

DR. SANGEETHA RAO

Consultant - Ophthalmology

Qualification

MBBS | DNB (OPHTHALMOLOGY)

Overview

Dr. Sangeetha Rao is an experienced ophthalmologist in Malleshwaram, Bangalore, with expertise in medical and neuro-ophthalmology. She is currently practising as a Consultant - Ophthalmology at Manipal Hospital Malleshwaram, bringing over 10+ years of clinical experience in diagnosing and managing a wide range of ocular conditions, with focused proficiency in cataract surgery and retinal disorders. Dr. Sangeetha Rao has developed a comprehensive clinical approach to ophthalmology, grounded in detailed evaluation and precise diagnosis. Her combined expertise across cataract, retina, and glaucoma care strengthens her standing as one of the best ophthalmologists in Malleshwaram for patients requiring integrated ophthalmic management. Dr. Sangeetha is trained in identifying and treating disorders affecting vision through both ocular and neurological pathways, including optic neuropathies and optic neuritis. This depth of understanding enables her to approach visual disturbances with a broader clinical perspective, particularly when symptoms extend beyond primary eye pathology. Her expertise in these areas contributes to her recognition as one of the best ophthalmologists in

Malleshwaram for comprehensive eye care. A key area of Dr. Sangeetha's clinical practice is cataract management, where she is proficient in phacoemulsification surgery, which allows her to manage cataracts effectively while ensuring optimal visual outcomes and faster recovery. Alongside surgical care, Dr. Sangeetha maintains strong expertise in medical retina, focusing on conditions like diabetic retinopathy, macular degeneration, and other retinal vascular disorders. Her approach integrates early detection, regular monitoring, and timely intervention to prevent long-term vision loss. Dr. Sangeetha also has experience in managing uvea-related conditions and glaucoma, both of which require careful long-term monitoring and treatment adjustments. Her clinical practice involves evaluating intraocular pressure variations, identifying inflammatory eye diseases, and initiating appropriate medical or procedural interventions. Her interest in neuro-ophthalmology further adds depth to her practice. She evaluates visual symptoms linked to neurological causes, including vision loss associated with nerve dysfunction, headaches, and systemic conditions affecting the visual pathway. Dr. Sangeetha communicates effectively in English, Kannada, and Hindi, allowing her to connect with patients from diverse backgrounds. She places emphasis on explaining diagnoses clearly, outlining treatment options, and ensuring that patients are actively involved in decision-making. Her consultations are structured yet approachable, particularly for individuals managing chronic eye conditions that require long-term care.

Field of Expertise

- Ophthalmology
- Phaco Surgery
- Medical Retina
- Neuro Opthalmology
- Uvea and Glaucoma

Languages Spoken

- Kannada
- English
- Hindi

Talks & Publications

- Dr. Sangeetha Rao on Red and watery eyes? Don’t take it easy. Click Here