



DR. ANAND P

Consultant - Paediatric Rheumatology

Qualification

MBBS | MD (Paediatrics) | DNB | EULAR Fellow Gaslini Hospital, Genoa, Italy

Overview

Dr. Anand P is a distinguished paediatric rheumatologist in Kanakapura Road with rich experience of over 21+ years in paediatrics and 15+ years of focused expertise in paediatric rheumatology. He is currently practising as a Consultant – Paediatric Rheumatology at Manipal Hospital Kanakapura Road, Bangalore, managing childhood autoimmune disorders, inflammatory joint diseases, vasculitis, connective tissue disorders, and complex immune-mediated conditions affecting children and adolescents. Dr. Anand completed his MBBS and MD in Paediatrics from the University of Mumbai and subsequently went on to pursue a Diplomate of National Board (DNB) in Paediatrics. To further strengthen his super-speciality expertise, he pursued an EULAR Fellowship in Paediatric Rheumatology at the internationally renowned Gaslini Hospital, Genoa, Italy, where he gained extensive exposure to complex pediatric autoimmune and inflammatory diseases. He was also previously associated with the Paediatric Rheumatology Society (President), contributing immensely to furthering the field of paediatric rheumatology. As one of the best paediatric rheumatologists in Kanakapura Road, Dr. Anand's clinical

practice involves the diagnosis and long-term management of juvenile idiopathic arthritis, paediatric connective tissue diseases, lupus, Kawasaki disease, juvenile dermatomyositis, autoinflammatory syndromes, vasculitis, chronic musculoskeletal pain syndromes, and immune-mediated inflammatory disorders. He is also experienced in biologic therapies, immunomodulator management, intra-articular procedures, disease activity monitoring, and coordinated rehabilitation strategies for children with chronic rheumatological illnesses. Being attached to a tertiary-care hospital setup allows Dr. Anand to manage children requiring advanced infusion therapies, imaging-guided evaluation, multidisciplinary consultations, and inpatient care for complex autoimmune disorders. His expertise extends beyond routine consultations into procedure-oriented rheumatology care, including joint aspiration procedures, intra-articular steroid injections, biologic infusion monitoring, and systemic inflammatory disease management requiring close coordination with paediatric intensive care, nephrology, neurology, and immunology teams. His expertise in rare paediatric inflammatory conditions makes him a well-known paediatric rheumatologist in Kanakapura Road, Bangalore for children requiring specialised care. Dr. Anand is widely recognised for his contributions to paediatric rheumatology research and rare disease documentation. He described the phenotype of the first human subject identified with a SHARPIN gene mutation and documented the first reported cases of MAJEED syndrome outside West Asia, contributions that significantly advanced understanding within paediatric rheumatology and immunogenetics. His academic contributions also include over 30+ indexed publications focused on autoimmune and inflammatory disorders in children.

Fellowship & Membership

- Fellowship in Paediatric Rheumatology (Gaslini Hospital, Genoa, Italy)

- Current President of Paediatric Rheumatology Society.

Field of Expertise

- General Paediatrics
- Paediatric Rheumatology

Languages Spoken

- Kannada
- English
- Hindi
- Marathi
- Telugu

Awards & Achievements

- Described the phenotype of the first human subject of SHARPIN gene mutation.
- Described the first patients with MAJEED syndrome outside of West Asia.

Talks & Publications

- 13 Indexed publications