

DR. VINAY KUMAR GAUTAM

Consultant - Orthopaedic, Shoulder, Arthroscopy & Sports Injury, and Joint Replacement Surgeon

Qualification

MBBS | Diploma in Orthopaedics | DNB Orthopaedics | Fellowship in Arthroscopy and Sports injury | Fellowship in joint replacement

Overview

Dr. Vinay Kumar Gautam is a highly skilled orthopedic surgeon currently associated with Manipal Hospital, Kharadi (Pune). With over 15 years of medical experience, including more than 10 years as an orthopedic specialist, he brings extensive clinical expertise in treating joint injuries, trauma, and degenerative conditions. He specialises in arthroscopy, sports injury management, joint replacement, and trauma care. Dr. Gautam is particularly known for performing minimally invasive procedures such as ACL reconstruction, rotator cuff repair, and meniscus surgeries, making him a trusted name in orthopedic care. He completed his MBBS from Maharashtra University of Health Sciences in 2010 and went on to earn a Diploma in Orthopaedics from PGIMS, Rohtak. He later achieved his DNB in orthopaedics and pursued advanced fellowships in arthroscopy & sports injury, as well as joint replacement surgery. His strong academic foundation is matched by his dedication to clinical research, and he has contributed to various national and international medical journals. His work has been recognised with academic awards, and he remains actively involved in

orthopedic conferences and training programs. Dr. Gautam’s approach to care is centered around patient well-being, combining precise diagnostics with individualised treatment plans. From ligament reconstructions to post-operative rehabilitation, he ensures every patient receives clear communication and thorough follow-up. His patient base ranges from athletes to elderly individuals, many of whom commend him for his compassionate manner, clinical precision, and successful outcomes in complex cases. At Manipal Hospital, Kharadi, Dr. Gautam continues to deliver high-quality orthopedic care through advanced techniques and a patient-focused approach. His mission is to restore mobility, reduce pain, and enhance quality of life by offering safe, evidence-based treatments. His commitment to excellence and innovation makes him a valuable asset to the hospital and the broader orthopedic community.

Fellowship & Membership

- Fellowship in Arthroscopy & Sports Injury (Shoulder and Knee).
- Fellowship in Joint Replacement Surgery.

Field of Expertise

- Arthroscopy Knee and Shoulder
- Sports Injury
- ACL Ligament Surgery
- Meniscus Surgery
- Multi ligament instability
- Shoulder pain
- Shoulder Replacement
- Frozen Shoulder treatment
- Rotator Cuff tear
- Shoulder dislocation

- Complex trauma
- Foot and ankle injuries
- Carpal tunnel syndrome
- Pelvic trauma
- Tendon injuries
- Non-Union of bones
- Arthrodesis or joint fusion
- Ilizarov’s fixator
- Limb lengthening
- Osteoporosis
- Intra-articular injections
- Osteomyelitis or bone and joint infections

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- Best Paper Award.

Talks & Publications

- Has published 5 International Journals.
- Dr. Vinay Kumar Gautam | Arthroscopic surgery | Explains its advantage | India Times. Click Here
- Why did Vinesh Phogat gain weight in a short time? Experts explain how this happens. Click Here