



DR. NITHIN H. S.

Associate Consultant - Cardiology

Qualification

MBBS | MD (Gen Medicine) | DM (Cardiology)

Overview

Dr. Nithin H. S. is a top cardiologist in Kanakapura Road, with a robust clinical foundation built through rigorous training in both internal medicine and advanced interventional cardiology. He is currently practicing as an Associate Consultant - Cardiology at Manipal Hospital Kanakapura Road. Dr. Nithin's medical journey is defined by a structured progression from core systemic medicine to high-acuity cardiac care, allowing him to manage routine cardiovascular health and complex cardiac emergencies with equal precision. Dr. Nithin ensures that cardiovascular conditions are treated within the context of a patient's overall physiological health. Educated at prestigious institutions, Dr. Nithin earned his MBBS from KVG Medical College followed by an MD in General Medicine and a DM in Cardiology from the A.J. Institute of Medical Sciences. This extensive academic background has equipped him with a diverse skillset, ranging from the longitudinal management of chronic heart failure and valvular diseases to the technical demands of coronary angiography and angioplasty. His specialized clinical interest in structural heart disease highlights his commitment to modern, minimally invasive solutions, offering hope to

patients who may not be suitable candidates for traditional open-heart surgery. Beyond his procedural expertise, Dr. Nithin possesses significant experience in acute cardiac emergencies. Having served as a Senior Resident in Emergency Medicine, he is adept at making life-saving decisions under high-pressure scenarios involving acute coronary syndromes, cardiac arrest, and cardiogenic shock. This 'front-line' experience has sharpened his clinical judgment and procedural readiness, ensuring that patients receive timely and evidence-based interventions during the most critical moments of cardiac distress. A strong advocate for preventive cardiology, Dr. Nithin emphasizes the early detection and management of risk factors such as hypertension, diabetes, and obesity. He recognizes that lasting cardiovascular health extends far beyond successful procedures, which is why he focuses heavily on sustainable lifestyle modifications and strict medication adherence. His holistic approach aims not just to treat the disease, but to improve the long-term quality of life for every individual under his care. Professionally disciplined and academically inclined, Dr. Nithin H. S. remains at the forefront of his field by regularly updating his practice in line with evolving global cardiology guidelines. He prides himself on his ability to translate complex medical jargon into understandable language for patients and their families, with his multilingual proficiency in Kannada, English, Hindi, Telugu, and Tulu. By fostering a connection across diverse cultural backgrounds, he ensures that every patient feels heard, informed, and empowered throughout their diagnostic and treatment journey.

Field of Expertise

- Interventional Cardiology With Focus On Coronary And Structural Heart Disease
- Coronary Angiography And Angioplasty (Diagnostic And Therapeutic)
- Advanced Cardiovascular Imaging And Physiological

Assessment

- Structural Heart Disease Evaluation And Catheter Based Interventions
- Emergency Cardiac Care
- Acute Coronary Syndromes And Heart Failure Management

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil
- Tulu
- Malayalam

Awards & Achievements

- Ranked Among the Top Performers in Md (General Medicine) Under Rajiv Gandhi University of Health Sciences (RGUHS)
- Awarded for Professionalism & Patient Communication and Management at Dakshina Kannada District Doctors Association From A.J. Hospital and Research Centre, Mangalore