

DR. ARUN KUMAR G C

Consultant – Spine Care

Qualification

MS - Orthopaedics | MBBS

Overview

Dr. Arun Kumar G C is an experienced spine specialist in Malleshwaram, Bengaluru, with extensive expertise in diagnosing and managing a wide range of spinal disorders. He is currently practising as a Consultant - Spine Care at Manipal Hospital Malleshwaram, where he provides comprehensive care for patients suffering from spinal injuries, degenerative spine conditions, and chronic back and neck pain. With a focused clinical approach to spine care, Dr. Arun Kumar is recognised as one of the best spine specialists in Malleshwaram for advanced spine treatment and rehabilitation. Dr. Arun Kumar G C completed his MBBS followed by an MS in Orthopaedics, building a strong foundation in musculoskeletal and spinal care. Over the course of his clinical practice, he has developed specialised expertise in treating complex spinal conditions using both conservative management and advanced surgical techniques. His clinical practice focuses on improving spinal stability, restoring mobility, and reducing pain through personalised treatment plans tailored to each patient’s condition. His areas of expertise include the management of spinal disc problems, spinal fusion procedures, and the treatment of spinal injuries and deformities.

Dr. Arun regularly treats conditions such as herniated discs, sciatica, scoliosis, spinal deformities, and neuromuscular spine disorders. He is also skilled in performing procedures such as spinal fusion surgery, spinal disc surgery, and percutaneous vertebroplasty for compression fractures. In addition, he provides specialised care for patients experiencing chronic back pain, lower back pain, and neck pain, using a combination of medical therapy, physiotherapy guidance, and minimally invasive spine procedures. Dr. Arun also manages complex spinal conditions, including spinal cord injuries and spinal deformities requiring corrective procedures. In addition to his clinical work, Dr. Arun Kumar actively participates in academic and professional activities. He has served as faculty at various national and international medical conferences and continues to stay engaged with the latest developments in spine surgery and orthopaedic care. He is also a member of professional organisations, including the Bangalore Orthopaedic Society, the Association of Surgeons of India (ASI), the Karnataka Orthopaedic Association, and the Indian Medical Association (IMA). Fluent in communicating with patients from diverse backgrounds, Dr. Arun Kumar focuses on educating patients about spine health, posture correction, and preventive care. With his comprehensive expertise in spine disorders and surgical management, he continues to be regarded as one of the best spine specialists in Malleshwaram for advanced spine care and spinal disorder management.

Fellowship & Membership

- Bangalore Orthopaedic Society
- Association of Surgeons of India (ASI)
- Karnataka Orthopaedic Association
- Indian Medical Association (IMA)

Field of Expertise

- Spinal Disc Surgery
- Spinal Fusion
- Spine Injury
- Spinal Therapy
- Spinal Disorders
- Spine Mobilization
- Neck and Spine Biopsy
- Back Pain Treatment
- Lower Back Pain Treatment
- Neck Pain Treatment
- Neuromuscular Disorders
- Sciatica Pain Treatment
- Scoliosis Correction
- Spinal Deformity Correction
- Percutaneous Vertebroplasty for Compression Fracture
- Spinal Cord Injury Treatment

Languages Spoken

- English
- Hindi

Awards & Achievements

- National and International Faculty in Various Conferences