



DR. NANDU NAIR

Consultant - Respiratory Medicine & Pulmonology

Qualification

MBBS | MD (Respiratory Medicine) | Fellowship in Interventional Pulmonology

Overview

Dr. Nandu Nair is a skilled pulmonologist in Kanakapura Road with 7+ years of specialised expertise in the diagnosis and management of respiratory diseases, complex airway conditions, and lung and pleural disorders. He is currently practising as a Consultant – Respiratory Medicine & Pulmonology at Manipal Hospital Kanakapura Road. With extensive training in both general and interventional pulmonology, Dr. Nandu Nair is recognised among the best pulmonologists in Kanakapura Road for the management of common respiratory concerns as well as complex lung and airway conditions. After earning his foundational MBBS from the Amrita School of Medicine, Kochi, Dr. Nair obtained his postgraduate MD in Respiratory Medicine from KS Hegde Medical Academy, Mangaluru, emerging as the Batch Topper. He subsequently completed an intensive Fellowship in Interventional Pulmonology at the same institution. His professional certifications encompass Advanced Management of Respiratory Disease (Harvard), Comprehensive Pulmonary Medicine (NCCP), and specialised training modules in tuberculosis management and mechanical ventilation. At Manipal Hospital Kanakapura Road, Dr. Nandu Nair manages a

comprehensive respiratory and interventional pulmonary suite. His clinical expertise covers advanced bronchoscopic and pleural procedures, including flexible bronchoscopy, Endobronchial Ultrasound (linear and radial EBUS-TBNA), Transbronchial Lung Biopsy (TBLB), Transbronchial Lung Cryobiopsy (TBLC), rigid bronchoscopy with tumour debulking, airway stenting, cryotherapy, Argon Plasma Coagulation (APC), and balloon dilatation. He possesses specialised proficiency as a top lung specialist in Kankapura Road, expertly managing asthma and allergies, chronic cough, COPD, interstitial lung diseases, sleep apnea via Level 1 polysomnography, pulmonary infections, and thoracic interventions such as medical thoracoscopy, indwelling pleural catheter (IPC) placements, and USG/CT-guided biopsies. Dr. Nair also serves as an active clinical researcher and academic trainer. He authored the world's first paper capturing an acoustic recording of Hamman's sign in BMJ Case Reports, alongside studies in Cureus and AJMRHS examining medication compliance, intrathoracic cytology (ROSE), and complex paraneoplastic presentations. A recognised speaker at NAPCON, BRONCOCON, and PULMOCON, he has also been honoured with the Breathe Ambassador award by Clinics in Chest Medicine. As a primary operator, he is regarded as an expert interventional pulmonology specialist in Bengaluru, routinely collaborating with thoracic oncology and critical care teams to ensure prompt, precise diagnostics. Dr. Nair communicates fluently in English, Kannada, and Malayalam, with conversational capabilities in Hindi, Tamil, and Tulu. His consultation style is built on clear anatomical explanations, objective diagnostic pathways, and longitudinal disease monitoring designed to keep patients informed throughout recovery.

Fellowship & Membership

- Fellowship in Interventional Pulmonology
- Comprehensive Pulmonary Medicine, NCCP

- Advanced Management of Respiratory Disease, Harvard
- Tuberculosis Management, ICMR-NIRT

Languages Spoken

- English
- Kannada
- Malayalam
- Hindi
- Tamil
- Tulu

Awards & Achievements

- Batch Topper in MD Respiratory Medicine
- Received a 'Breathe Ambassador' trophy from Clinics in Chest Medicine (India)
- First international paper on 'Hamman's Sign' with a recorded audio file
- Oral Presentation - NAPCON 2022

Talks & Publications

- Prevalence and Determinants of Medication Non-Adherence in Bronchial Asthma: A Cross-Sectional Study from a Tertiary Care Center - AJMRHS, 2026
- Coexistence of Pulmonary Thromboembolism and Pulmonary Tuberculosis: A Diagnostic Dilemma- BMJ Case Reports, 2024
- Adenocarcinoma of the Lung Masquerading as Invasive Pulmonary Aspergillosis in an Elderly Lady: A Diagnostic Challenge- Cureus, 2024

- Bullous Pemphigoid as a Paraneoplastic Manifestation of Metastatic Adenocarcinoma of the Lung- IJCR, 2024
- Hamman's Syndrome (with audio file recording Hamman's Sign) - BMJ Case Reports, 2023 (first in the world)
- A Tale of Two Effusions Diagnosing and Managing Pleural and Pericardial Empyema- IJCR, 2023
- Hidden Behind a Veil: A Rare Case of Pulmonary Nocardiosis- Cureus, 2023
- Coccidioidomycosis Where You Least Expect It- BMJ Case Reports, 2022