

DR. RADHA S RAO

Consultant - Obstetrics and Gynaecology

Qualification

MBBS | MS (OBG) | MRCOG

Overview

Dr. Radha S. Rao is an experienced OBG specialist in Bangalore. She is currently practising as Senior Consultant - Obstetrics & Gynaecology at Manipal Hospitals, Kanakapura Road, Bangalore. With over 2 decades of experience in women's health, Dr. Radha brings a unique combination of global training, surgical excellence, and compassionate care to her practice. She specialises in high-risk obstetrics, advanced laparoscopic and hysteroscopic surgeries, infertility management, and preventive women’s health. Her holistic and evidence-based approach to patient care, combined with a warm and empathetic demeanour, has made her one of the best gynaecologists in Kanakapura Road, Bangalore. Dr. Radha graduated with distinction in her MBBS from Kempegowda Institute of Medical Sciences, Bangalore. She went on to complete her MS in Obstetrics and Gynaecology from Bangalore Medical College. Recognizing her dedication and passion for excellence, she pursued further specialization in the United Kingdom, where she completed the training program of the Royal College of Obstetricians and Gynaecologists (RCOG), culminating in the award of MRCOG in 2008. She also holds the Diploma of Faculty of Family

Planning (DFFP) and certifications in Advanced Life Support (ALS) and the Management of Obstetric Emergencies and Trauma (MOET). At Manipal Hospitals, Dr. Radha Rao offers advanced care in managing high-risk pregnancies. Her areas of focus include pregnancies complicated by diabetes, hypertension, multiple gestations, intrauterine growth restriction, and autoimmune disorders. Dr. Radha meticulously plans antenatal care, labour management, and postnatal support to ensure optimal outcomes for both mother and baby. Her calm and reassuring presence and sound clinical judgment make her a preferred choice for women navigating complex pregnancies. In gynaecological surgery, Dr. Radha is highly skilled in performing advanced laparoscopic procedures such as total laparoscopic hysterectomy (TLH), laparoscopic myomectomy, endometriosis excision, and ovarian cystectomy. She also offers expert hysteroscopic surgeries, including polypectomy, septum resection, and endometrial ablation. Her minimally invasive surgical techniques are designed to reduce post-operative pain, hospital stay, and recovery time. Dr. Radha is equally proficient in managing a wide range of benign gynaecological conditions such as fibroids, PCOS, adenomyosis, abnormal uterine bleeding, and menopausal health. She is the most experienced OBG Specialist in Kanakapura Road, Bangalore. Dr. Radha also provides comprehensive fertility evaluation and treatment. Her empathetic and structured approach supports couples through ovulation induction, intrauterine insemination (IUI), and coordination with assisted reproductive technologies where needed. She believes in transparent communication and emotional support throughout the fertility journey. Her preventive care focus includes routine screenings like Pap smears, HPV vaccinations, and lifestyle counselling for long-term health maintenance. Dr. Radha’s labour room expertise encompasses safe and evidence-based delivery practices, including induction of labour, instrumental deliveries, caesarean sections, and managing obstetric emergencies like postpartum haemorrhage and shoulder dystocia. Her leadership ensures safe and respectful birthing

experiences. She maintains a strong academic interest and regularly contributes to training programs for medical graduates and postgraduates. Dr. Radha Rao speaks English, Kannada, and Hindi, allowing her to connect with patients from diverse backgrounds with clarity and empathy.

Fellowship & Membership

- Certification in Gynaecological Laparoscopy
- Fellowship in IVF
- Fellowship in Fetomaternal Ultrasound (People Tree Hospital)
- Advanced Life Support (ALS) Provider
- Management Of Obstetric Emergencies and Trauma (MOET) Provider

Field of Expertise

- High-Risk Obstetrics
- Management of complex pregnancies including diabetes, hypertension, cardiac disorders, IUGR, and multiple gestations
- Advanced Laparoscopic and Hysteroscopic Surgery
- Expertise in TLH, myomectomy, endometriosis surgery, ovarian cystectomy, hysteroscopic polypectomy and septum resection
- Infertility Evaluation and Treatment
- Ovulation induction, IUI, and coordination of IVF cycles with a personalized approach
- Benign Gynaecology
- Management of fibroids, adenomyosis, PCOS, menstrual disorders, pelvic infections, and menopausal health
- Labour Ward Management and Emergency Obstetrics
- Skilled in instrumental deliveries, caesarean sections, CTG interpretation, fetal blood sampling, and managing obstetric

emergencies
- Preventive Women's Health & Cancer Screening
- Focus on HPV vaccination, Pap smear screening, menopausal counseling, and health education
- Uro-Gynaecology and Pelvic Floor Surgery
- Management of prolapse, urinary incontinence, and reconstructive procedures
- Adolescent and Menstrual Health Counselling
- Expertise in adolescent gynaecology and promoting sustainable menstrual practices

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- Best Outgoing Student Award for MBBS batch of 1993 (KIMS, Bengaluru)

Talks & Publications

- P R E S E N TAT I O N S & T E A C H I N G
- CME Coordinator for RCOG Trust, Bangalore
- Conduct and Moderate CME programmes, MRCOG Training Programmes, and OSCE Practice sessions under the banner of RCOG Trust for postgraduates and practising gynaecologists.
- Faculty at Conferences/Courses
- Perinatal CME - by NNF, Karnataka & BSOF - Feb 2025

- CME On Gynaecological Laparoscopy - March 2023
- Labour workshop at annual BRCOG conference, 2019
- Optimising Obstetric Outcome, BSOG, 2019
- Intra-partum Care, Bangalore - 2015 BRCOG annual Conference, 2014, 2015
- MRCOG OSCE Course - 2012, 2013, 2014, 2015 Understanding the Unborn, Bangalore, 2014
- Presentations (UK & India)
- Debate on Electronic Foetal Monitoring in Labour for all patients (Speaking FOR) at BRCOG seminar, 2020
- Paper Presentation on Unusually Low Platelet Count in Labour at Optimising Obstetric Conference, 2019
- Talk on Aspirin for prevention of FGR, BSOG conference 2019
- Audit on Miscarriages and usefulness of histopathological examination on 11th November 2005 at the Medical Women’s Federation autumn meeting held at the Institute of Public Health, London.
- Poster presentation: Audit: Outpatient Novasure Ablation-Outcome measures and patient satisfaction survey, Vindla S, Rao R, at the national endoscopy conference 2011
- Free paper presentation-Predictive value of non-stress test in high-risk pregnancy and perinatal outcome’ at the XVIII Asian and Oceanic Congress of Obstetrics and Gynaecology 2002. (International Level)
- Free paper presentation-Study of outcomes of vaginal versus abdominal hysterectomy for non-prolapsed uterus for benign uterine diseases’ at the 46th All India Congress of obstetrics and gynaecology 2003. (National Level)"