

DR. RITIKA SHANMUGAM

Consultant - Dermatology & Cosmetology

Qualification

MBBS from Vydehi Institute of Medical Sciences and Research Centre | MD from Vydehi Institute of Medical Sciences and Research Centre | FRGUHS (aesthetic dermatology) from Roots Institute of Medical Sciences

Overview

Dr. Ritika Shanmugam is a renowned dermatologist with a rich experience of 5+ years In the field of dermatology, venereology and leprosy with an added fellowship in aesthetic dermatology. She is known for her expertise in the management of acne, pigmentation, hair loss and ageing. Dr. Ritika Shanmugam is one of the best dermatology doctors in Malleshwaram.

Fellowship & Membership

- FRGUHS (Aesthetic Dermatology).
- Member of IADVL.
- Member of BDS.

Field of Expertise

- Acne

- Pigmentation
- Trichology- PRP, GFC, stem cell therapy, and hair loss treatment
- Anti - ageing
- Skin rejuvenation – chemical peels, microdermabrasion, mesotherapy, lasers (ablative and nonablative), botulinum toxin, and facial hyaluronic acid fillers
- Vitiligo
- Psoriasis
- Skin infections
- Skin allergies
- Paediatric dermatology
- Geriatric dermatology
- Cryotherapy
- Electrocautery
- Radiofrequency procedures

Languages Spoken

- English
- Hindi
- Kannada
- Tamil

Talks & Publications

- Worked and submitted a dissertation on: "Clinical Study of Vitiligo with other coexisting systemic comorbidities".
- Oral Paper – “Coexistence of Leprosy, Behcets and Systemic Lupus Erythematous", at 7th Annual Conference of IADVL Karnataka branch CUTICON-KN 2016, Hubbali
- Poster-“A rare case of Lymphangioma Circumscriptum.”, at

21st Dermazone South and 8th CUTICON Karnataka 2017, Mangalore.

- Comparison of fractional Co2 laser and fractional MNRF in the treatment of atrophic acne scars in the skin of colour in April 2019 at the 21st world dermatology and aesthetic congress, Kuala Lumpur Malaysia.
- Dr. Ritika Shanmugam on Is your shampoo causing hair loss? Watch out for these ingredients | Healthshots. Click Here
- Dr. Ritika Shanmugam on Can banana peel help alleviate symptoms of psoriasis? | Healthshots. Click Here
- Manipal Hospitals Malleshwram: Dr. Ritika Shanmugam on Have toenail fungus? Try tea tree oil to get rid of itClick Here