

DR. ASHWINI K C

Consultant - Dermatology

Qualification

MBBS | MD Dermatology | Fellowship in Aesthetic dermatology (FRGUHS)

Overview

Dr. Ashwini K C is an experienced dermatologist in Kanakapura Road, Bangalore. She is currently practising as a Consultant – Dermatology at Manipal Hospital Kanakapura Road. With over 5+ years of clinical experience, she is known for her deep knowledge in medical and aesthetic dermatology. Dr. Ashwini blends clinical expertise with modern cosmetic dermatology to provide holistic skin and hair care solutions tailored to individual patient needs. Her approach combines evidence-based protocols with advanced techniques to achieve both functional and aesthetic results, making her a trusted name in skin health. Dr. Ashwini completed her MBBS from Sri Devaraj Urs Medical College and went on to pursue her MD in Dermatology from MVJ Medical College, Bangalore, under RGUHS. Driven by a passion for aesthetics and skin rejuvenation, she further pursued a Fellowship in Aesthetic Dermatology (FRGUHS) at Cutis Academy of Cutaneous Sciences, Bangalore. This advanced fellowship allowed her to gain extensive experience in cosmetic procedures, including injectables, peels, and laser-based treatments. She is also a Certified Injector for Botox and Dermal Fillers, and well-trained in working with various

advanced skin and hair lasers. In her professional journey, Dr. Ashwini managed a wide variety of skin, hair, and nail conditions using FDA-approved protocols, honing her ability to treat diverse dermatological issues, especially acne, melasma, hair loss, and skin aging. Her areas of expertise include skin glow treatments, chemical peels, acne and acne scar therapy, anti-aging procedures including Botox and fillers, and advanced laser treatments for skin rejuvenation, hair reduction, and scar management. She is also well-versed in hair restoration treatments such as PRP, low-level laser therapy, and microneedling. Dr. Ashwini's academic contributions are equally noteworthy. She has presented award-winning papers and posters at several national conferences, including CUTICON, DERMACON, and CDSI. She has also published multiple research papers in reputed journals on topics such as lupus erythematosus, leprosy diagnosis, and rare dermatological syndromes. Her academic involvement reflects her commitment to staying abreast of advancements in dermatological science and integrating them into daily practice. Known for her empathetic and patient-centric approach, Dr. Ashwini tailors every treatment to match the unique skin and hair profile of each individual. At Manipal Hospital Kanakapura Road, Dr. Ashwini K C continues to offer evidence-backed dermatological care across both medical and aesthetic domains. Her ability to combine clinical dermatology with advanced cosmetic interventions ensures a comprehensive treatment experience for patients seeking both wellness and aesthetic enhancement.

Fellowship & Membership

- Fellowship in Aesthetic dermatology (FRGUHS) from Cutis Academy of cutaneous sciences, Bangalore (2022-2023)
- Certified injector for Botox, fillers and other antiaging procedures and experienced in working with wide variety of skin and hair lasers (2021-2023)

Field of Expertise

- Skin Treatments – Skin Glow Treatments, Facial Peels, Acne, Acne Scars, Melasma, Skin Allergy, Skin Infections
- Anti-Aging – Botox Injections, Dermal Fillers
- Laser Treatments – Laser Hair Reduction, Laser Skin Rejuvenation, Laser Acne Scar Reduction
- Hair Treatments – PRP, Low-Level Laser Treatments, Dermaroller Therapy for Hair Loss

Languages Spoken

- Kannada
- English

Talks & Publications

- Presented Paper at CUTICON Conference 2019
- Presented Paper at Knowledge Share CME in 2022
- Presented an Award Paper at CDSI Conference in 2023
- Presented Poster at DERMACON, Pune 2020
- Presented Poster on Case Report at DERMACON, Pune 2020
- Presented Poster at CUTICON Conference 2019
- Presented Poster at CDSI Conference 2023
- Comparison Between Ziehl Neelson Staining and Auramine Rhodamine Staining in Diagnosis of Paucibacillary Leprosy – International Journal of Science and Research (IJSR), Volume 10, Issue 4, April 2021
- Case Series of Cutaneous Lupus Erythematosus – International Journal of Contemporary Medical Research, Section: Dermatology, ISSN (Online): 2393-915X, 2454-7379 | Volume 8

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- A Rare Case Report of Acute Febrile Neutrophilic Dermatosis – Sweet’s Syndrome – OUR DERMATOLOGY ONLINE