

DR. REBECCA GOSAVI

Consultant - Lactation

Qualification

BHMS | IBCLC

Overview

Dr Rebecca Gosavi is a highly experienced Lactation Consultant at Manipal Hospitals Kharadi, specialising in Paediatric and Child Care with over 10 years of expertise in breastfeeding support and early childhood nutrition. As an International Board Certified Lactation Consultant (IBCLC, USA), she is dedicated to helping new mothers achieve successful breastfeeding through personalised, evidence-based care. She provides comprehensive antenatal breastfeeding counselling in Pune, preparing expectant mothers for a confident feeding journey. Post-delivery, Dr. Gosavi offers hands-on guidance on proper latch, positioning, colostrum feeding, and breast milk expression. She also focuses on newborn growth and development monitoring, ensuring babies receive the best possible start during the crucial first two years. Dr Gosavi is widely recognised for her expertise in managing common and complex breastfeeding challenges. Her key areas include low milk supply treatment, engorgement, mastitis, blocked ducts, and nipple concerns such as sore, cracked, flat, or inverted nipples. She also specialises in relactation and induced lactation support, helping mothers restart or establish breastfeeding

successfully. Her care extends to babies with feeding difficulties, including preterm infants, twins, and those with conditions such as tongue-tie, cleft lip, or cleft palate. She also provides expert advice on complementary feeding after 6 months, ensuring balanced nutrition for growing infants. Understanding modern parenting needs, Dr Gosavi offers tailored breastfeeding support for working mothers, adoptive parents, surrogate families, and LGBTQ+ parents. Her inclusive approach ensures every family receives compassionate and practical guidance. In addition to clinical care, she actively contributes to breastfeeding awareness as a Mother Support Group Leader, IYCF Trainer, and BFHI Assessor with BPNI Maharashtra. For those seeking the best lactation consultant in Kharadi, Pune, Dr Rebecca Gosavi stands out as a trusted expert committed to maternal and child well-being.

Fellowship & Membership

- International Board Certified Lactation Consultant- IBCLC (USA)

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- Mother Support Group Leader, IYCF Trainer, BFHI Assessor with BPNI Maharashtra.
- Talks and newspaper article contributions during WBW awareness campaigns to protect, promote and support breastfeeding.

- Hands-on training for healthcare personnel and IBCLC appearing students.