

DR. VIDHYAVATHI M

Consultant - Psychiatry

Qualification

MBBS | MD (Psychiatry)

Overview

Dr. Vidhyavathi M is a highly qualified and experienced psychiatrist at Manipal Hospital in Malleshwaram, Bengaluru. With an impressive list of qualifications, field expertise, and a wide range of services provided, Dr. Vidhyavathi is a dedicated professional committed to improving her patients' mental health and well-being. Dr. Vidhyavathi completed her MBBS and MD in Psychiatry from Rajiv Gandhi University of Health Sciences. Her educational background has equipped her with the necessary knowledge and skills to excel in her field. She has been a registered member of the Karnataka Medical Council since 2006. With expertise in various areas, Dr. Vidhyavathi specialises in child psychiatry, de-addiction, geriatric psychiatry, biological psychiatry, and the association of meant al illness with LGBTQ individuals. Her proficiency in these domains allows her to address a diverse range of mental health concerns effectively. As a consultant psychiatrist, Dr. Vidhyavathi offers her patients a broad spectrum of services. She provides help and remedy for conditions, including obsessive-compulsive sickness, schizophrenia, bipolar affective issues, and mental problems. Her good-sized information and revel in neuro-

psychiatry permit her to approach intellectual health problems holistically. Dr. Vidhyavathi is a foremost psychiatrist in Malleswaram. Dr. Vidhyavathi has also been actively working in studies and has contributed to psychiatry via her talks and courses. Her articles have been posted in authentic journals, which include the Indian Journal of Psychiatry and the Journal of Neuropsychiatry and Clinical Neurosciences. Her research covers a wide range of subjects, which includes the impact of psychiatric disorders on excellent life, sexual pleasure, and psychiatric co-morbidity in ladies. Additionally, she has explored the epidemiological determinants of substance abuse and investigated instances related to lithium toxicity. With fluency in multiple languages such as Kannada, English, Hindi, and Telugu, Dr. Vidhyavathi ensures effective conversation with her patients, making them understand their treatment process during consultations. Dr. Vidhyavathi is a highly sought-after psychiatrist in Bengaluru because of her dedication to her patient's health and significant knowledge and experience. She offers thorough and individualised care, adjusting her treatment strategies to each patient's needs. She is regarded as a trustworthy and acknowledged expert in psychiatry because of her sympathetic demeanour and commitment to her patient's mental health. Dr. Vidhyavathi is a tremendous gift to psychiatry due to her considerable training, contributions to research, and dedication to patient care.

Field of Expertise

- Child Psychiatry
- De-addiction
- Geriatric Psychiatry
- Biological Psychiatry
- Nanotechnology and Association of mental illness with LGBTQ

Languages Spoken

- Kannada
- English
- Hindi
- Telugu

Talks & Publications

- Amar Bavle, Vidhyavathi M. Rapid, illegible handwriting as a symptom of obsessive - compulsive disorder. Ind J Psychiatry 2014; 56 (2): 200–201.
- Amar Bavle, Vidhyavathi M. A case report of clozapine induced neutropenia and re-challenge. J Neuropscychiatry Clin Neurosci 2015; 27 (1): e61.
- NaufalK.T, Sathyanarayana M.T, Vidhyavathi M. Negative symptoms and quality of life in schizophrenia. Indian Journal of Basis and Applied Medical Research.2018:4(7):154-160.
- Vidhyavathi Malyam, Sumanth Tarikere Parameshwaraiah, Vishnuvardhan Gopalkrishna, Asha Chandahalli Sannappa, Vinoda Kumar. Quality of life, sexual satisfaction and psychiatric co-morbidity in women posted for hysterectomy.2018:26(7):2989-293.
- Rajashekar M, Mullapudi M, Vardhan V, Malyam V. Polyembolokoilamania: A Rare Case Report. J Med Sci 2019;5(3): 75–76.
- Parameshwaraiah ST, Gopalkrishna V, Malyam V, et al. Cross-sectional study of epidemiological determinants of substance abuse among male substance abusers attending a de-addiction centre in Bangalore city. J Evid Based Med Healthc 2021;8(29):2572-2577.
- Pai NM, Malyam V, Murugesan M, Ganjekar S, Moirangthem S,

Desai G. Lithium toxicity at therapeutic doses as a fallout of COVID-19 infection: a case series and possible mechanisms. Int Clin Psychopharmacol. 2022 Jan 1;37(1):25-28.