

DR. SAYANTANI MUKHERJEE

Consultant - Psychiatry

Qualification

MBBS | DNB Psychiatry | MD Psychiatry | MIPS

Overview

Dr. Sayantani Mukharjee is the best psychiatrist in Pune with 12 years of experience. She holds an MBBS degree, MD and a DNB in Psychiatry. She believes in a holistic approach and uses a combination of medicines, counselling and therapy to help her patients. Apart from general psychiatric illnesses, she also treats disorders in child/ adolescent psychiatry, old age psychiatry, neuropsychiatry, headaches, sexual disorders, individual/ group/ marital and family therapies and deaddiction. She also does stress management, anger management, behavioural disturbance management and counselling of students and parents. Apart from the clinical side, she is an avid researcher and has published several papers internationally as well as nationally. She also teaches and conducts workshops for stress management, parenting problems and addictions.

Fellowship & Membership

- FIPS

Field of Expertise

- Neuro-behavioral disorders
- Headache and epilepsy
- Child and adolescent psychiatry
- Marital and psychosexual
- Drug abuse and deaddiction
- Anxiety and depression disorders
- Psychosis & Mood disorders
- Mental retardations and learning disabilities
- Personality disorders
- Stress management
- Individual and interpersonal counseling
- CBT
- Dementia and other old-age psychological issues
- Sleep management
- ADHD
- Intellectual Disabilities
- Supportive Counselling For LGBTQIA+ Community
- Transition Counselling

Languages Spoken

- English
- Hindi
- Bengali
- Marathi
- German
- French
- Gujarati

Awards & Achievements

- Niloufer Award in IACAM-CON 2011 for the paper "Effectiveness of Integrated Therapy in Autistic Children.
- L.P. Shah Award in Bombay Psychiatric society annual meeting 2013 for paper.
- Dr. P.C. Shastri Best Thesis award 2013.
- Best Speaker at the Bombay Psychiatric Society Annual Postgraduate Debate Competition 2012.
- Authored/ co-authored/ edited articles for local English as well as Marathi publications.
- National level Quiz and state level Debate competition winner during post-graduation.
- Best Speaker at the Bombay Psychiatric Society Annual Postgraduate Debate Competition 2012.

Talks & Publications

- Published research papers in 2 International & 9 National journals.
- A regular speaker at public psycho-education, stress-management, de-addiction and parenting seminars.
- Takes lectures for psychiatric social workers and nursing interns at Chaitanya Institute for Mental Health.
- Dr. Sayantani Mukherjee, Psychiatry Consultant | paralyzing effects of depression. Click Here