidal sinus, offering minimally invasive solutions with faster recovery and improved outcomes. He has extensive experience in emergency and general surgical procedures, including trauma management, bowel resections, and complex abdominal surgeries. His expertise also extends to robotic-assisted surgery and therapeutic endoscopy, enabling precise and effective treatment for a wide range of surgical conditions. With a surgical experience of over 2,500+ major procedures, Dr. Sajeet Nayar is known for his clinical precision, safety, and patient-focused approach. In addition to his clinical practice, Dr. Nayar has been actively involved in academic and professional activities. He served as an Executive Committee Member of the Surgical Society of Bangalore and has contributed to research publications in reputed journals, particularly in the field of general and laparoscopic surgery. His continued engagement in surgical education and innovation reflects his commitment to advancing patient care. Fluent in Kannada, English, Hindi, and Malayalam, Dr. Nayar ensures effective communication and personalised care for patients from diverse backgrounds. His expertise in advanced laparoscopic, laser, and robotic procedures, combined with his extensive experience, makes him one of the best general surgeons in Malleshwaram for comprehensive and minimally invasive surgical care.

Fellowship & Membership

- Executive Committee Member, Surgical Society of Bangalore (2017-18)

Field of Expertise

- Advanced/Complex Laparoscopic Hernia Surgeries
- Laser Piles, Fistula, Fissure, and Pilonidal Sinus Surgery
- Weight Loss Surgery
- Stapler Circumcision
- Laparoscopic Gastro Surgeries

Languages Spoken

- Kannada
- English
- Hindi
- Malyalam

Talks & Publications

- "Subtotal Cholecystectomy - A Clinical Experience", International Journal of Scientific Study (2016)
- Early Surgical Management of Appendicular Mass: A Retrospective Analysis, International Journal of Scientific Study (2016)
- "Epidermoid Cyst of the Sole - A Case Report", Journal of Clinical and Diagnostic Research (Nov 2016)