

DR. MAHESH M

Consultant - Urologist

Qualification

MBBS | M.S | M.Ch. (Urology) | MRCS (Edinburgh) | Diploma in Laparoscopy (Strasbourg, France)

Overview

Dr. Mahesh M is an experienced urologist in Bangalore, with extensive expertise in endo-urology, andrology, laparoscopic and reconstructive urology, renal transplantation, and uro-oncology. He is currently practicing as a Consultant – Urology at Manipal Hospital Malleshwaram, Bangalore. With a career spanning 25+ years, Dr. Mahesh combines state-of-the-art surgical skills with compassionate patient care, ensuring that his patients receive individualised treatment backed by the latest advancements in urological science. He is the best urology doctor in Malleshwaram. Dr. Mahesh’s academic journey laid a robust foundation for his exemplary career. He began his medical education by earning his MBBS from Government Medical College, Bellary (1986 - 1992) under Gulbarga University. He then pursued an MS in General Surgery at Bangalore Medical College, Bangalore (1992 - 1995), honing his surgical dexterity and critical decision-making skills. In 2004, he further enhanced his credentials by obtaining the prestigious MRCS (Edinburgh) from the Royal College of Surgeons of Edinburgh, UK. Committed to mastering minimally invasive techniques, Dr. Mahesh completed a Diploma in Laparoscopy from the University of Strasbourg,

France, in 2012. His pursuit of excellence culminated in an M.Ch. in Urology/Genito-Urinary Surgery from Andhra Medical College, Visakhapatnam (2018–2021), further refining his expertise in this highly specialised field. As a top urologist in Bangalore, Dr. Mahesh M is responsible for the comprehensive management of urological patients across outpatient, inpatient, emergency, and elective settings. His surgical repertoire is broad, encompassing routine procedures such as TURP, TURBT, URSL, RIRS, PCNL, as well as advanced interventions including Nephrectomy, Partial Nephrectomy, Urethroplasty, Stappler Circumcision, Laser Procedures, HOLEP, MOLEP, REZUM (Water vapor therapy for prostate), TRUS Biopsy/Transperineal MP-MRI Fusion Prostate Biopsies, Renal Transplantations, and Reconstructive Urology Surgeries. Dr. Mahesh's professional affiliations are a testament to his commitment to staying at the forefront of his field. He is a respected member of the Royal College of Surgeons of Edinburgh, the American Urological Association, the Urological Society of India, the Karnataka Urological Association, the Bangalore Urological Society, the AP & Telangana Society of Urologists, and the Association of Southern Urologists. These memberships not only underscore his dedication to continuous professional development but also enable him to actively contribute to shaping the future of urological practice. Prior to his current appointment, Dr. Mahesh served as an Associate Professor in Urology at various institutions. In this academic role, he managed a high-volume outpatient clinic, caring for an average of 180 to 200 patients weekly, and performed a wide array of endo-urological and open surgical procedures. His tenure was marked by a strong commitment to teaching, where he mentored medical students, interns, junior residents, and M.Ch. trainees. Beyond his clinical and teaching roles, Dr. Mahesh is deeply involved in continuous professional development. He regularly attends national and international conferences and workshops, where he presents his research findings and learns about the latest innovations in urology. His dedication to research is evident in his numerous publications and

presentations, which have contributed significantly to the body of knowledge in urological surgery and patient care. Fluent in English, Hindi, Kannada, Telugu, Malayalam, and Tamil, Dr. Mahesh communicates effectively with a diverse patient base, ensuring that language is never a barrier to receiving quality care. His commitment to excellence, both in clinical practice and in academia, makes him one of the best urologists in Bangalore.

Field of Expertise

- Laser surgery in Prostate/Urouthiasis/in Urology
- Reconstructive Urology
- Urinary Stone Endoscopic Surgeries
- Female Urology

Languages Spoken

- English
- Hindi
- Kannada
- Telugu
- Malayalam
- Tamil

Talks & Publications

- Radiological and Hematological Parameters Predicting Success of Medical Expulsive Therapy in Patients With Ureteral Calculus Arshad Hasan, Vinod Kumar, Surya Kant Kumar, Mahesh M. Cureus. 2024 Aug 21;16(8):e67356. doi: 10.7759/cureus.67356. PMCID: PMC11415145 PMID: 39310590 (PubMed)
- Effect of Topical Tacrolimus in Patients of Non-Obliterative

Anterior Urethral Stricture Due to BXO Shivanand Prakash, M Mahesh, Vinod Kumar, Md. Faizan Sarwar, and Arshad Hasan Res. J. Med. Sci., Vol. 18, No. 5, 145-149, Jan 2024. Click Here

- Role of Urethral Lumen Narrowing in Predicting the Outcome of Optical Internal Urethrotomy Mahesh M, Madhu SN, Venkata Pradeep Kumar N, Venkata Ranga Swamy A International Journal of Life Sciences, Biotechnology and Pharma Research, Vol. 12, No. 4,1652-1656, Oct-Dec 2023. Online ISSN: 2250-3137 | Print ISSN: 2977-0122
- Study on Outcome of Supracostal and Subcostal Puncture in PCNL for Renal Calculus: A Retrospective Analysis Madhu SN, Mahesh M, Meyyappan RM, Senthil Kumar T, Srinivasan T, Saravanan J. International Journal of Life Sciences, Biotechnology and Pharma Research, Vol. 12, No. 4, 829-834, Oct-Dec 2023. Online ISSN: 2250-3137 | Print ISSN: 2977-0122
- Value of CT Angiography in Reducing the Risk of Hemorrhage Associated with Mini Percutaneous Nephrolithotomy. Dr. Surya Kant Kumar, Dr. Arshad Hasan, Dr. Vinod Kumar, Dr. Mahesh M. JCDR. 2024; Volume 15, Issue 4: 1405-1409. doi: 10.48047/jcdr.2024.15.04.170
- A Comparative Study of Polypropylene Mid-Urethral Slings and Autologous Pubovaginal, Slings in the Treatment of Female Stress Urinary Incontinence at a Tertiary Care Hospital Dr. Venkata Pradeep Kumar N, Dr. Maddala Sudarsana Rao, Dr. Mahesh M, Dr. Venkata Ranga Swamy A, Dr. Subba Rao Chodisetti, International Journal of Life Sciences, Biotechnology and Pharma Research, Vol. 13, No. 5, 180-185, May 2024. Online ISSN: 2250-3137 | Print ISSN: 2977-0122