

DR. CHIRAG L U

Consultant - Endocrinology

Qualification

MBBS | MD (Medicine) | DNB (Medicine) | DM (Endocrinology)

Overview

Dr. Chirag LU is an Endocrinologist in Bangalore who is currently practising at Manipal Hospital, Malleshwaram as a Consultant - Endocrinology. His journey in medicine began with an MBBS from Bangalore Medical College, where he displayed exemplary academic performance. He holds a DM in Endocrinology from Ramaiah Medical College, along with MD and DNB – both in Medicine. He is the best endocrinology consultant in Bangalore. With a career goal centred around patient care, Dr. Chirag LU is an expert in handling many metabolic conditions, such as patients with Diabetes Mellitus with various complications - Type 2 Diabetes, Type 1 Diabetes (Latest Management including Diabetes Reversal), Thyroid Disorders (Management and addressing commonly held myths about thyroid disorders), Pituitary and Adrenal Disorders, and Reproduction Infertility and Hypogonadism. Dr. Chirag’s expertise further extends to managing obesity, metabolic bone diseases, growth and development problems in children & adolescents, and other endocrine problems. Besides, his research prowess is evidenced by his numerous publications in esteemed medical journals covering a wide range of endocrine

disorders. His work includes studies on conditions such as Langerhans Cell Histiocytosis, Pheochromocytoma, ambiguous genitalia, and subclinical thyrotoxicosis, among others. In addition to his research contributions, Dr. Chirag LU has also presented papers at various national and international conferences, including the European Conference of Endocrinology on the topic - Neutrophil-lymphocyte Ratio in Type 2 Diabetes and APICON on Clinico-etiological Profile of Hepatitis C in a Tertiary Care Centre. As a member of the Karnataka Medical Council, Dr. Chirag LU is dedicated to improving patients' lives through cutting-edge research and clinical expertise. He is regarded as one of the best endocrinologists in Bangalore for his continual advancement in upholding patient care.

Field of Expertise

- Type 2 DM
- Type 1 DM (Latest Management including Diabetes Reversal)
- Thyroid Disorders (Management and addressing commonly held myths about thyroid disorders)
- Pituitary and adrenal disorders
- Reproduction infertility and hypogonadism

Languages Spoken

- Kannada
- English
- Assamese
- Hindi

Awards & Achievements

- Silver and Bronze medallist in National School games –

Badminton
- Black belt in Shotokan style Karate
- Captain of Rajiv Gandhi University Badminton team for 2 years

Talks & Publications

- Chirag LU, Rao S, Girishan S, Ramakrishna MP. Langerhans Cell Histiocytosis Presenting as Isolated Hypothalamic Involvement. Indian Pediatrics Case Reports. 2023 Oct 1;3(4):237-40.
- Chirag LU, Naushad AA, Kalra P, Selvan C, Ganavi YP, Kolla B, Sourabh S, Devamsh GN, Nikitha S, Sourabh Sr S. Pheochromocytoma: Clinical Experience From a Single Tertiary Care Center in India. Cureus. 2023 Jul 10;15(7).
- Chirag LU, Kalra P, Shashidhar A, Singh GJ, Saini J. Don’t pin it all on a stereotype. Indian Journal of Case Reports. 2023 Feb 14:34-7.
- Chirag LU, Kumbar L, Selvan C, Manjunath PR. A rare case report of ambiguous genitalia. Indian Journal of Child Health. 2023 Apr 24:52-5.
- Chirag LU, Dharmalingam M, Yamasandhi P, Manjunath P, Selvan C, Kalra P. Subclinical thyrotoxicosis and bone mineral density in pre-menopausal women. Indian Journal of Endocrinology & Metabolism. 2022 Dec 2;26.
- Chirag LU Sagar Saurabh, Manjunath PR, Pramila Kalra, Chitra Selvan 2 Clinical, Biochemical parameters and its Co-relation with Quality of Life in Congenital Hypothyroidism- A Cross-sectional study from a Tertiary Centre in South India. Azerbaijan Medical Journal 62 (8)
- Chirag LU, Dutta S, Saikia U, Devamsh GN, Barman R, Talukdar A. A study of type 2 diabetes mellitus with special reference to diabetic kidney disease and its co-relation with neutrophil-lymphocyte ratio. InEndocrine Abstracts 2021 Aug 31 (Vol. 75).

Bioscientifica.
- K R R, GN D, Kodur N, LU Chirag. Comparison of clinical parameters with APACHE-II, Sequential Organ Failure Assessment and Clinical Pulmonary Infection Score scores in predicting treatment
- outcome of patients with ventilator-associated pneumonia.
- Devamsh GN, Sheshan V, Chirag LU, Shetty A, Madhumathi R. Study of absolute neutrophil count and neutrophil-lymphocyte ratio in patients with type 2 diabetes mellitus and its correlation with diabetic nephropathy. APIK Journal of Internal Medicine. 2021 Apr 1;9(2):89-93.
- Oral paper at the prestigious European conference of Endocrinology on Neutrophil-lymphocyte ratio in type 2 diabetes.
- Oral paper in the official conference of Indian Thyroid Society 2023 – Subclinical thyrotoxicosis and bone mineral density in premenopausal women
- Oral paper in APICON Agra 2020 – Clinico-etiological profile of hepatitis C in a Tertiary care centre
- Case presentation –Isolated Hypothalamic Langerhans cell Histiocytosis, Karnataka Endocrine Society Meet 2021
- Poster presentation – Role of 11C Methionine PET scan in Cushing syndrome in ENDO UPDATE Sept 2022 Mumbai
- Poster presentation on – Hiding in Plain Sight –the ectopic source of cortisol excess in ENDO UPDATE Sept 2022 Mumbai"