

DR. JISHA K

Consultant - ENT

Qualification

MBBS | DLO | DNB

Overview

Dr. Jisha K is a highly accomplished ENT specialist in Kanakapura Road, bringing 18+ years of comprehensive clinical experience, including 15+ years exclusively in Otorhinolaryngology. She is currently practising as a Consultant - ENT at Manipal Hospital Kanakapura Road, Bengaluru, where she delivers advanced, evidence-based medical and surgical care for complex disorders of the ear, nose, throat, and skull base. Known for her surgical skill, clinical leadership, and compassionate patient care, Dr. Jisha is regarded as one of the best ENT surgeons in Kanakapura Road, Bangalore. Dr. Jisha completed her MBBS from JJM Medical College, Davangere, in 2008. Dedicated to surgical specialisation in ear, nose, and throat disorders, she completed her Diploma in Otorhinolaryngology (DLO) from the prestigious Bangalore Medical College and Research Institute (BMCRI) in 2013, followed by the Diplomate of National Board (DNB) in Otorhinolaryngology from the renowned MAA ENT Hospitals, Hyderabad, in 2015. Over nearly two decades of clinical service, she has held leadership and senior clinical positions across major healthcare institutions in Bengaluru. At Manipal Hospital Kanakapura

Road, Dr. Jisha K provides an extensive range of advanced diagnostic, microscopic, and endoscopic interventions. As a top ENT doctor in Kanakapura Road, Bangalore, her otological expertise covers microscopic and endoscopic ear surgeries, including myringoplasty, tympanoplasty, cortical and modified radical mastoidectomy, facial nerve decompression, stapedectomy, and ossiculoplasty. In rhinology and skull base surgery, she specialises in Functional Endoscopic Sinus Surgery (FESS), endonasal dacryocystorhinostomy (DCR), septoplasty, CSF rhinorrhoea repair, and anterior skull base interventions. Her surgical practice also features minimally invasive coblation-assisted procedures for adenoidectomy, tonsillectomy, and oropharyngeal tumours, which minimise tissue damage and support rapid post-operative recovery. In laryngology and head and neck surgery, Dr. Jisha performs microsurgery for vocal cord polyps, vocal nodules, cysts, and benign laryngeal growths, as well as thyroidectomies, parotidectomies, and submandibular/sublingual salivary gland excisions. She has extensive experience in paediatric ENT care, drug-induced sleep endoscopy (DISE) for the evaluation of snoring and obstructive sleep apnoea (OSA), tracheostomies, and the comprehensive medical management of vertigo, chronic vestibular disorders, swallowing difficulties (dysphagia), and respiratory allergies. An active academician, Dr. Jisha has delivered talks at various medical conferences and contributed to organising cadaveric workshops on the neurolarynx, head and neck dissection, and endoscopic skull base surgery. Fluent in Kannada, English, Hindi, Malayalam, Telugu, and Tamil, she ensures open, culturally sensitive communication with patients and families, combining detailed diagnostic evaluations with tailored, patient-centred treatment pathways.

Field of Expertise

- Microscopic and endoscopic ear surgeries
- Myringoplasty

- Tympanoplasty
- Mastoidectomy
- Modified radical mastoidectomy
- Facial nerve decompression
- Stapedectomy
- Ossiculoplasty
- Endoscopic nasal surgeries
- FESS
- Endonasal dacryocystorhinostomy
- Septoplasty
- CSF rhinorrhea repair
- Skull base surgeries
- Coblation-assisted ENT surgeries
- Adenoidcetomy
- Tonsillectomy
- Oropharyngeal tumours
- Pediatric ENT surgeries
- Laryngeal surgeries - vocal cord polyps, growth, cysts.
- Head and neck surgeries- thyroid surgeries, submandibular and sublingual gland surgeries, parotid surgery.
- Management of swallowing disorders
- Management of allergy and vertigo

Languages Spoken

- Kannada
- English
- Hindi
- Malayalam
- Telugu
- Tamil

Awards & Achievements

- DISE in the evaluation of snoring and OSA.
- A case of crush injury: larynx management perspective.

Talks & Publications

- Delivered talks at multiple conferences.
- Active part of organising cadaveric workshops on neurolarynx, Head and neck cadaveric dissection, and endoscopic skull base workshops.