

DR. GANESH N MHETRAS

Consultant - Nephrology

Qualification

MBBS | MD Internal Medicine | DM Nephrology

Overview

Dr. Ganesh N. Mhetras is a leading nephrologist in Pune with over 15 years of clinical experience in treating a wide range of kidney disorders. He currently serves as a consultant in nephrology at Manipal Hospital, Kharadi. After completing his MBBS, he pursued an MD in Internal Medicine and further specialised with a DM in Nephrology. Throughout his career, Dr. Mhetras has been known for his precise diagnostic skills, compassionate care, and evidence-based treatment protocols. His areas of expertise include the management of acute kidney injury, chronic kidney disease, glomerular diseases, dialysis (both hemodialysis and peritoneal dialysis), kidney transplantation, and nephrology in critical care settings. He has a strong interest in tropical infections that affect kidney function and has successfully treated numerous complex cases involving multi-organ impact. Dr. Mhetras is also deeply involved in academics and research. He served as a faculty member at B.J. Medical College, Pune, and has contributed significantly to nephrology through clinical trials, case reports, and scientific presentations. Notably, his research on oxidative stress in glomerulonephritis was presented at the Indian Society of Nephrology

Conference, and he has participated in a phase III clinical trial on catheter-related infections. His academic excellence was recognised with the prestigious Dronacharya CME Excellence Award in 2021. In addition to clinical work, Dr. Mhetras has been featured in leading media platforms like The Times of India, Firstpost, and The Healthsite, where he educates the public on kidney health, hypertension, diabetes, and transplant-related issues. With his extensive experience and commitment to patient care, Dr. Ganesh Mhetras is widely regarded as one of the best nephrologists in Pune.

Fellowship & Membership

- Indian Society of Nephrology.
- International society of Nephrology.

Field of Expertise

- Acute Kidney Injury
- Chronic Kidney Disease
- Hemodialysis / Peritoneal Dialysis
- Transplant Nephrology
- Glomerular Diseases critical care nephrology tropical infections

Languages Spoken

- Marathi
- Hindi
- English

Awards & Achievements

- Dronacharya CME Excellence Awards 2021.

Talks & Publications

- Submitted a thesis in Medicine under the topic ‘Clinical and etiological profile of Epilepsy in the adult population in Mumbai' from Feb 2003 to Dec. 2006 at Topiwala National Medical College, Mumbai, India.
- Submitted a dissertation in Nephrology under the topic “Study of oxidative stress in primary glomerulonephritis” from Jan 2007 to Dec 2008 at PGIMER, Chandigarh.
- Paper Presentation wrote on” Oxidative stress in plasma and kidney in patients with primary glomerulonephritis” has been selected for oral presentation at the ANNUAL CONFERENCE OF the INDIAN SOCIETY OF NEPHROLOGY 2010.
- Worked as study coordinator in phase III clinical trial on catheter-related infections in Aug 2005 at Nair hospital, Mumbai.
- An interesting radiological image described as "abdominal cocoon" a case of abdominal tuberculosis in chronic kidney disease published in the annals of gastroenterology in 2013.
- Worked as study coordinator in phase III clinical trial on catheter-related infections in Aug 2005.
- Manipal Hospital Pune - Kharadi: Dr. Ganesh Mhetras on all-you-need-to-know-about-kidney-damage- on HerZindagi.Click Here
- Dr. Ganesh Mhetras on Diabetes can have adverse effect on kidneys Firstpost | Exclusive story.Click Here
- Dr. Ganesh Mhetras on Can high blood pressure harm your kidneys? Here's what an expert says The Times of India | | Exclusive Story. Click Here
- Dr. Ganesh Mhetras on Kidney Transplant for End-Stage Renal Disease: Top 6 Myths That May Surprise YouThe Healthsite | |

Afayuthored Article. Click Here

- Exclusive coverage in Maharastra Times (Online) basis the article shared on behalf of Dr.Ganesh Mehtras. Click Here
- World Kidney Day | Dr. Ganesh Mhetras | Times of India. Click Here
- Kidney Disease: □□□□ □□□ □□□□□ □□□ □□ □□□□□ □□ □□□□□ □□□□□ □□□□□ □□ □□□□, □□□□□ □□□□□□. Click Here
- Considering a Kidney Transplant? 5 Questions You Must Ask Your Nephrologist. Click Here