



DR. SAHANA DESHPANDE

Consultant - Obstetrics and Gynaecology

Qualification

MBBS | DNB - (OBG)

Overview

Dr. Sahana Deshpande is a well-known Obstetrician and Gynaecologist in Kanakapura Road, Bangalore, India. She is practising as a Consultant - Obstetrics and Gynaecology at Manipal Hospital Kanakapura Road. With over 22+ years of clinical experience to women's healthcare, Dr. Sahana Deshpande has built a strong reputation as a trusted specialist and one of the best gynaecologists in Kanakapura Road, Bangalore. Across her career, she has dedicated herself to advancing clinical excellence, maintaining high standards of patient care, and driving community health awareness. Dr. Deshpande completed her MBBS at the Adichunchanagiri Institute of Medical Sciences (1997 - 2002) and fulfilled her internship at Bowring and Lady Curzon Hospital. She earned her DNB in Obstetrics & Gynaecology from Bangalore Baptist Hospital (2005 - 2007). To keep her skills aligned with modern surgical advancements, Dr. Deshpande completed an Advanced Laparoscopy Course at IIMAST in Mumbai in 2023, as well as specialised Robotic Surgery Training on the SSI Mantra system at Cloudnine Old Airport Road in January 2025. She also holds Certification in Infertility Care and IUI Training from Kamini Rao Hospital. Dr. Deshpande's core

competencies span a wide array of specialised areas within women's reproductive health. Her clinical focus includes high-risk pregnancy management, obstetric emergency care, infertility management, and intrauterine insemination (IUI). In addition, Dr. Deshpande is highly skilled in minimally invasive treatments, regularly performing advanced laparoscopic gynaecological procedures. She has also expanded her surgical capabilities into modern technologies, having completed specialised exposure and training in robotic-assisted surgery. In her professional career, Dr. Deshpande served as an Obstetrician & Gynaecologist at various healthcare organisations in Bangalore, focusing on personalised care and reproductive health counselling. She has earned numerous accolades for her service, such as the “Best Doctors” by The Times of India (2022) and the SIWAA Women Achiever Award in Medical Services (2026). Axis Life Insurance felicitated her for social work during the COVID-19 pandemic, and British Biologicals recognised her contributions to maternal nutrition. A frequent speaker, Dr. Deshpande has shared clinical guidance on menopausal hormone therapy, delivered a PCOS awareness talk, and conducted community awareness programs on women's reproductive well-being. Dr. Deshpande is fluent in Kannada, English, Hindi, Telugu, Tamil, and Marathi. This extensive linguistic background plays a crucial role in her daily practice, allowing her to bridge language barriers in a diverse cosmopolitan hub like Bangalore. Her ability to converse comfortably in multiple regional languages helps patients feel at ease, ensuring sensitive reproductive health concerns, pregnancy journeys, and complex diagnoses are communicated with clarity, empathy, and absolute cultural understanding.

Fellowship & Membership

- BSOG - Life Member

Field of Expertise

- Women's Health
- Normal and Caesarean Deliveries
- High-risk Pregnancy
- Laparoscopic Fibroids
- Polycystic Ovaries
- Infertility
- Perimenopause
- Postmenopausal Bleedings
- Hysterectomy

Languages Spoken

- English
- Hindi
- Kannada
- Marathi
- Telugu
- Tamil

Awards & Achievements

- SIWAA Award 2026 for health services
- Best Gynaecologist Award by Motherhood and Ovum Hospitals
- Times of India Award for Women's Day

Talks & Publications

- International Talks on Acid Reflux in Women
- Menstrual Hygiene Talk at Jnana Swikar Public School, Panelist

on infertility in BSOG & judge for PG postal presentation BSOG