



DR. ARAVINDA G M

Consultant - Internal medicine

Qualification

MBBS | MD (General Medicine)

Overview

Dr. Aravinda G M is an experienced internal medicine specialist in Kanakapura Road with more than 20+ years of expertise in adult medicine, infectious diseases, diabetes management, hypertension care, and preventive health. He is currently practising as a Consultant – Internal Medicine at Manipal Hospital Kanakapura Road, Bangalore, where he manages a wide spectrum of acute and chronic medical conditions with a strong focus on evidence-based treatment, long-term disease monitoring, and patient-centred care. His expertise in infectious disease management, metabolic disorders, and geriatric medicine has positioned him among the best internal medicine specialists in Kanakapura Road for comprehensive adult healthcare and preventive medical management. Dr. Aravinda completed his MBBS from the University of Mysore in 1998, followed by MD and DNB in General Medicine from the same university in 2001. Over the years, he has developed extensive clinical expertise in the management of diabetes, hypertension, asthma, persistent fevers, typhoid, dengue, respiratory infections, and immunocompromised conditions. At Manipal Hospital Kanakapura Road, Dr. Aravinda manages both outpatient and

inpatient medical care, including acute infectious illnesses, chronic disease management, geriatric health concerns, metabolic disorders, and complex internal medicine cases. He is experienced in handling high-risk patients with multiple coexisting medical conditions and routinely coordinates multidisciplinary care pathways when advanced evaluation or hospital-based management is required. Dr. Aravinda's expertise also extends to the management of seasonal and community-acquired infections, including dengue, malaria, typhoid, influenza, respiratory infections, and post-viral complications. During the COVID-19 pandemic, Dr. Aravinda played an active role in public health awareness, inpatient management, and clinical discussions surrounding infectious disease preparedness and critical care planning. His clinical understanding of infectious diseases and chronic adult medicine has established him among the best general physicians in Kanakapura Road for holistic adult and geriatric medical care. Alongside his clinical responsibilities, Dr. Aravinda remains actively involved in academic discussions, medical awareness initiatives, and public health communication. He regularly contributes expert opinions to healthcare discussions relating to infectious diseases, vaccination awareness, seasonal illnesses, post-COVID recovery, and preventive medicine. Fluent in English, Kannada, Hindi, and Malayalam, Dr. Aravinda communicates comfortably with patients from diverse backgrounds, ensuring clarity during consultations and treatment discussions. His combination of extensive clinical experience, preventive healthcare expertise, and patient-focused medical care continues to make him a trusted name in internal medicine and geriatric healthcare in Bangalore.

Field of Expertise

- Specialist in Infectious Disease
- Diabetes
- Hypertension

Languages Spoken

- English
- Kannada
- Hindi
- Malayalam

Talks & Publications

- Coverage update - Karnataka in grave trouble - Dr. Aravinda GM, consultant - Internal Medicine, Jayanagar, Manipal Hospital [Click Here](#)
- HOT SHOTS- Dr Arvinda GM, Internal Medicine - Consultant Physician, Manipal Hospitals Jayanagar [Click Here](#)
- Industry Story: B'luru docs don't want to write off Remdesivir yet- Dr. Aravinda GM, Internal Medicine - Consultant Physician, Manipal Hospitals Jayanagar [Click Here](#)
- Amid COVID-19, demand for flu shots rises 5-fold - Dr. Aravinda GM, Internal Medicine - Consultant Physician, Manipal Hospitals Jayanagar. [Click Here](#)
- Travel, New Year parties and after - Dr. Aravinda GM, Internal Medicine - Consultant Physician, Manipal Hospitals Jayanagar. [Click Here](#)
- Dr. Aravinda GM, Consultant-Internal Medicine, Manipal Hospitals. [Click Here](#)
- Second Covid wave? Too soon to say, says experts - Dr. Arvinda GM, Consultant Physician - Internal Medicine, Manipal Hospitals, Jayanagar. [Click Here](#)
- Private hospital doctors say govt should increase ICU beds to tackle Covid cases - Dr. Aravinda G M, Consultant - Internal Medicine, Manipal Hospitals, Jayanagar. [Click Here](#)
- Is double masking necessary in Bengaluru? - Dr. Aravinda G M,

Consultant - Internal Medicine, Manipal Hospitals, Jayanagar.
[Click Here](#)

- 2nd wave catches 'em young, 20 - 39 age group at risk - Dr. Aravinda G M, Consultant - Internal Medicine, Manipal Hospitals, Jayanagar. [Click Here](#)
- Post Covid Syndrome, problems after recovery from Covid Infection - Dr. Aravinda GM, Internal Medicine - Consultant Physician, Manipal Hospitals, Jayanagar. [Click Here](#)
- Stressed? Here's how docs are healing themselves - Dr. Aravinda GM, Consultant Physician - Internal Medicine, Manipal Hospitals, Jayanagar. [Click Here](#)
- World Malaria Day 2022: All you need to know about causes, symptoms, and treatment - Dr. Aravinda GM, consultant, Internal Medicine, Manipal Hospital, Jayanagar. [Click Here](#)
- Dr. Aravinda GM on Dengue returns to haunt Karnataka | The New Indian Express. [Click Here](#)
- Dr. Aravinda GM on Dengue spreading wings again, Bengaluru reports 1,154 cases this year | The Times of India. [Click Here](#)
- Dr. Aravinda G M on Vaccine-preventable diseases pose a high risk during monsoon: Experts | DT Next. [Click Here](#)
- Dr. Aravinda GM on Beware of the off-season flu blues | Bangalore Mirror. [Click Here](#)
- Manipal Hospitals Jayanagar: Dr. Aravinda G M on Dengue-like symptoms but -ve result: Bengaluru has a strange problem [Click Here](#)