



## DR. AKSHATHA NAYAK U

Consultant Haematologist, Haemato-Oncologist and BMT Physician

### Qualification

MBBS | MD Medicine | FHO | DM Clinical Hematology

### Overview

Dr. Akshatha Nayak U is an experienced haemato-oncologist in Bangalore, practising as Consultant - Haematology, Haemato-Oncology and BMT Physician at Manipal Hospital Kanakapura Road, Bangalore. With more than 10+ years of focused training and clinical experience, Dr. Akshatha offers comprehensive diagnostic and therapeutic services across the entire spectrum of benign and malignant haematological disorders. Her expertise is managing acute and chronic leukaemias, lymphomas, multiple myeloma, myeloproliferative and myelodysplastic syndromes, aplastic anaemia, and other bone marrow failure syndromes. She also provides specialised care for haemoglobinopathies, bleeding and clotting disorders, and complex autoimmune haematological conditions. She is an experienced Haemato-Oncologist in Kanakapura Road. Dr. Akshatha completed her MBBS and MD in General Medicine from Kasturba Medical College, Mangalore, followed by a super-specialisation DM in Clinical Haematology from the Institute of Haematology And Transfusion Medicine (IHTM), Medical College Hospital, Kolkata. She has also undergone advanced training in haematology-oncology with a Fellowship In Haematology-Oncology (FHO). This fellowship also included training in Clinical Haematology and Bone Marrow Transplant, equipping her with extensive knowledge of laboratory and clinical haematology, transfusion medicine, and stem cell transplantation. At Manipal Hospital Kanakapura Road, Dr. Akshatha plays a key role in the Haemato-Oncology and Bone Marrow Transplant Unit. She specialises in autologous and allogeneic stem cell transplants, including matched related, unrelated, and haploidentical (half-matched) transplants. She manages the entire transplant process – from pre-transplant evaluation and conditioning regimens to post-transplant monitoring – with precision, ensuring optimal patient outcomes and reduced complications. Dr. Akshatha strongly focuses on evidence-based and personalised medicine. She coordinates with the oncology team for chemotherapy, targeted therapies, and immunotherapies for patients with complex or relapsed haematological cancers according to their disease profiles, ensuring the most effective and least toxic treatment approach. Dr. Akshatha is also an academician and researcher who contributed to national and international conferences through research presentations, case reports, and peer-reviewed publications. Her work includes studies on multiple myeloma, leukaemia mutations, and paraproteinaemias. She remains committed to advancing the field of haematology through continuous learning, innovation, and knowledge-sharing. Patients and families appreciate Dr. Akshatha's compassionate approach, clear communication, and willingness to involve them in every decision. She fully informs patients about their diagnosis, treatment options, risks, and long-term follow-up care. Her empathetic style and clinical expertise build trust and improve patient confidence throughout the treatment journey."

### Fellowship & Membership

- Fellowship In Haematology-Oncology (FHO)

## Languages Spoken

- English
- Kannada

## Talks & Publications

- ISOLATED LEPTOMENINGEAL METASTASIS ORIGINATING FROM INFILTRATING DUCTAL CARCINOMA OF BREAST  
• A CASE REPORT • SHETTY J, PRASAD K, MALLIKARJUN K, NAYAK A.
- Indian Journal Of Research & Reports In Medical Sciences April-June 2012
- ATYPICAL MANIFESTATIONS OF DENGUE FEVER (DF) • WHERE DO WE STAND TODAY? SATYA SUDHISH  
NIMMAGADDA, CHAKRAPANI MAHABALA, ARCHITH BOLOOR, PAVAN MANIBETTU RAGHURAM, AKSHATHA NAYAK  
U.
- Journal Of Clinical and Diagnostic Research; Jan 2014.
- Presented Poster Titled •An Unusual Case of Paraproteinemia • Waldenstrom's Macroglobulinemia• At  
KAPICON 2012 • Hassan, Karnataka, India.
- Poster Titled •Comparative Study of VTD And VCD Regimens In Newly Diagnosed Multiple Myeloma Patients
- Attending A Tertiary Care Hospital In West Bengal• Accepted at HEMATOCON 2016, Jaipur, Rajasthan, India.
- Presented Poster Titled •Prevalence of IDH Mutations In AML And Its Clinicopathological Characteristics• at  
HEMATOCON 2017-Guwahati, Assam, India.
- Presented Oral Paper Titled •Molecular Characteristics of AML In India: A Study From A Tertiary Care Center  
of
- 'Eastern India' at HEMATOCON 2017-Guwahati, Assam, India