

**DR. ANUSHA C M**

Consultant - Respiratory Medicine

**Qualification**

MBBS | MD (Respiratory Medicine)

## Overview

Dr. Anusha C M is one of the best pulmonologists and respiratory medicine doctors in Bangalore who is currently practising at Manipal Hospital Malleshwaram as a Consultant - Respiratory Medicine. With a special interest in interventional pulmonology, sleep disorders, allergies, and airway diseases, Dr. Anusha brings a unique perspective to her practice. Her professional skills include a comprehensive understanding of different conditions such as COPD, Bronchial Asthma, ILD, Tuberculosis, Pneumonia, Sleep apnea, and other respiratory ailments, with a particular emphasis on Critical Care. She is the foremost Lungs Specialist Bangalore. Dr. Anusha C M is adept at interpreting Pulmonary function tests and sleep study reports, allowing for accurate diagnosis and tailored treatment plans. Her expertise extends to managing interstitial lung disease, tobacco cessation, pleural effusion, lung cancer, occupational lung diseases, and many more. Dr. Anusha is also proficient in performing various procedures, including bronchial lavage, TBLB, assisted rigid thoracoscopy, TBNA, balloon tamponade, intercostal drainage tube insertions, CVC, intubation, arterial lines, and CPAP devices. Throughout her career, Dr.

Anusha C M has demonstrated exceptional clinical acumen, having undergone intensive training in ICU care during her post-graduation and independently handling several critical care cases. She played a pivotal role in managing the COVID-19 ICU at SUT Medical College, Trivandrum, showcasing her ability to handle high-pressure environments with professionalism and efficiency. Dr. Anusha's educational background includes an MBBS from Rajarajeshwari Medical College and Hospital, Bangalore, Karnataka and a Master's Degree in Respiratory Medicine from JNMC (KAHER), Belagavi, Karnataka, where she completed her residency between May 2017 and July 2020 and was also awarded the Best Thesis of the Year. Her contributions extend beyond clinical practice, as she has initiated the post-graduate course in the Department of Respiratory Medicine at Shree Uthradom Thirunal Academy of Medical Sciences, Thiruvananthapuram, Kerala during her role there as an Assistant Professor in Respiratory Medicine. Dr. Anusha C M has made significant contributions to the medical field through her publications in esteemed journals and presentations at national and state-level conferences. She has received specialised training in Bronchoscopy and Sleep medicine and is certified in Tobacco Cessation from NIMHANS. Dr. Anusha is an active member of several professional organisations, including the European Respiratory Society, Indian Chest Society, Indian Society for Sleep Research, and Asian Pacific Society of Respirology. Outside of medicine, Dr. Anusha enjoys pursuing her passions for dancing, sports, and travelling. She is trained in Carnatic music and Bharatnatyam, showcasing her diverse interests and commitment to personal growth alongside her professional endeavours.

### Fellowship & Membership

- European Respiratory Society
- Indian Chest Society
- Indian Society for Sleep Research

- Asian Pacific Society of Respirology

## Field of Expertise

- Airway diseases - Asthma
- COPD
- Bronchitis
- Sleep disorders
- Interstitial lung disease
- Bronchoscopy
- Tobacco cessation

## Languages Spoken

- English
- Kannada
- Hindi
- Marathi
- Malayalam

## Talks & Publications

- Journal Publication in Asian Journal of Oncology (Case report – Chylothorax: The Unusual Suspect)
- Journal Publication in MAR pulmonology (Case report- Pulmonary Langerhans' cell histiocytosis masquerades as pulmonary tuberculosis )
- Journal Publication in Indian Journal of Health Sciences and Biomedical Research( Original Research- Evaluation of sleep-disordered breathing my level 1 polysomnography in a tertiary care hospital )

- Journal Publication in Pulmon: Official publication of APCCM (Case report- A case of Ewing's sarcoma of the rib with metastasis to chest wall )
- Editorial Publication in Pulmon– Second wave of COVID-19 – What changed in India?
- Journal Publication in MAR pulmonology (Case report- Tuberculosis in disguise )
- Journal Publication in MAR pulmonology (Case report- There is more cough than meets the eye )
- Paper Presentation at National conference, NAPCON, Gujarat in 2018
- Paper Presentation at State level Conference, Pulmokarn, Mangalore in 2019
- Paper Presentation at State level Conference, Pulmokarn, Belagavi in 2018
- Poster Presentation at National Conference, NAPCON, Kochi in 2019
- Have been trained in the "Basic Bronchoscopy Workshop" conducted by the Department of Respiratory Medicine, BMCRI, Bangalore in 2019.