

DR. SOMASHEKAR D

Consultant - Spine Surgery

Qualification

MBBS | MS Orthopedics | DNB Orthopedics | FNB Spine

Overview

Dr. Somashekar D is an experienced spine surgeon in Kanakapura Road, Bangalore, with more than 10+ years of experience. He is currently practicing as a Consultant - Spine Surgery at Manipal Hospital Kanakapura Road. He is a dedicated and accomplished spine surgeon known for his precision in managing complex spinal conditions through both conventional and minimally invasive techniques. Dr. Somashekar brings a well-rounded clinical approach that emphasises patient safety, rapid recovery, and long-term spinal health. Dr. Somashekar's expertise spans the management of spine trauma, cervical and lumbar disc herniations, degenerative spine diseases, scoliosis, spinal infections, spinal tumours, and spinal inflammatory disorders. He is especially adept at addressing conditions such as sciatica, neck pain, and chronic back pain through both surgical and conservative methods. His surgical portfolio includes over 2000+ spine surgeries, including spinal decompressions, fusions, endoscopic procedures, and instrumentation techniques. Dr. Somashekar holds an MBBS from KVG Medical College, Sullia, and pursued his MS in Orthopaedics from Bangalore Medical College and Research Institute. His academic path

also includes a DNB in Orthopaedics and a Fellowship of National Board (FNB) in Spine Surgery, equipping him with advanced surgical skills and scholarly depth in managing a broad spectrum of spinal disorders. Dr. Somashekar has also completed specialised Training in Endoscopic Spine Surgery in South Korea, enhancing his proficiency in minimally invasive spine procedures. During his medical training, he has gained a lot of exposure to spine surgeries. Dr. Somashekar D is particularly skilled in Minimally Invasive Spine Surgery (MISS) and Endoscopic Spine Surgery, which significantly reduces tissue trauma, blood loss, and post-operative recovery time. He also manages spinal deformities such as scoliosis and kyphosis, focusing on functional improvement and quality of life. His ability to combine clinical experience with state-of-the-art techniques ensures optimal outcomes even in complex spinal reconstructions. He remains actively involved in academic and clinical research, contributing to spine-related advancements and participating in spine surgical workshops and peer-reviewed forums. Dr. Somashekar D is known among his patients for his calm demeanour, clear communication, and compassionate care. He believes in educating patients about their condition and offering them clarity on treatment options, empowering them to make informed decisions. He speaks English, Kannada, Hindi, Telugu, Tamil, and Bengali, allowing him to connect effectively with a diverse patient base and provide personalised care across linguistic boundaries. His dedication to ethical practice and patient welfare has made him one of the best spine surgeons in Kanakapura Road.

Fellowship & Membership

- FNB Spine (Park Clinic, Kolkata)
- Endoscopic Spine Surgery (South Korea)

Field of Expertise

- Disc problems
- Sciatica
- Spine trauma
- Neck pain and back pain
- Cervical and thoracic spine disorders
- Degenerative spine diseases
- Scoliosis, kyphosis and spinal deformities
- Paediatric spine deformities and paediatric spine problems
- Non-operative management of neck and back pain
- Spinal injections
- Minimally invasive and endoscopic spine surgery
- Spine infections
- Inflammatory spine disorders
- Spine tumours
- Comprehensive management of all spine-related problems

Languages Spoken

- English
- kannada
- Telugu
- Hindi
- Bengali
- Tamil

Talks & Publications

- 4 book chapters (Including 2 in AO Spine)