

DR. HRUSHIKESH MEHATA

Consultant - Orthopaedic Spine Surgeon

Qualification

MBBS | MS Orthopaedics | DNB Orthopaedics | ASSI Spine Fellowship

Overview

Dr. Hrushikesh Mehata is an internationally trained Consultant Orthopaedic Spine Surgeon at Manipal Hospitals, Kharadi, with over 14 years of dedicated clinical experience in advanced spine care. Recognised as a leading spine specialist in Kharadi, Pune, he is committed to delivering safe, evidence-based, and compassionate surgical and non-surgical solutions, ensuring optimal spinal function and rapid functional recovery for both adult and adolescent patients. Dr. Mehata completed his MBBS from the prestigious B. J. Medical College, Pune, followed by an MS in Orthopaedics from Sassoon General Hospital, Pune, and a DNB in Orthopaedics from Y.C.M. Hospital, Pimpri. To acquire premier global surgical training, he completed three advanced fellowships: an ASSI Fellowship in Spine Surgery across Lilavati, Wockhardt, and V.N. Desai Hospitals in Mumbai; an IASA Minimally Invasive Spine Surgery (MISS) Fellowship at Cedars-Sinai Medical Centre in Los Angeles, USA; and a specialised Spinal Deformity Fellowship at Queens Medical Centre, Nottingham, UK. His clinical expertise encompasses degenerative spine disorders, cervical and lumbar disc herniations, complex spinal deformities, spinal

trauma, and spinal tuberculosis. At Manipal Hospital Kharadi, Dr. Mehata champions cutting-edge Minimally Invasive Spine Surgery (MISS) and endoscopic spine surgery, performing precision microdiscectomies, anterior cervical discectomy and fusion (ACDF), lumbar decompression, and spinal instrumentation with minimal tissue disruption. He is highly adept at complex scoliosis and kyphosis deformity corrections, spinal tumor resections, and osteoporotic vertebral compression fracture management. Working alongside an integrated team of pain management specialists, radiologists, and physiotherapists at our modern spine hospital in Kharadi, he ensures patients experience reduced post-operative discomfort, minimal blood loss, and expedited hospital discharge. Known for his patient-first approach and clear communication, Dr. Mehata prioritizes non-surgical, conservative modalities whenever possible before considering surgical intervention. He is an active life member of elite surgical bodies, including the Association of Spine Surgeons of India (ASSI), the Indian Orthopaedic Association (IOA), Bombay Orthopaedic Society, and AO Spine Asia-Pacific. Fluent in English, Hindi, and Marathi, Dr. Mehata provides personalised spinal care to patients seeking the best spine surgeon in Kharadi.

Fellowship & Membership

- Spinal Deformity Fellowship, Queens Medical Centre, Nottingham, UKASSI.
- Fellowship in Spine Surgery, Lilavati Hospital, Wockhardt Hospital & V.N.Desai Hospital, Mumbai.
- IASA MISS Fellowship, Cedars-Sinai Hospital & Research Centre, Los Angeles, USA.
- Indian Orthopaedic Association Life Member
- Association of Spine Surgeons of India
- Life Member, Bombay Orthopaedic Society
- Life Member, AO Spine Asia-Pacific

Field of Expertise

- Minimally Invasive Spine Surgery (MISS)
- Treatment of Degenerative Spine Disorders
- Cervical and Lumbar Disc Disorders
- Spinal Infections, including Spinal Tuberculosis
- Management of Spinal Fractures and Trauma
- Adult and Adolescent Spinal Deformity Correction
- Osteoporotic Vertebral Compression Fractures
- Spinal Tumour Surgery
- Complex Spine Reconstruction Procedures
- Surgical and Non-Surgical Spine Care

Languages Spoken

- Hindi
- English
- Marathi